# 1 IN THE UNITED STATES DISTRICT COURT 2 FOR THE WESTERN DISTRICT OF NORTH CAROLINA 3 CHARLOTTE DIVISION 4 Civil Case No. 3:23-cv-535 5 CHARLOTTE-MECKLENBURG **BOARD OF EDUCATION** 6 **COMPLAINT** 7 Plaintiff, JURY TRIAL DEMANDED v. 8 META PLATFORMS, INC., FACEBOOK 9 PAYMENTS, INC., SICULUS, INC., 10 FACEBOOK OPERATIONS, LLC, INSTAGRAM, LLC, SNAP INC., 11 TIKTOK INC., TIKTOK, LTD., TIKTOK, LLC, BYTEDANCE LTD., BYTEDANCE 12 INC., GOOGLE LLC, and YOUTUBE, LLC, 13 14 Defendants. 15 16 17 18 19 20 21 22 23 24 25 26 27 28

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#### I. INTRODUCTION

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American children are suffering an unprecedented mental health crisis fueled by 1. Defendants' addictive and dangerous social media products. In the past decade, Americans' engagement with social media grew exponentially, nowhere more dramatically than among our country's youth. That explosion in usage is no accident. It is the result of Defendants' studied efforts to induce young people to compulsively use their products—Instagram, Facebook, TikTok, Snapchat, and YouTube. And Defendants have grown not just their user bases, but the frequency with which users use their platforms and the time each user spends on their platforms. Defendants' growth is a product of choices they made to design and operate their platforms in ways that exploit the psychology and neurophysiology of their users into spending more and more time on their platforms. These techniques are both particularly effective and harmful to young users. Defendants have intentionally cultivated children as users, creating a mental health crisis among America's youth.

- 2. Defendants have done so for profit. Adolescents and children are central to the Defendants' business models. These age groups are highly connected to the Internet, more likely to have social media accounts, and more likely to devote their downtime to social media usage. Additionally, youth influence the behavior of their parents and younger siblings. As one Defendant put it, "los[ing] the teen foothold in the U.S." would mean "los[ing] the pipeline" for growth.<sup>1</sup>
- Over the past decade, Defendants have relentlessly pursued a strategy of growth-atall-costs, recklessly ignoring the impact of their products on children's mental and physical health and well-being. In a race to corner the "valuable but untapped" market of tween and teen users, each Defendant designed product features to promote repetitive, uncontrollable use by kids.<sup>2</sup>
- 4. Recognizing the power of engaging young users, Defendants deliberately tweaked the design and operation of their apps to exploit the psychology and neurophysiology of kids.

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<sup>&</sup>lt;sup>1</sup> Sheera Frenkel et al., Instagram Struggles with Fears of Losing Its 'Pipeline': Young Users, N.Y. Times (Oct. 26, 2021), available at https://www.nytimes.com/2021/10/16/technology/instagram-teens.html.

<sup>&</sup>lt;sup>2</sup> Georgia Wells & Jeff Horwitz, Facebook's Effort to Attract Preteens Goes Beyond Instagram Kids, Documents Show, Wall St. J. (Sept. 28, 2021), https://www.wsj.com/articles/facebookinstagram-kids-tweens-attract-11632849667.

Because children's and adolescents' brains are not fully developed, they lack the same emotional maturity, impulse control, and psychological resiliency as adults. As a result, they are uniquely susceptible to addictive features in digital products and highly vulnerable to the consequent harms. Knowing this, Defendants wrote code designed to manipulate dopamine release in children's developing brains and, in doing so, create compulsive use of their apps.

- 5. Defendants' strategy paid off. Users of their products now number in the billions, and the frequency and time spent by these users has grown exponentially.
- 6. Yet, Defendants' growth has come at the expense of its most vulnerable users: children and teens around the world who they cultivated and exploited. Children and teens are the direct victims of the intentional product design choices made by each Defendant. They are the intended targets of the harmful features that pushed them into self-destructive feedback loops
- 7. Today, over a third of 13- to 17-year-old kids report using one of Defendants' apps "almost constantly" and admit this is "too much." Yet more than half of these kids report that they would struggle to cut back on their social media use. Instead of feeding coins into machines, kids are feeding Defendants' platforms with an endless supply of attention, time, and data.
- 8. Defendants' choices have generated extraordinary corporate profits—and yielded immense tragedy. Suicide rates for youth are up an alarming 57%. Emergency room visits for anxiety disorders are up 117%. In the decade leading up to 2020, there was a 40% increase in high school students reporting persistent sadness and hopelessness, and a 36% increase in those who attempted to take their own lives. In 2019, one in five high school girls had made a suicide plan. In 2021, one in three girls seriously considered attempting suicide. Children and their parents and guardians across the country have struggled to cope with the severe, lasting damage visited on their families by anxiety, depression, addiction, eating disorders, self-harm, suicidality, and the loss of outliving one's child.
- 9. Instagram, Facebook, TikTok, Snapchat, and YouTube have rewired how our kids think, feel, and behave. Disconnected "Likes" have replaced the intimacy of adolescent friendships. Mindless scrolling has displaced the creativity of play and sport. While presented as "social,"

Defendants' products have in myriad ways promoted disconnection, disassociation, and a legion of resulting mental and physical harms.

- 10. The U.S. Surgeon General recently explained that children versus Big Tech is "just not a fair fight." "You have some of the best designers and product developers in the world who have designed these products to make sure people are maximizing the amount of time they spend on these platforms. And if we tell a child, use the force of your willpower to control how much time you're spending, you're pitting a child against the world's greatest product designers."
- 11. The Surgeon General's comments have since been echoed by President Biden himself. In a January 11, 2023 op-ed, President Biden recognized: "The risks Big Tech poses for ordinary Americans are clear. Big Tech companies collect huge amounts of data on the things we buy, on the websites we visit, on the places we go and, most troubling of all, on our children."
- 12. Students experiencing anxiety, depression, and other mental health issues perform worse in school, are less likely to attend school, more likely to engage in substance use, and to act out, all of which directly affects Plaintiff's ability to fulfill its educational mission.
- 13. Plaintiff, like many school districts across the state and country, is at a breaking point. Meanwhile, Defendants profit tremendously from their wrongful conduct. Plaintiff brings this action to remedy this wrong, hold Defendants accountable, and achieve comprehensive, long-term planning and funding to drive sustained reduction in the mental health crises its students experience at the Defendants' hands.

<sup>&</sup>lt;sup>3</sup> Allison Gordon & Pamela Brown, *Surgeon General says 13 is 'too early' to join social media*, CNN (Jan. 29, 2023), <a href="https://www.cnn.com/2023/01/29/health/surgeon-general-social-media/index.html">https://www.cnn.com/2023/01/29/health/surgeon-general-social-media/index.html</a>. Exhibits and referenced materials are incorporated in this *Master Complaint* as if fully stated herein.

<sup>&</sup>lt;sup>4</sup> Joe Biden, *Republicans and Democrats, Unite Against Big Tech Abuses*, Wall St. J. (Jan. 11, 2023), <a href="https://www.wsj.com/articles/unite-against-big-tech-abuses-social-media-privacy-competition-antitrust-children-algorithm-11673439411">https://www.wsj.com/articles/unite-against-big-tech-abuses-social-media-privacy-competition-antitrust-children-algorithm-11673439411</a>.

## II. THE PARTIES

#### A. PLAINTIFF

14. Plaintiff Charlotte-Mecklenburg Board of Education ("Charlotte-Mecklenburg Board" or "School Board" or "Plaintiff") is a body corporate organized and operating under the General Statues of North Carolina, with general control and supervision of all matters pertaining to the public schools in the Charlotte-Mecklenburg Public School System. Plaintiff's offices are located on 600 East Fourth Street, 5th Floor, Charlotte, North Carolina 28202.

#### B. **DEFENDANTS**

15. The defendants identified in this section are collectively referred to as "Defendants" throughout this Complaint.

### 1. Meta

- 16. Defendant Meta Platforms, Inc. ("Meta Platforms") is a Delaware corporation and multinational technology conglomerate. Its principal place of business is in Menlo Park, CA.
- 17. Meta Platforms' subsidiaries include, but may not be limited to, the entities identified in this section, as well as a dozen others whose identity or involvement is presently unclear.
- 18. Defendant Facebook Payments, Inc. ("Facebook 1") is a wholly owned subsidiary of Meta Platforms that was incorporated in Florida on December 10, 2010. Facebook 1 manages, secures, and processes payments made through Meta Platforms, among other activities. Its principal place of business is in Menlo Park, CA.
- 19. Defendant Siculus, Inc. ("Siculus") is a wholly owned subsidiary of Meta Platforms that was incorporated in Delaware on October 19, 2011. Siculus constructs data facilities to support Meta Platforms' products. Its principal place of business is in Menlo Park, CA.
- 20. Defendant Facebook Operations, LLC ("Facebook 2") is a wholly owned subsidiary of Meta Platforms that was incorporated in Delaware on January 8, 2012. Facebook 2 is likely a managing entity for Meta Platforms' other subsidiaries. Meta Platforms is the sole member of this LLC, whose principal place of business is in Menlo Park, CA.

- 21. Defendant Instagram, LLC ("Instagram, LLC") launched an app called Instagram in October 2010. On or around April 7, 2012, Meta Platforms purchased Instagram, LLC for over one billion dollars and reincorporated the company in Delaware. Meta Platforms is the sole member of this LLC, whose principal place of business is in Menlo Park, CA.
- 22. Meta Platforms, Instagram, Siculus, Facebook 1, and Facebook 2 are referred to jointly as "Meta."
- 23. Meta owns, operates, controls, produces, designs, maintains, manages, develops, tests, labels, markets, advertises, promotes, supplies, and distributes digital products available through mobile- and web-based applications ("apps"), including Instagram and Facebook (together, "Meta products"); Messenger; and Messenger Kids. Meta's apps and devices are widely distributed to consumers throughout the United States.

# 2. Snap

- 24. Defendant Snap Inc. ("Snap") is a Delaware corporation. Its principal place of business is in Santa Monica, CA.
- 25. Snap owns, operates, controls, produces, designs, maintains, manages, develops, tests, labels, markets, advertises, promotes, supplies, and distributes the app Snapchat. Snapchat is widely available to consumers throughout the United States.

#### 3. ByteDance

- 26. Defendant ByteDance Ltd. is a global company incorporated in the Cayman Islands. Its principal place of business is in Beijing, China. ByteDance Ltd. also maintains offices in the United States, Singapore, India, and the United Kingdom, among other locations.
- 27. ByteDance Ltd. wholly owns its subsidiary Defendant ByteDance Inc., a Delaware corporation whose principal place of business is in Mountain View, CA.
- 28. ByteDance Ltd.'s key Chinese subsidiary is Beijing Douyin Information Service Limited, f/k/a Beijing ByteDance Technology Co. Ltd. ("Beijing ByteDance"). <sup>5</sup> Beijing ByteDance

<sup>&</sup>lt;sup>5</sup> See Sophie Webster, ByteDance Changes Names of Subsidiaries to Douyin, Speculated to be Mulling an IPO, Tech Times (May 8, 2022), available at

https://www.techtimes.com/articles/275188/20220508/bytedance-changes-names-subsidiaries-douyin-speculated-mulling-ipo.htm.

owns, operates, and holds key licenses to Douyin, the Chinese version of TikTok. On or around April 30, 2021, the Chinese government took a 1% stake in, and received one of three seats on the board of directors of, Beijing ByteDance.<sup>6</sup> Specifically, 1% of Beijing ByteDance is now owned by WangTouZhongWen (Beijing) Technology, which in turn is owned by China Internet Investment Fund (China's top Internet regulator and censor), China Media Group (China's national broadcaster, controlled by the Chinese Communist Party's propaganda department), and the Beijing municipal government's investment arm.

- 29. ByteDance Ltd. wholly owns its subsidiary Defendant TikTok, Ltd., a Cayman Island corporation with its principal place of business in Shanghai, China.
- 30. TikTok, Ltd. wholly owns its subsidiary Defendant TikTok, LLC which is, and at all relevant times was, a Delaware limited liability company.
- 31. TikTok, LLC wholly owns its subsidiary Defendant TikTok, Inc. f/k/a Musical.ly, Inc. ("TikTok, Inc."), a California corporation with its principal place of business in Culver City, CA.
- 32. Defendants TikTok, Ltd.; TikTok, LLC; TikTok, Inc.; ByteDance Ltd.; and ByteDance Inc. are referred to jointly as "ByteDance."
- 33. ByteDance owns, operates, controls, produces, designs, maintains, manages, develops, tests, labels, markets, advertises, promotes, supplies, and distributes the app TikTok. TikTok is widely available to consumers throughout the United States.

#### 4. Google

34. Google Inc. was incorporated in California in September 1998 and reincorporated in Delaware in August 2003. In or around 2017, Google Inc. converted to a Delaware limited liability company, Defendant Google, LLC (together with its predecessor-in-interest Google Inc., "Google"). Google's principal place of business is in Mountain View, CA.

<sup>&</sup>lt;sup>6</sup> See Juro Osawa & Shai Oster, Beijing Tightens Grip on ByteDance by Quietly Taking Stake, China Board Seat, The Information (Aug. 16, 2021), available at

https://www.theinformation.com/articles/beijing-tightens-grip-on-bytedance-by-quietly-taking-stake-china-board-seat?rc=ubpjcg.

- 35. Since 2006, Google has operated, done business as, and wholly owned as its subsidiary Defendant YouTube, LLC ("YouTube, LLC"). YouTube, LLC is a Delaware limited liability company with its principal place of business in San Bruno, CA. YouTube is widely available to consumers throughout the United States.<sup>7</sup>
- 36. On October 2, 2015, Google reorganized and became a wholly owned subsidiary of a new holding company, Alphabet Inc., a Delaware corporation with its principal place of business in Mountain View, CA.
- 37. Google, LLC and YouTube, LLC (together, "Google") are alter egos of one another: together and in concert they own, operate, control, produce, design, maintain, manage, develop, test, label, market, advertise, promote, supply, and distribute the app YouTube.

## III. JURISDICTION AND VENUE

- 38. This Court has subject matter jurisdiction over this action pursuant to 28 U.S.C. § 1332(a) because: (i) the amount in controversy exceeds \$75,000, exclusive of interests and costs, and (ii) the plaintiff and defendants are citizens of different states.
- 39. This Court has personal jurisdiction over each Defendant as each Defendant purposefully availed itself of the privilege of exploiting forum-based business opportunities and the exercise of personal jurisdiction is consistent with MD. CODE ANN., CTs. & JUD. PROC. §§6-101 and 6-103. This Court also has personal jurisdiction over Defendants under 18 U.S.C. §1964(c).
- 40. Venue is proper pursuant to 28 U.S.C. §1391 because a substantial part of the events or omissions giving rise to the claims asserted herein arose in this District and Defendants are subject to personal jurisdiction in this District.

# IV. <u>FACTUAL ALLEGATIONS</u>

# A. DEFENDANTS' APPS HAVE CREATED A YOUTH MENTAL HEALTH CRISIS.

41. Nearly a decade of scientific and medical studies demonstrate that dangerous features engineered into Defendants' platforms—particularly when used multiple hours a day—

<sup>&</sup>lt;sup>7</sup> See, e.g., Alphabet Inc., Form 10-Q, Oct. 25, 2022, at 4 (defining Alphabet as "Alphabet Inc. and its subsidiaries."), available at https://www.sec.gov/Archives/edgar/data/1652044/000165204422000090/goog-20220930.htm.

can have a "detrimental effect on the psychological health of [their] users," including compulsive use, addiction, body dissatisfaction, anxiety, depression, and self-harming behaviors such as eating disorders.<sup>8</sup>

- 42. Addiction and compulsive use of Defendants' products can entail a variety of behavioral problems including but not limited to: (1) a lessening of control, (2) persistent, compulsive seeking out of access to the product, (3) using the product more, and for longer, than intended, (4) trying to cut down on use but being unable to do so, (5) experiencing intense cravings or urges to use, (6) tolerance (needing more of the product to achieve the same desired effect), (7) developing withdrawal symptoms when not using the product, or when the product is taken away, (8) neglecting responsibilities at home, work, or school because of the intensity of usage, (9) continuing to use the product even when doing so interferes and causes problems with important family and social relationships, (10) giving up important or desirable social and recreational activities due to use, and (11) continuing to use despite the product causing significant harm to the user's physical and mental health.
- 43. Many of these injuries can be long-lasting, if not lifelong. For example, the long-term effects of eating disorders can include: (1) dermatological effects to the nails and hair; (2) gastrointestinal illnesses, such as gastroparesis or hypomotility of the colon; (3) impacts to the endocrine system, such as glycolic or metabolic conditions, bone loss, and hormonal conditions; (4) nervous system effects, such as gray matter brain loss or atrophy; (5) skeletal system effects, such as bone loss; (6) cardiovascular effects, such as structural heart damage, mitral valve prolapse, or fluid around the heart; and (7) fertility issues.<sup>9</sup>

<sup>&</sup>lt;sup>8</sup> See, e.g., Fazida Karim et al., Social Media Use and Its Connection to Mental Health: A Systemic Review, Cureus Volume 12(6) (June 15, 2020), <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7364393/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7364393/</a>; Alexandra R. Lonergan et al., Protect me from my selfie: Examining the association between photo-based social media behaviors and

me from my selfie: Examining the association between photo-based social media behaviors and self-reported eating disorders in adolescence, Int. J. of Eating Disorders 756 (Apr. 7, 2020), <a href="https://onlinelibrary.wiley.com/doi/epdf/10.1002/eat.23256">https://onlinelibrary.wiley.com/doi/epdf/10.1002/eat.23256</a>.

<sup>&</sup>lt;sup>9</sup> See, e.g., Anorexia Nervosa, Cleveland Clinic <a href="https://my.clevelandclinic.org/health/diseases/9794-anorexia-nervosa#outlook--prognosis">https://my.clevelandclinic.org/health/diseases/9794-anorexia-nervosa#outlook--prognosis</a>; Bulimia Nervosa; Cleveland Clinic <a href="https://my.clevelandclinic.org/health/diseases/9795-bulimia-nervosa#symptoms-and-causes">https://my.clevelandclinic.org/health/diseases/9795-bulimia-nervosa#symptoms-and-causes</a>.

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<sup>&</sup>lt;sup>12</sup> Marika Tiggemann & Amy Slater, NetTweens: The Internet and body image concerns in preteenage girls, 34(5), J. Early Adolesc. 606-620 (June 2014), 25 https://journals.sagepub.com/doi/epub/10.1177/0272431613501083.

<sup>&</sup>lt;sup>13</sup> Campaign for a Commercial-Free Childhood, Letter to Mark Zuckerberg Re: Facebook Messenger Kids (Jan. 30, 2018), https://fairplayforkids.org/wp-content/uploads/archive/develgenerate/gaw/FBMessengerKids.pdf.

<sup>&</sup>lt;sup>14</sup> Jessica C. Levenson et al., The Association Between Social Media Use and Sleep Disturbance Among Young Adults, 85 Preventive Med. 36–41 (Apr. 2016), https://www.sciencedirect.com/science/article/abs/pii/S0091743516000025.

- reported using an app to change their appearance before the age of 13.<sup>19</sup> In fact, 77% of girls reported trying to change or hide at least one part of their body before posting a photo of themselves, and 50% believe they did not look good enough without editing.<sup>20</sup>
- 50. In 2017, British researchers asked 1,500 teens to rate how Instagram, Snapchat, and YouTube affected them on certain well-being measures, including anxiety, loneliness, body image, and sleep.<sup>21</sup> Teens rated all three platforms as having a negative impact on body image, "FOMO"

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14 Jessica C. Levenson et al., *The Association Between Social Media Use and Sleep Disturbance Among Young Adults*, 85 Preventive Med. 36–41 (Apr. 2016),

https://www.sciencedirect.com/science/article/abs/pii/S0091743516000025; National Institute of Mental Health. 2016. The teen brain: 6 things to know, available at

https://www.nimh.nih.gov/health/publications/the-teen-brain-still-under-construction/index.shtml;

R. Sather& A. Shelat, Understanding the teen brain,

https://www.urmc.rochester.edu/encyclopedia/content.aspx?ContentTypeID=1&ContentID=3051.

<sup>16</sup> E. Roberts & H Doung, *The Prospective Association between Sleep Deprivation and Depression among Adolescents* Sleep, Volume 37, Issue 2, 1 Feb. 2014.

<sup>17</sup> X. Liu, D. Buysse, *Sleep and youth suicidal behavior: a neglected field*, Current Opinion in Psychiatry (May 2006).

<sup>18</sup> S. Paruthi, L. Brooks, C. D'Ambrosio, et al, *Consensus statement of the American Academy of Sleep Medicine on the recommended amount of sleep for healthy children: methodology and discussion*, 12 J Clin Sleep Med 1549–61 (2016).

<sup>19</sup> Anna Haines, From "Instagram Face" to "Snapchat Dysmorphia": How Beauty Filters Are Changing the Way We See Ourselves, Forbes (Apr. 27, 2021),

https://www.forbes.com/sites/annahaines/2021/04/27/from-instagram-face-to-snapchat-dysmorphia-how-beauty-filters-are-changing-the-way-we-see-ourselves/?sh=3c32eb144eff.

<sup>20</sup> Anna Haines, From "Instagram Face" to "Snapchat Dysmorphia": How Beauty Filters Are Changing the Way We See Ourselves, Forbes (Apr. 27, 2021),

https://www.forbes.com/sites/annahaines/2021/04/27/from-instagram-face-to-snapchat-dysmorphia-how-beauty-filters-are-changing-the-way-we-see-ourselves/?sh=3c32eb144eff.

<sup>21</sup> Royal Society for Public Health, #StatusOfMind,

https://www.rsph.org.uk/static/uploaded/d125b27c-0b62-41c5-a2c0155a8887cd01.pdf; see also Jonathan Haidt, *The Dangerous Experiment on Teen Girls*, The Atlantic (Nov. 21, 2021), available at <a href="https://www.theatlantic.com/ideas/archive/2021/11/facebooks-dangerous-experiment-teen-girls/620767/">https://www.theatlantic.com/ideas/archive/2021/11/facebooks-dangerous-experiment-teen-girls/620767/</a>.

(fear of missing out), and sleep. Teens also noted that Instagram and Snapchat had a negative impact on anxiety, depression, and loneliness.

- 51. In 2018, a *Journal of Social and Clinical Psychology* study examined a group of college students whose use of Instagram, Facebook, and Snapchat was limited to 10 minutes per day per platform. The study found that this limited-use group showed "significant reductions in loneliness and depression over three weeks" compared to a control group that used social media as usual.<sup>22</sup>
- 52. In 2018, a systematic literature review of nine studies published in the *Indian Journal of Psychiatry* concluded that dangerous features in social networking platforms "contribute to increased exposure to and engagement in self-harm behavior, as users tend to emulate self-injurious behavior of others online, adopt self-injurious practices from self-harm videos, or are encouraged and acclaimed by others, thus normalizing self-injurious thoughts and behavior."<sup>23</sup>
- 53. A 2019 survey of American adolescents ages 12-14 found that a user's displeasure with their body could be predicted based on their frequency of using social media (including Instagram and Facebook) and based on the extent to which they engaged in behaviors that adopt an observer's point-of-view (such as taking selfies or asking others to "rate one's looks"). This effect was more pronounced among girls than boys.<sup>24</sup>
- 54. A third study in 2019 of more than 6500 American adolescents ranging in age from 12 to 15 years old found that those who used social media for 3 hours or more per day were more likely to suffer from mental health problems such as anxiety and depression.<sup>25</sup> Notably, this

<sup>&</sup>lt;sup>22</sup> Melissa G. Hunt et al., *No More FOMO: Limiting Social Media Decreases Loneliness and Depression*, 37 J. of Social & Clinical Psych. (Dec. 5, 2018), https://guilfordjournals.com/doi/epdf/10.1521/jscp.2018.37.10.751.

<sup>&</sup>lt;sup>23</sup> Aksha Memon et al., *The role of online social networking on deliberate self-harm and suicidality in adolescents: a systematized review of literature*, 60(4) Indian J Psychiatry 384-392 (Oct-Dec 2018), <a href="http://10.4103/psychiatry.IndianJPsychiatry">http://10.4103/psychiatry.IndianJPsychiatry</a> 414\_17.

<sup>&</sup>lt;sup>24</sup> Ilyssa Salomon & Christia Spears Brown, *The Selfie Generation: Examining the Relationship Between Social Media Use and Early Adolescent Body Image*, Journal of Early Adolescence (Apr. 21, 2018), <a href="https://journals.sagepub.com/doi/abs/10.1177/0272431618770809">https://journals.sagepub.com/doi/abs/10.1177/0272431618770809</a>.

<sup>&</sup>lt;sup>25</sup> Kira Riehm et al., *Associations between time spent using social media and internalizing and externalizing problems among US youth*, 76(12) JAMA Psychiatry (2019), <a href="https://jamanetwork.com/journals/jamapsychiatry/fullarticle/2749480">https://jamanetwork.com/journals/jamapsychiatry/fullarticle/2749480</a>.

association remained significant even *after* adjusting for demographics, past alcohol and marijuana use, and history of mental health problems.<sup>26</sup>

- 55. In 2020, a study of Australian adolescents found that investment in others' selfies (through likes and comments) was associated with greater odds of meeting criteria for clinical/subclinical bulimia nervosa, clinical/subclinical binge-eating disorder, night eating syndrome, and unspecified feeding and eating disorders.<sup>27</sup>
- 56. In 2020, a longitudinal study investigated whether "Facebook Addiction Disorder" predicted suicide-related outcomes, and found that children and adolescents addicted to Facebook are more likely to engage in self-injurious behavior, such as cutting and suicide.<sup>28</sup>
- 57. In 2020, clinical research demonstrated an observable link between youth social media use and disordered eating behavior.<sup>29</sup> The more time young girls spend using Defendants' products, the more likely they are to develop disordered eating behaviors.<sup>30</sup> And the more social media accounts adolescents have, the more disordered eating behaviors they exhibit.<sup>31</sup>

<sup>26</sup> Kira Riehm et al., *Associations between time spent using social media and internalizing and externalizing problems among US youth*, 76(12) JAMA Psychiatry (2019), <a href="https://jamanetwork.com/journals/jamapsychiatry/fullarticle/2749480">https://jamanetwork.com/journals/jamapsychiatry/fullarticle/2749480</a>.

<sup>&</sup>lt;sup>27</sup> Alexandra R. Lonergan et al., *Protect Me from My Selfie: Examining the Association Between Photo-Based Social Media Behaviors and Self-Reported Eating Disorders in Adolescence*, Int'l J. of Eating Disorders (Apr. 7, 2020), <a href="https://onlinelibrary.wiley.com/doi/epdf/10.1002/eat.23256">https://onlinelibrary.wiley.com/doi/epdf/10.1002/eat.23256</a>.

<sup>&</sup>lt;sup>28</sup> See, e.g., Julia Brailovskaia et al., *Positive mental health mediates the relationship between Facebook addiction disorder and suicide-related outcomes: a longitudinal approach*, 00(00) Cyberpsychology, Behavior, and Social Networking (2020),

https://doi.org/10.1089/cyber.2019.0563; Jean M. Twenge et al., Increases in Depressive Symptoms, Suicide-Related Outcomes, and Suicide Rates Among U.S. Adolescents After 2010 and

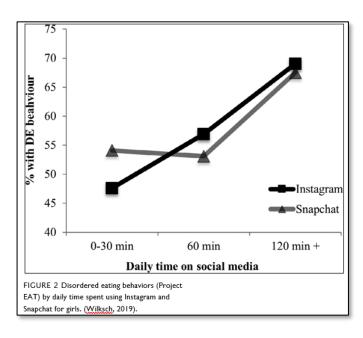
<sup>23</sup> Symptoms, Suicide-Related Outcomes, and Suicide Rates Among U.S. Adolescents After 2010 and Links to Increased New Media Screen Time, 6 Clinical Psych. Sci. 3–17 (2018).

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<sup>&</sup>lt;sup>29</sup> Simon M. Wilksch *et al.*, *The relationship between social media use and disordered eating in young adolescents*, 53 Int'l J. Eating Disorders 96–106 (2020), https://pubmed.ncbi.nlm.nih.gov/31797420/.

<sup>&</sup>lt;sup>30</sup> Simon M. Wilksch *et al.*, *The relationship between social media use and disordered eating in young adolescents*, 53 Int'l J. Eating Disorders 96–106 (2020), <a href="https://pubmed.ncbi.nlm.nih.gov/31797420/">https://pubmed.ncbi.nlm.nih.gov/31797420/</a>.

<sup>&</sup>lt;sup>31</sup> Simon M. Wilksch *et al.*, *The relationship between social media use and disordered eating in young adolescents*, 53 Int'l J. Eating Disorders 96–106 (2020), <a href="https://pubmed.ncbi.nlm.nih.gov/31797420/">https://pubmed.ncbi.nlm.nih.gov/31797420/</a>.



- 58. Eating disorders often occur simultaneously with other self-harm behaviors such as cutting and are often associated with suicide.<sup>32</sup>
- 59. In a 2021 study, female undergraduates were randomly shown thinspiration (low body mass index and not muscular), fitspiration (muscular and exercising), or neutral photos.<sup>33</sup> Thinspiration and fitspiration images lowered self-esteem, even in those with a self-perceived healthy weight.<sup>34</sup>
- 60. A 2022 study of Italian adolescent girls (12-17) and young women (18-28) found that Instagram's image editing and browsing features, combined with an emphasis on influencer interactions, promulgated unattainable body ideals that caused users to compare their bodies to those ideals.<sup>35</sup> These trends were more prominent among adolescent girls, given their higher

<sup>&</sup>lt;sup>32</sup> Sonja Swanson et al., *Prevalence and correlates of eating disorders in adolescents*, 68(7) Arch Gen Psychiatry 717-723 (2011), https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5546800/.

<sup>&</sup>lt;sup>33</sup> Karikarn Chansiri & Thipkanok Wongphothiphan, *The indirect effects of Instagram images on women's self-esteem: The moderating roles of BMI and perceived weight*, 00(0) New Media & Society 1-23 (2021), <a href="https://journals.sagepub.com/doi/epub/10.1177/14614448211029975">https://journals.sagepub.com/doi/epub/10.1177/14614448211029975</a>.

<sup>&</sup>lt;sup>34</sup> Karikarn Chansiri & Thipkanok Wongphothiphan, *The indirect effects of Instagram images on women's self-esteem: The moderating roles of BMI and perceived weight*, 00(0) New Media & Society 1-23 (2021), <a href="https://journals.sagepub.com/doi/epub/10.1177/14614448211029975">https://journals.sagepub.com/doi/epub/10.1177/14614448211029975</a>.

<sup>&</sup>lt;sup>35</sup> Federica Pedalino and Anne-Linda Camerini, *Instagram use and body dissatisfaction: The mediating role of upward social comparison with peers and influencers among young females*, 19(3) Int'l J of Environmental Research and Public Health 1543 (2022), <a href="https://www.mdpi.com/1660-4601/19/3/1543">https://www.mdpi.com/1660-4601/19/3/1543</a>.

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<sup>&</sup>lt;sup>39</sup> Protecting Youth Mental Health: The U.S. Surgeon General's Advisory at 8, U.S. Dep't Health & Hum. Servs. (Dec. 7, 2021), https://www.hhs.gov/sites/default/files/surgeon-general-youthmental-health-advisory.pdf.

<sup>&</sup>lt;sup>40</sup> Protecting Youth Mental Health: The U.S. Surgeon General's Advisory at 8, U.S. Dep't Health & Hum. Servs. (Dec. 7, 2021), https://www.hhs.gov/sites/default/files/surgeon-general-youthmental-health-advisory.pdf.

<sup>&</sup>lt;sup>41</sup> Charmaine Lo, Children's mental health emergency department visits: 2007-2016, 145(6) Pediatrics e20191536 (June 2020), https://doi.org/10.1542/peds.2019-1536.

<sup>47</sup> Azeen Ghorayashi & Roni Caryn Rabin, *Teen Girls Report Record Levels of Sadness, C.D.C. Finds*, N.Y. Times (Feb. 13, 2023), <a href="https://www.nytimes.com/2023/02/13/health/teen-girls-sadness-suicide-violence.html">https://www.nytimes.com/2023/02/13/health/teen-girls-sadness-suicide-violence.html</a>.

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seek social rewards. That, in turn, leads to neuroadaptation; a child requires more and more stimuli to obtain the desired dopamine release, along with further impairments of decision-making. It also leads to reward-seeking through increasingly extreme content, which is more likely to generate intense reactions from other users. These consequences are the foreseeable results of Defendants' engineering decisions.

# B. DEFENDANTS TARGET CHILDREN AS A CORE MARKET, HOOKING KIDS ON THEIR ADDICTIVE SOCIAL MEDIA PLATFORMS.

69. Each Defendant designs, engineers, markets, and operates its products to maximize the number of children who download and use them compulsively. Children are more vulnerable users and have more free time on their hands than their adult counterparts. Because children use Defendants' products more, they see more ads, and as a result generate more ad revenue for Defendants. Young users also generate a trove of data about their preferences, habits, and behaviors. That information is Defendants' most valuable commodity. Defendants mine and commodify that data, including by selling to advertisers the ability to reach incredibly narrow tranches of the population, including children. Each Defendant placed its app(s) into the stream of commerce and generated revenues through the distribution of those apps at the expense of the consuming public.

70. Addicting young children and teens is central to Defendants' profitability. Like the cigarette industry a generation earlier, Defendants understand that a child user today becomes an adult user tomorrow. Indeed, Defendants' insatiable appetite for growth has created a need for younger and younger users. Defendants' wrongfully acquired knowledge of their childhood userbase has allowed them to develop product designs to target elementary school-age children, who are uniquely vulnerable. Like Joe Camel of old, Defendants' recent attempts to capture preadolescent audiences include "kid versions" of apps that are "designed to fuel [kids'] interest in the grown-up version."

<sup>&</sup>lt;sup>48</sup> Leonard Sax, *Is TikTok Dangerous for Teens?*, Inst. Fam. Stud. (Mar. 29, 2022), <a href="https://ifstudies.org/blog/is-tiktok-dangerous-for-teens-">https://ifstudies.org/blog/is-tiktok-dangerous-for-teens-</a>.

- 71. Recognizing the vulnerability of children under 13, particularly in the Internet age, Congress enacted the Children's Online Privacy Protection Act ("COPPA") in 1999.<sup>49</sup> COPPA regulates the conditions under which Defendants can collect, use, or disclose the personal information of children under 13. Under COPPA, developers of apps and websites that are directed to or known to be used by children under 13 cannot lawfully obtain the individually identifiable information of such children without first obtaining verifiable consent from their parents.<sup>50</sup> Even apart from COPPA, it is well established under the law that children lack the legal or mental capacity to make informed decisions about their own well-being.
- 72. COPPA was enacted precisely because Congress recognized that children under age 13 are particularly vulnerable to being taken advantage of by unscrupulous website operators. As a June 1998 report by the FTC observed, "[t]he immediacy and ease with which personal information can be collected from children online, combined with the limited capacity of children to understand fully the potentially serious safety and privacy implications of providing that information, have created deep concerns about current information practices involving children online." The same report observed that children under the age of 13 "generally lack the developmental capacity and judgment to give meaningful consent to the release of personal information to a third party." 52
- 73. Contemporaneous testimony by the Chairman of the FTC observed that the Internet "make[s] it easy for children to disclose personal information to the general public

<sup>49</sup> See 15 U.S.C. §§ 6501-6506.

frequently-asked-questions.

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<sup>50</sup> The FTC recently clarified that acceptable methods for obtaining verifiable parent consent

via video conference; (d) calling a staffed toll-free number; (e) asking knowledge-based questions; or (f) verifying a photo-ID from the parent compared to a second photo using facial

include: (a) providing a form for parents to sign and return; (b) requiring the use of a credit/card online payment that provides notification of each transaction; (c) connecting to trained personnel

recognition technology. Federal Trade Commission, Complying with COPPA: Frequently Asked Questions, July 2020, https://www.ftc.gov/business-guidance/resources/complying-coppa-

<sup>&</sup>lt;sup>51</sup> *Privacy Online: A Report to Congress*, Federal Trade Commission (1998) at 13. https://www.ftc.gov/sites/default/files/documents/reports/privacy-online-report-congress/priv-23a.pdf.

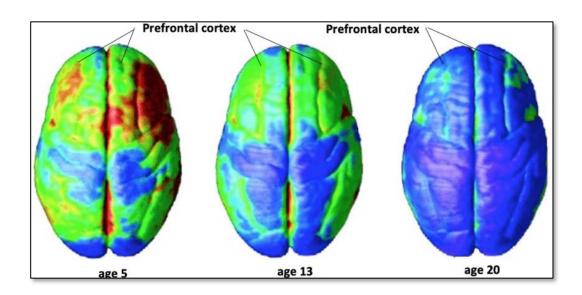
<sup>&</sup>lt;sup>52</sup> *Privacy Online: A Report to Congress*, Federal Trade Commission (1998) at 13. https://www.ftc.gov/sites/default/files/documents/reports/privacy-online-report-congress/priv-23a.pdf.

<sup>56</sup> Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int'l (July 27, 2016), https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-

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1104237.html.



- 81. Because of the immaturity of their prefrontal cortex, young peope have less impulse control, and less ability to regulate their responses to social rewards, than adults.
- 82. Beginning around the age of 10, the brain also begins to change in important ways. Specifically, the receptors for dopamine multiply in the subcortical region of the brain.<sup>64</sup> Dopamine is a neurotransmitter that is central to the brain's reward system.<sup>65</sup>
- 83. During this developmental phase, the brain learns to seek out stimuli (e.g., Instagram) that result in a reward (e.g., likes) and cause dopamine to flood the brain's reward pathways. Each time this happens, associations between the stimulus and the reward become stronger. 66 Notably, once the brain has learned to make this association, dopaminergic neurons "shift their ... activation from the time of reward delivery to the time of presentation of [a] predictive cue."<sup>67</sup> In other words, the anticipation of a reward can itself trigger a dopamine rush.
- 84. As New York University professor and social psychologist Adam Alter has explained, product features such as "Likes" give users a dopamine hit similar to drugs and

<sup>&</sup>lt;sup>64</sup> Zara Abrams, Why young brains are especially vulnerable to social media, Am. Psych. Ass'n (Aug. 25, 2022), https://www.apa.org/news/apa/2022/social-media-children-teens.

<sup>&</sup>lt;sup>65</sup> Zara Abrams, Why young brains are especially vulnerable to social media, Am. Psych. Ass'n (Aug. 25, 2022), https://www.apa.org/news/apa/2022/social-media-children-teens.

<sup>&</sup>lt;sup>66</sup> See Bryo Adinoff, Neurobiologic processes in drug reward and addiction, 12(6) Harv. Rev. Psychiatry 305-320 (2004), https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1920543/.

<sup>&</sup>lt;sup>67</sup> Luisa Speranza et al., Dopamine: The Neuromodulator of Long-Term Synaptic Plasticity, Reward and Movement Control, 10 Cells 735 (2021), https://pubmed.ncbi.nlm.nih.gov/33810328/.

alcohol: "The minute you take a drug, drink alcohol, smoke a cigarette . . . when you get a like on social media, all of those experiences produce dopamine, which is a chemical that's associated with pleasure. When someone likes an Instagram post, or any content that you share, it's a little bit like taking a drug. As far as your brain is concerned, it's a very similar experience."68

- When the release of dopamine in young brains is manipulated by Defendants' 85. products, it interferes with the brain's development and can have long-term impacts on an individual's memory, affective processing, reasoning, planning, attention, inhibitory control, and risk-reward calibration.
- 86. Given their limited capacity to self-regulate and their vulnerability to peer pressure, children (including teens) are at greater risk of developing a mental disorder from use of Defendants' products. <sup>69</sup> Children are more susceptible than adults to feelings of withdrawal when a dopamine hit wears off. Depending on the intensity, delivery, and timing of the stimulus, and the severity of its withdrawal, these feelings can include anxiety, dysphoria, and irritability.<sup>70</sup> Children also are more likely to engage in compulsive behaviors to avoid these symptoms, due to their limited capacity for self-regulation, relative lack of impulse control, and struggle to delay gratification.
- 87. This leads to a vicious cycle. Repeated spikes of dopamine over time may cause a child to build up a tolerance for the stimulus. In this process of "neuroadaptation," the production

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<sup>&</sup>lt;sup>68</sup> Eames Yates, What happens to your brain when you get a like on Instagram, Business Insider (Mar. 25, 2017), https://www.businessinsider.com/what-happens-to-your-brain-like-instagramdopamine-2017-3; see also Sören Krach et al., The rewarding nature of social interactions, 4(22) Frontiers in Behav. Neuro., (28 May 2010),

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2889690/pdf/fnbeh-04-00022.pdf; Julian Morgans, The Secret Ways Social Media Is Built for Addiction, Vice (May 17, 2017), https://www.vice.com/en/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction.

<sup>&</sup>lt;sup>69</sup> Betul Keles et al., A systematic review: the influence of social media on depression, anxiety and psychological distress in adolescents, Int'l J. Adolescence & Youth (202) 25:1, 79-93 (Mar. 3, 2019), https://www.researchgate.net/publication/331947590 A systematic review the influence of social media on depression anxiety and psychological distress in adolescents

<sup>&</sup>lt;sup>70</sup> George Koob, and Nora Volkow. *Neurobiology of addiction: a neurocircuitry analysis*, 3 (8) Lancet Psychiatry 760-773 (2016), https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6135092/pdf/nihms-985499.pdf.

of dopamine and the sensitivity of dopamine receptors are both reduced.<sup>71</sup> As a consequence, the child requires more and more of the stimulus to feel the same reward. Worse, this cycle can cause decreases in activity in the prefrontal cortex, leading to further impairments of decision-making As described further below, each Defendant deliberately designed, engineered, and

- implemented dangerous features in their apps that present social-reward and other stimuli in a manner that has caused so many young users to compulsively seek out those stimuli, develop negative symptoms when they were withdrawn, and exhibit reduced impulse control and
- In short, children find it particularly difficult to exercise the self-control required to regulate their use of Defendants' platforms, given the stimuli and rewards embedded in those apps, and as a foreseeable consequence tend to engage in addictive and compulsive use.<sup>73</sup>

# Defendants design their apps to attract and addict youth.

Instagram, Facebook, TikTok, Snap, and YouTube employ many similar defective and dangerous product features that are engineered to induce more use by young people—creating an unreasonable risk of compulsive use and addiction. <sup>74</sup> For instance, all five apps harvest user data and use this information to generate and push algorithmically tailored "feeds" of photos and videos. And all five include methods through which approval can be expressed and received, such as likes,

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<sup>&</sup>lt;sup>71</sup> George Koob, and Nora Volkow. *Neurobiology of addiction: a neurocircuitry analysis*, 3 (8)

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6135092/pdf/nihms-985499.pdf.

<sup>&</sup>lt;sup>72</sup> George Koob & Nora Volkow. *Neurobiology of addiction: a neurocircuitry analysis*, 3 (8)

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6135092/pdf/nihms-985499.pdf.

<sup>73</sup> Fulton Crews et al., Adolescent cortical development: a critical period of vulnerability for addiction, 86 Pharmacology, Biochemistry and Behavior 189-199 (2007), https://www.sciencedirect.com/science/article/pii/S009130570600400X.

<sup>&</sup>lt;sup>74</sup> See Kevin Hurler, For Sites Like Instagram and Twitter, Imitation Is the Only Form of Flattery, Gizmodo (Aug. 16, 2022), https://gizmodo.com/instagram-tiktok-snapchat-facebook-meta-1849395419 ("Over the last decade, some of the most popular social media apps have blatantly ripped off features from some of the other most popular social media apps, in a tech version of Capture the Flag where the only losers are the users who are forced to persist through this catand-mouse game.").

hearts, comments, shares, or reposts. This section explains the psychological and social mechanisms exploited by these and other product defects.

- 91. *First*, Defendants' apps are designed and engineered to methodically, but unpredictably, space out dopamine-triggering rewards with dopamine gaps. The unpredictability is key because, paradoxically, intermittent variable rewards (or "IVR") create stronger associations (conditioned changes in the neural pathway) than fixed rewards. Products that use this technique are highly addictive or habit forming.
- 92. IVR is based on insights from behavioral science dating back to research in the 1950s by Harvard psychologist B. F. Skinner. Skinner found that laboratory mice respond most voraciously to unpredictable rewards. In one famous experiment, mice that pushed a lever received a variable reward (a small treat, a large treat, or no treat at all). Compared with mice who received the same treat every time, the mice who received only occasional rewards were more likely to exhibit addictive behaviors such as pressing the lever compulsively. This exploitation of neural circuitry is exactly how addictive products like slot machines keep users coming back.
- 93. The IVR aspect of slot machines is limited by the fact that they deliver rewards in a randomized manner, irrespective of the person pulling the lever. By contrast, Defendants' apps are designed to purposely withhold and release rewards on a schedule its algorithms have determined is optimal to heighten a specific user's craving and keep them using the product. For example, TikTok will at times delay a video it knows a user will like until the moment before it anticipates the user would otherwise log out. Instagram's notification algorithm will at times determine that a particular user's engagement will be maximized if the app withholds "Likes" on their posts and then later delivers them in a large burst of notifications.
- 94. Defendants' use of IVR is particularly effective on and dangerous for adolescents, given the incomplete aspects of their brain maturation described above—including lack of impulse control and reduced executive functions.
- 95. There are multiple types of dopamine neurons that are connected with distinct brain networks and have distinct roles in motivational control. Apart from the dopamine reward loop triggered by positive feedback, other dopamine neurons are impacted by salient but non-rewarding

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stimuli and even painful-aversive stimuli.<sup>75</sup> Defendants' apps capitalize on this by algorithmically ranking photos and videos that "engage" users because they present a dopamine pay-off, including novel, aversive, and alarming images.

- 96. *Second*, there are multiple types of dopamine neurons that are connected with distinct brain networks and have distinct roles in motivational control. Apart from the dopamine reward loop triggered by positive feedback, other dopamine neurons are impacted by salient but non-rewarding stimuli and even painful-aversive stimuli.<sup>76</sup> Defendants' apps capitalize on this by algorithmically ranking photos and videos that "engage" users because they present a dopamine pay-off, including novel, aversive, and alarming images.
- 97. *Third*, dangerous and defective features in Defendants' apps manipulate young users through their exploitation of "reciprocity"—the psychological phenomenon by which people respond to positive or hostile actions in kind. Reciprocity means that people respond in a friendly manner to friendly actions, and with negative retaliation to hostile actions.<sup>77</sup> Phillip Kunz best illustrated the powerful effect of reciprocity through an experiment using holiday cards. Kunz sent cards to a group of complete strangers, including pictures of his family and a brief note.<sup>78</sup> People whom he had never met or communicated with before reciprocated, flooding him with holiday cards in return.<sup>79</sup> Most of the responses did not even ask Mr. Kunz who he was—they simply responded to his initial gesture with a reciprocal action.<sup>80</sup>
- 98. Products like Instagram and Snapchat exploit reciprocity by, for example, automatically telling a sender when their message is seen, instead of letting the recipient avoid

<sup>&</sup>lt;sup>75</sup> J.P.H. Verharen, Yichen Zhu, and Stephan Lammel *Aversion hot spots in the dopamine system* 64 Neurobiology 46-52 (March 5, 2020) <a href="https://doi.org/10.1016/j.conb.2020.002.002">https://doi.org/10.1016/j.conb.2020.002.002</a>.

<sup>&</sup>lt;sup>76</sup> J.P.H. Verharen, Yichen Zhu, and Stephan Lammel *Aversion hot spots in the dopamine system* 64 Neurobiology 46-52 (March 5, 2020) <a href="https://doi.org/10.1016/j.conb.2020.02.002">https://doi.org/10.1016/j.conb.2020.02.002</a>.

<sup>&</sup>lt;sup>77</sup> Ernst Fehr & Simon Gächter, *Fairness and Retaliation: The Economics of Reciprocity*, 14(3) J. Econ. Persps. 159–81 (2000), <a href="https://www.researchgate.net/profile/Ernst-Fehr-">https://www.researchgate.net/profile/Ernst-Fehr-</a>

<sup>&</sup>lt;u>2/publication/23756527 Fairness and Retaliation The Economics of Reciprocity/links/5eb024e945851592d6b87d3b/Fairness-and-Retaliation-The-Economics-of-Reciprocity.pdf.</u>

<sup>&</sup>lt;sup>78</sup> Phillip R. Kunz & Michael Woolcott, *Season's Greetings: From my status to yours*, 5(3) Soc. Sci. Rsch. 269–78 (Sept. 1976), <a href="https://doi.org/10.1016/0049-089X(76)90003-X">https://doi.org/10.1016/0049-089X(76)90003-X</a>.

<sup>&</sup>lt;sup>79</sup> Phillip R. Kunz & Michael Woolcott, *Season's Greetings: From my status to yours*, 5(3) Soc. Sci. Rsch. 269–78 (Sept. 1976), <a href="https://doi.org/10.1016/0049-089X(76)90003-X">https://doi.org/10.1016/0049-089X(76)90003-X</a>.

<sup>&</sup>lt;sup>80</sup> Phillip R. Kunz & Michael Woolcott, *Season's Greetings: From my status to yours*, 5(3) Soc. Sci. Rsch. 269–78 (Sept. 1976), <a href="https://doi.org/10.1016/0049-089X(76)90003-X">https://doi.org/10.1016/0049-089X(76)90003-X</a>.

(Aug. 25, 2022), https://www.apa.org/news/apa/2022/social-media-children-teens.

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<sup>87</sup> Zara Abrams, Why young brains are especially vulnerable to social media, Am. Psych. Ass'n

neurologically alter their perception of online posts. Researchers at UCLA used magnetic resonance imaging to study the brains of teenage girls as they used Instagram. They found that girls' perception of a photo changed depending on the number of likes it had generated.<sup>88</sup> That an image was highly liked—regardless of its content—instinctively caused the girls to prefer it. As the researchers put it, teens react to perceived "endorsements," even if likes on social media are often fake, purchased, or manufactured.<sup>89</sup>

The design of Defendants' apps also encourages unhealthy, negative social 102. comparisons, which in turn cause body image issues and related mental and physical disorders. Given adolescents' naturally vacillating levels of self-esteem, they are already predisposed to comparing "upward" to celebrities, influencers, and peers they perceive as more popular. 90 Defendants' apps turbocharge this phenomenon. On Defendants' apps, users disproportionately post "idealized" content,<sup>91</sup> misrepresenting their lives. That is made worse by appearance-altering filters built into Defendants' apps, which underscore conventional (and often racially biased) standards of beauty, by allowing users to remove blemishes, make bodies and faces appear thinner, and lighten skin-tone. Defendants' apps provide a continuous stream of these filtered and fake

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https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5985443/:

<sup>&</sup>lt;sup>88</sup> Lauren E. Sherman et al., *The Power of the Like in Adolescence: Effects of Peer Influence on* Neural and Behavioral Responses to Social Media, 27(7) Psychol Sci. 1027 17 (2016),https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5387999/

<sup>&</sup>lt;sup>89</sup> Lauren E. Sherman et al., The Power of the Like in Adolescence: Effects of Peer Influence on Neural and Behavioral Responses to Social Media, 27(7) Psychol Sci. 1027 (2016),

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5387999/; see also Stuart Wolpert, The teenage brain on social media, UCLA Newsroom (May 31, 2016),

<sup>20</sup> https://newsroom.ucla.edu/releases/the-teenage-brain-on-social-media.

<sup>&</sup>lt;sup>90</sup> Jacqueline Nesi & Mitchell J Prinstein, Using Social Media for Social Comparison and 21 Feedback-Seeking: Gender and Popularity Moderate Associations with Depressive Symptoms, 43 J. Abnormal Child Psych. 1427–38 (2015), 22

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5985443/ ("Upward comparison occurs when people compare themselves to someone they perceive to be superior[], whereas a downward comparison is defined by making a comparison with someone perceived to be inferior[.]"); Jin-

Liang wang, Hai-Zhen Wang, James Gaskin, & Skyler Hawk, The Mediating Roles of Upward Social Comparison and Self-esteem and the Moderating Role of Social Comparison Orientation in the Association between Social Networking Site Usage and Subjective Well-Being, Frontiers in Psychology (May 2017),

https://www.frontiersin.org/articles/10.3389/fpsyg.2017.00771/full#:~:text=Social%20compariso n%20can%20be%20upward,inferior%20(Wills%2C%201981).

<sup>&</sup>lt;sup>91</sup> Jacqueline Nesi & Mitchell J Prinstein, Using Social Media for Social Comparison and Feedback-Seeking: Gender and Popularity Moderate Associations with Depressive Symptoms, 43 J. Abnormal Child Psych. 1427–38 (2015),

mediation model of problematic Facebook use, age, neuroticism, and extraversion at 3, BMC

Psych. 10, 279 (2022), https://doi.org/10.1186/s40359-022-00990-7 (collecting sources).

#### 3. Millions of kids use Defendants' products compulsively.

105. Defendants have been staggeringly successful in their efforts to attract young users to their apps. In 2021, 32% of 7- to 9-year-olds, 96 49% of 10- to 12-year-olds, 97 and 90% of 13- to 17-year-olds in the United States used social media. 98 A majority of U.S. teens use Instagram, TikTok, Snapchat, and/or YouTube. Thirty-two percent say they "wouldn't want to live without" YouTube, while 20% said the same about Snapchat, and 13% said the same about both TikTok and Instagram.<sup>99</sup>

U.S. teenagers who use Defendants' products are likely to use them every day. 106. Sixty-two percent of U.S. children ages 13-18 use social media daily. 100 And daily use often means constant use. About one-in-five U.S. teens visit or use YouTube "almost constantly," while about one-in-six report comparable usage of Instagram. 101 Nearly half of U.S. teens use TikTok at least

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https://mottpoll.org/sites/default/files/documents/101821 SocialMedia.pdf. 18

https://mottpoll.org/sites/default/files/documents/101821 SocialMedia.pdf.

Media-and-Teens-100.aspx; see also Victoria Rideout et al., The Common Sense Census: Media Use by Tweens and Teens, 2021 at 5, Common Sense Media (2022),

https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integratedreport-final-web\_0.pdf.

<sup>99</sup> Victoria Rideout et al., Common Sense Census: Media use by tweens and teens, 2021 at 31, Common Sense Media (2022),

https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integratedreport-final-web 0.pdf.

<sup>100</sup> Victoria Rideout et al., Common Sense Census: Media use by tweens and teens, 2021 at 31, Common Sense Media (2022),

https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integratedreport-final-web 0.pdf.

<sup>101</sup> Emily Vogels et al., Teens, Social Media and Technology 2022, Pew Rsch. Ctr. (Aug. 10, 2022), https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/.

<sup>&</sup>lt;sup>96</sup> Sharing Too Soon? Children and Social Media Apps, C.S. Mott Child's Hosp. Univ. Mich. Health (Oct. 18, 2021),

<sup>&</sup>lt;sup>97</sup> Sharing Too Soon? Children and Social Media Apps, C.S. Mott Child's Hosp. Univ. Mich. Health (Oct. 18, 2021),

<sup>&</sup>lt;sup>98</sup> Social Media and Teens, Am. Acad. Child & Adolescent Psychiatry (Mar. 2018), 20 https://www.aacap.org/AACAP/Families and Youth/Facts for Families/FFF-Guide/Social-

the main reason for declining mental health than the next likely cause, and over *seven times* more believed it to be the main cause rather than drugs and alcohol.<sup>109</sup>

# 4. <u>Defendants' defective products encourage dangerous "challenges."</u>

design of Defendants' apps. "Online challenges or dares typically involve people recording themselves doing something difficult, which they share online to encourage others to repeat." These challenges often generate significant engagement—sometimes millions of likes or views—and resulting social rewards to the users who post videos of themselves carrying out the challenges. Predictably, a substantial portion of online challenges—created for the purpose of generating social rewards—are very dangerous.

111. For example, one common social media challenge is the "Blackout Challenge," where youth are encouraged to make themselves faint by holding their breath and constricting their chest muscles, or by restricting airflow with a ligature around their neck. This challenge is dangerous because, should the participant fail to remove the ligature around their neck prior to fainting, they may strangle themselves. Similarly, an "I Killed Myself" challenge involves participants faking their own deaths to record their family members' reactions upon believing their loved one has died. This challenge is dangerous because certain methods of participating can actually kill (or inflict catastrophic injury) on participants. Likewise, the game Russian Roulette—in which a participant loads a revolver with a single bullet, spins the chamber until it falls on a random slot, and then shoots themselves—has taken on new life as a social media challenge.

112. Again, these injuries and deaths are a foreseeable consequence of Defendants' addictive product designs. Many other addictive products cause injury or death because neuroadaptation causes addicts to use increasingly extreme methods to maintain dopamine levels. That compulsive use of social media would do the same was, at all relevant times, foreseeable,

<sup>&</sup>lt;sup>109</sup> Headspace National Youth Mental Health Survey 2018, National Youth Mental Health Foundation (2018), <a href="https://headspace.org.au/assets/headspace-National-Youth-Mental-Health-Survey-2018.pdf">https://headspace.org.au/assets/headspace-National-Youth-Mental-Health-Survey-2018.pdf</a> (surveying more than 4,000 Australians ages 12-25).

 $<sup>^{110}\,</sup> Tik Tok, \textit{Online Challenges}, \\ \underline{\text{https://www.tiktok.com/safety/en-us/online-challenges/}}.$ 

particularly as to young users whose abilities to assess risks, make wise decisions, and regulate their responses to perceived social needs are still developing.

- 113. Defendants are perfectly aware of the foreseeable risks to youth presented by their apps' "viral" promotion of dangerous challenges.
- 114. Defendants have encouraged the viral challenge phenomenon in spite of the fact that their encouragement furthers dangerous challenges themselves and a broader ecosystem in which those dangerous challenges occur.
- 115. Meta, TikTok, and YouTube use engagement-optimized algorithms to control users' main feeds. Such algorithms spread extreme content as a consequence of its propensity to generate engagement. That design defect foreseeably leads to dangerous challenges spreading easily on these Defendants' platforms.
- 116. Defendants have further encouraged challenges in other ways. ByteDance regularly creates overlays and filters that facilitate viral challenges. It offers advertisers the ability to launch Branded Hashtag Challenges and promotes them on user feeds. 111 It boasts that challenges are "geared towards building awareness and engagement," and that "research shows that they can deliver strong results"—i.e., increased return on ad spending—"at every stage of the funnel." This, in turn, generates advertising revenue for ByteDance.
- 117. Snap also promotes viral challenges through Snapchat's Snap Spotlight feature. It gives cash prizes to challenge participants whose challenges receive the most views on Snap Spotlight. It has also created overlays that encourage challenges—such as a Speed Filter, showing how fast a given user was going at the time they took a particular Snap. Other Defendants have also promoted viral challenges based on a recognition that such challenges drive engagement and advertising revenue.

<sup>&</sup>lt;sup>111</sup> TikTok for Business, *Branded Hashtag Challenge: Harness the Power of Participation* (Mar. 16, 2022), <a href="https://www.tiktok.com/business/en-US/blog/branded-hashtag-challenge-harness-the-power-of-participation">https://www.tiktok.com/business/en-US/blog/branded-hashtag-challenge-harness-the-power-of-participation</a>.

<sup>&</sup>lt;sup>112</sup> "Snapchat adds 'challenges' with cash prizes to its TikTok competitor," The Verge, Oct. 6, 2021, <a href="https://www.theverge.com/2021/10/6/22711632/snapchat-spotlight-challenges-announced-cash-prizes-tiktok">https://www.theverge.com/2021/10/6/22711632/snapchat-spotlight-challenges-announced-cash-prizes-tiktok</a>.

<sup>&</sup>lt;sup>113</sup> See Lemmon v. Snap, Inc., 995 F.3d 1085, 1085 (9th Cir. 2021).

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# 5. <u>Defendants' defective social media apps facilitate and contribute to the sexual exploitation and sextortion of children, and the ongoing production and spread of child sex abuse material online.</u>

118. It is well documented that sexual predators use Defendants' products to target and exploit minors. They are drawn to social media because it provides them with easy access to a large pool of potential victims, many of whom are addicted to Defendants' products. On February 7, 2023, for example, the FBI and international law enforcement agencies issued a joint warning about the global "financial sextortion crisis" which stated: "Financial sextortion can happen anywhere, although it mainly occurs on the digital platforms where children are already spending their screen time, like social media and gaming websites, or video chat applications. On these platforms, predators often pose as girls of a similar age and use fake accounts to target young boys, deceiving them into sending explicit photos or videos. The predator then threatens to release the compromising materials unless the victim sends payment, however, in many cases, the predator will release the images anyway." 114

119. Rather than mitigate the risk of sexual exploitation and harm to children and teens on their products, Defendants have facilitated and exacerbated it by implementing defective product features that help sexual predators connect with children. Defendants' products are designed in unsafe ways—including, as to some or all Defendants, flawed age verification, lack of meaningful mechanisms to prevent sham accounts, default-public profiles, matching and recommending connections between adults and minors, promoting unsolicited messages and interactions from adults, and wholly inadequate and ineffective parental controls, among others—that allow children to be easily identified, targeted, accessed, and exploited.

120. Compounding the problem, Defendants routinely fail to report abuse. Steve Grocki, the U.S. Department of Justice's Chief of the Criminal Division's Child Exploitation & Obscenity Section, put it this way: "A lot of times, someone has come across something problematic and the platform isn't doing anything[.]" He went on to say, "[t]hese reports can be of great value because they signal where there are big problems and we can flag those issues to Internet companies, such

<sup>&</sup>lt;sup>114</sup> International Law Enforcement Agencies Issue Joint Warning about global financial sextortion crisis, FBI (2023), <a href="https://www.fbi.gov/news/press-releases/international-law-enforcement-agencies-issue-joint-warning-about-global-financial-sextortion-crisis">https://www.fbi.gov/news/press-releases/international-law-enforcement-agencies-issue-joint-warning-about-global-financial-sextortion-crisis</a>.

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as when products are being exploited by offenders, they aren't meeting reporting requirements, or when children under the age restriction are accessing inappropriate content." 115

- 121. By failing to implement adequate age and identity verification on the products, Defendants knowingly and foreseeably place children in the pathways of sexual predators, who utilize their products and exploit their defective design features. Age verification on Defendants' products can be defective for a variety of reasons, including:
  - Inaccurate information: Users can easily enter false information, such as a a. fake date of birth, to bypass age restrictions;
  - No measures to prevent sham accounts: Defendants' products are structured b. so that users can easily create multiple accounts under different names and ages; and
  - Incomplete implementation: Defendants' products only partially implement c. age verification, such as requiring users to provide their date of birth but not verifying it through any means.
- 122. To be sure, Defendants possess the technology to identify minors who are posing as adults and adults who are posing as minors, but they do not use this information to identify violative accounts and remove them from their products.
- 123. For example, by making minors' profiles public by default, certain Defendants have supplied sexual predators with detailed background information about children, including their friends, activities, interests, and even location. By providing this information, these Defendants put children at risk of being approached and befriended by sexual predators. These young targets had no idea that their posts, friends, pictures, and general online sharing represented a windfall of information that a predator could use to sexually exploit or abuse them.
- 124. Meta, ByteDance, and Google are aware of these very real risks that public-bydefault accounts for minors can cause by leaving minors broadly exposed to adult strangers, and

<sup>&</sup>lt;sup>115</sup> Equality Now, Steve Grocki Expert Interview - United States (Nov. 15, 2021), https://www.equalitynow.org/stories/steve-grocki-expert-interview-united-states/.

yet have only recently (in response to litigation) begun to create default privacy settings for youth accounts—even though they have been aware of these harmful interactions for years.

- 125. Defendants have also lagged behind in restricting who can reach minor users through Direct Message features.
- 126. Defendants' parental controls are also defective in giving parents effective control over their children's online activity, which can lead to kids connecting with predators. These defects take several forms:
  - a. Limited scope: parental control tools only partially cover a child's activity,
     leaving gaps that predators can exploit;
  - Inadequate monitoring: parental control tools do not provide real-time monitoring of a child's activity, meaning that harmful interactions with predators go unnoticed;
  - c. Lack of customization: parents are not able to fully customize their parental control settings to meet the specific needs of their family and children, leaving them with a one-size-fits-all solution that is wholly ineffective in preventing connections with predators; and
  - d. Opt-in format: parental control tools that require parents to affirmatively link to their child's account are futile when parents are not notified that their minor child has opened an account on the platform in the first place.
- 127. Defendants are well aware that vulnerable young users—whom Defendants induce to spend large amounts of time on their products, through a powerful combination of algorithmic recommendations and addictive features designed to make it hard for a user to disengage—are uniquely susceptible to grooming by seasoned sexual predators. Research shows that young users are heavily reliant on their social connections—exploring and shaping their identity through their social relationships.
- 128. Defendants' defective product features have benefited sexual predators in many other ways as well. For example, sexual predators leverage Defendants' use of ephemeral, "disappearing" technology to assure young users that there is no risk to them sending a sexual photo

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117 This defect, "People You May Know," allows adults to connect with minors on Facebook and Instagram.

<sup>116</sup> Alex Barinka, Meta's Instagram Users Reach 2 Billion, Closing In on Facebook, Bloomberg (Oct. 26, 2022), https://www.bloomberg.com/news/articles/2022-10-26/meta-s-instagram-users-

or video. Trusting young users are then horrified to discover that these videos have been captured by predators and then circulated to their own friends and contacts or other sexual predators. In some severe cases, young users find themselves in the nightmarish scheme known as "sextortion," where a predator threatens to circulate the sexual images of the minor unless the predator is paid to keep the images under wraps. Law enforcement agencies across the country report that this scheme has become pervasive on Defendants' products.

#### C. META MARKETS AND DESIGNS FACEBOOK AND INSTAGRAM TO ADDICT YOUNG USERS, SUBSTANTIALLY CONTRIBUTING TO THE MENTAL HEALTH CRISIS

### Background and overview of Meta's products.

- 129. Meta operates and designs Facebook and Instagram, two of the world's most popular social media products. In 2022, two billion users worldwide were active on Instagram each month, and almost three billion were monthly active users of Facebook. 116 This enormous reach has been accompanied by enormous damage for adolescent users.
- 130. Meta understands that its products are used by kids under 13. It understands that its products are addictive. It understands that addictive use leads to problems. And it understands that these problems can be so extreme as to include encounters between adults and minors—and driven largely by a single product defect. 117
- Despite this knowledge, and rather than stand up a five-alarm effort to stop the problems created by its products, Meta has abjectly failed at protecting child users of Instagram and Facebook.
- Meta has done next to nothing. And its reason was simple: growth. Taking action would lower usage of (and therefore lower profits earned from) a critical audience segment.
- 133. Meta's frequent gestures towards youth safety were never serious and always driven by public relations: Meta offered tools to kids and parents, like "time spent," that it knew presented false data. At the same time, Meta engaged in a cynical campaign to counter-message around the

reach-2-billion-closing-in-on-facebook.

Evelyn Rusli & Peter Eavis, *Facebook Raises \$16Billion in I.P.O.*, N.Y. Times (May 17, 2012), https://archive.nytimes.com/dealbook.nytimes.com/2012/05/17/facebook-raises-16-billion-

valuation-from-sequoia-thrive-greylock-and-benchmark/.

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adamant-that-instagram-should-remain-with-facebook.html.

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from Facebook, CNBC (Oct. 20, 2019), https://www.cnbc.com/2019/10/30/mark-zuckerberg-is-

Time (Sept. 16, 2021), https://time.com/6098771/instagram-body-image-teen-girls/.

girls." "Mental health outcomes related to this can be severe." "Aspects of Instagram exacerbate each other to create a perfect storm." 135

145. Haugen's revelations made clear to the public what Meta has long known: in an effort to addicts kids and promote usage, Meta's products exploit the neurobiology of developing brains, and all the insecurities, status anxieties, and beauty comparisons that come along with it. In a bid for higher profits, Meta ignored the harms resulting from its overuse-oriented business model, which are widespread, serious, long-term, and in tragic instances fatal.

## 2. <u>Meta intentionally encourages youth to use its products and then leverages that usage to increase revenue.</u>

- 146. Facebook and Instagram owe their success to their defective design, including their underlying computer code and algorithms. Meta's tortious conduct begins before a user has viewed, let alone posted, a single scrap of content.
- 147. Meta describes the Instagram product as a "mobile-first experience." Indeed, the great majority of Instagram users in the U.S. access Instagram through a mobile application for either the iOS or Android operating system.
- 148. In order to use the Facebook or Instagram app, one must first obtain it. On a mobile device, this is accomplished by visiting a store from which the product can be downloaded—either the Apple App Store (for iPhone users) or the Google Play Store (for Android users). Once installed onto an individual's smartphone, they can open the app. They are then asked to create a new account by entering an email address, adding a name, and creating a password and username.
- 149. A prospective Instagram or Facebook user is then invited to press a colorful button that says "Sign up." In small print above this button, the user is informed: "By tapping Sign up, you agree to our Terms, Data Policy and Cookies Policy." The text of those policies is not presented

<sup>135</sup> Georgia Wells, Jeff Horwitz, Deepa Seetharaman, *Facebook Knows Instagram is Toxic for Teen Girls, Company Documents Show*, Wall St. J. (Sept. 14, 2021), https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-documents-show-11631620739; *Teen Girls Body Image and Social Comparison on Instagram – An Exploratory Study in the U.S.*, Wall St. J. (Sept. 29, 2021), https://s.wsj.net/public/resources/documents/teen-girls-body-image-and-social-comparison-on-instagram.pdf.

<sup>&</sup>lt;sup>136</sup> Yorgos Askalidis, *Launching Instagram Messaging on Desktop*, Instagram (Sept. 25, 2020), <a href="https://about.instagram.com/blog/engineering/launching-instagram-messaging-on-desktop.">https://about.instagram.com/blog/engineering/launching-instagram-messaging-on-desktop.</a>



150. Meta's Data Policy (rebranded as a "Privacy Policy" in 2022), which applies to a raft of Meta apps, including Facebook and Instagram, <sup>137</sup> indicates Meta collects a breathtaking amount of data from the users of its products, including:

a. "[c]ontent that you create, such as posts, comments or audio;"

<sup>137</sup> Meta, *Privacy Policy*, Meta (Jan. 1 2023), https://mbasic.facebook.com/privacy/policy/printable/#annotation-1.

users use and experience social media apps).

156. Meta's Data Policy contains no warnings whatsoever that use of its products at the intensity and frequency targeted by Meta creates known risks of mental, emotional, and behavioral problems for children, Instagram's key audience.

157. Instagram's collection and utilization of user data begins the instant a user presses "Sign Up." At that point, Instagram prompts a new user to share a substantial amount of personal data. First, Instagram asks the user to share their personal contacts, either by syncing contacts from their phone and/or syncing their "Friends" from Facebook—"We'll use your contacts to help you find your friends and help them find you." Next, Instagram asks the new user to upload a photo of themselves. After that, Instagram asks the user to "Choose your interests" in order to "Get started on Instagram with account recommendations tailored to you." And finally, Instagram invites the new user to "Follow accounts to see their photos and videos in your feed," offering a variety of recommendations. After sign-up is completed, Instagram prompts the new user to post either a photo or a short video.

begins to interact with its products. Meta's tracking of behavioral data—ranging from what the user looks at, to how long they hover over certain images, to what advertisements they click on or ignore—helps Meta build out a comprehensive and unique fingerprint of the user's identity. As the user continues to use the product, Meta's algorithm works silently in the background to refine this fingerprint, by continuously monitoring and measuring patterns in the user's behavior. Meta's algorithm is sophisticated enough that it can leverage existing data to draw educated inferences about even the user behavior it does not track firsthand. Meta's comprehensive data collection allows it to target and influence its users in order to increase their "engagement" with its apps.

159. Meta's collection and analysis of user data allows it to assemble virtual dossiers on its users, covering hundreds if not thousands of user-specific data segments. This, in turn, allows advertisers to micro-target marketing and advertising dollars to very specific categories of users, who can be segregated into pools or lists using Meta's data segments. Only a fraction of these data segments come from content knowingly designated by users for publication or explicitly provided by users in their account profiles. Many of these data segments are collected by Meta through covert

surveillance of each user's activity while using the product and when logged off the product, including behavioral surveillance that users are unaware of, like navigation paths, watch time, and hover time. Essentially, the larger Meta's user database grows, the more time the users spend on the database, and the more detailed information that Meta can extract from its users, the more money it makes.

- 160. Currently, advertisers can target Instagram and Facebook ads to young people based on age, gender, and location.<sup>141</sup> According to U.S.-based non-profit Fairplay, Meta did not actually cease collecting data from teens for advertising in July 2021, as Meta has claimed.<sup>142</sup>
- 161. Meta clearly understands the revenue and growth potential presented by its youngest users, and it is desperate to retain them. Documents obtained by *The New York Times* indicate, that since 2018, almost all of Instagram's \$390 million global marketing budget has gone towards showing ads to teenagers.<sup>143</sup>
- 162. Before the rise of Instagram, Facebook was the social media product by which Meta targeted young users. Until recently, when youth Facebook usage began to drop, this targeting was devastatingly effective.
- 163. While the number of teen Facebook users has declined in recent years, Facebook remains critical to Meta's strategy towards young users. Meta views Facebook as the nexus of teen users' lives on social media, and as filling a similar role for such users as the career-focused social media product LinkedIn fills for adults.
- 164. To create this cycle, and notwithstanding restrictions under COPPA, Meta has targeted kids as young as six. The centerpiece of these efforts is Messenger Kids ("MK"). 144

<sup>&</sup>lt;sup>141</sup> Andrea Vittorio, *Meta's Ad-Targeting to Teens Draws Advocacy Group Opposition*, Bloomberg (Nov. 16, 2021), <a href="https://news.bloomberglaw.com/privacy-and-data-security/metas-adtargeting-to-teens-draws-advocacy-group-opposition">https://news.bloomberglaw.com/privacy-and-data-security/metas-adtargeting-to-teens-draws-advocacy-group-opposition</a>.

Andrea Vittorio, *Meta's Ad-Targeting to Teens Draws Advocacy Group Opposition*, Bloomberg (Nov. 16, 2021), <a href="https://news.bloomberglaw.com/privacy-and-data-security/metas-adtargeting-to-teens-draws-advocacy-group-opposition">https://news.bloomberglaw.com/privacy-and-data-security/metas-adtargeting-to-teens-draws-advocacy-group-opposition</a>.

<sup>&</sup>lt;sup>143</sup> Sheera Frenkel, et al, *Instagram Struggles With Fears of Losing Its 'Pipeline': Young Users* N.Y. Times (Oct. 16, 2021), <a href="https://www.nytimes.com/2021/10/16/technology/instagram-teens.html">https://www.nytimes.com/2021/10/16/technology/instagram-teens.html</a>.

<sup>&</sup>lt;sup>144</sup> Nick Stat, *Facebook launches a version of Messenger for young children*, The Verge (December 4, 2022) <a href="https://www.theverge.com/2017/12/4/16725494/facebook-messenger-kids-app-launch-ios-iphone-preview">https://www.theverge.com/2017/12/4/16725494/facebook-messenger-kids-app-launch-ios-iphone-preview</a>.

165. Meta was also eager to market its products to tweens—users aged 10-12. Although Meta employees publicly denied using children as "guinea pigs" to develop product features, internally Meta was intensely interested in children's use of their apps.<sup>145</sup>

166. Meta has studied features and designs from its other products to make Instagram as attractive and addictive as possible to young users. Meta's flagship product Facebook was the original testing ground for many of Instagram's addicting and otherwise defective features, which the two products share to this day. This feature overlap is no accident: it represents a conscious strategy adopted by Meta to keep social media users hooked on its "family" of products for their entire lives.

167. From the beginning, both the Facebook and Instagram products have exploited vulnerabilities in human psychology to addict users and maximize user time and engagement. Facebook's first President, Sean Parker, summed up the devastating impact of this product design in a 2017 interview:

God only knows what it's doing to our children's brains. . . . The thought process that went into building these applications, Facebook being the first of them, . . . was all about: 'How do we consume as much of your time and conscious attention as possible?' . . . And that means that we need to sort of give you a little dopamine hit every once in a while, because someone liked or commented on a photo or a post . . . . And that's going to get you to contribute more content, and that's going to get you . . . more likes and comments. . . . It's a social-validation feedback loop . . . exactly the kind of thing that a hacker like myself would come up with, because you're exploiting a vulnerability in human psychology. . . . The inventors, creators — it's me, it's Mark [Zuckerberg], it's Kevin Systrom on Instagram, it's all of these people — understood this consciously. And we did it anyway. <sup>146</sup>

Tellingly, many tech leaders, including individuals with inside knowledge of the defects of Meta's social media products, either ban or severely limit their own children's access to screen

<sup>&</sup>lt;sup>145</sup> John Twomey, *Molly Russell Inquest Latest: Teenager Viewed Suicide Videos of 'Most Distressing Nature'*, Express (Sept. 23, 2022),

https://www.express.co.uk/news/uk/1673461/Molly-Russell-inquest-latest-Teenager-suicide-videos-instagram.

<sup>&</sup>lt;sup>146</sup> Mike Allen, Sean Parker unloads on Facebook: "God only knows what it's doing to our children's brains," Axios (Nov. 9, 2017), <a href="https://www.axios.com/2017/12/15/sean-parker-unloads-on-facebook-god-only-knows-what-its-doing-to-our-childrens-brains-1513306792">https://www.axios.com/2017/12/15/sean-parker-unloads-on-facebook-god-only-knows-what-its-doing-to-our-childrens-brains-1513306792</a>.

# time and social media. 147 Such leaders in the field include Tim Cook and former Facebook

executives Tim Kendall and Chamath Palihapitiya. 148

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#### Meta intentionally designed product features to addict children and 3. adolescents.

Meta designed Facebook and Instagram with harmful defects that users encounter 168. at every stage of interaction with the product. These defects, which have harmed adolescents that use the products, include but are not limited to: (a) recommendation algorithms, fueled by extensive data collection, which are designed to promote use in quantities and frequency harmful to adolescents; (b) product features that prey upon children's desire for validation and need for social comparison; (c) product features that are designed to create harmful loops of repetitive and excessive product usage; (d) lack of effective mechanisms, despite having the ability to implement them, to restrict children's usage of the products; (d) inadequate parental controls, and facilitation of unsupervised use of the products; and (e) intentionally placed obstacles to discourage cessation of use of the products.

169. Facebook and Instagram have been designed, maintained, and constantly updated by one of the world's most wealthy, powerful, and sophisticated corporations. Large teams of expert data scientists, user experience ("UX") researchers, and similar professionals have spent years fine-tuning these products to addict users. Every aspect of the products' interfaces, each layer of their subsurface algorithms and systems, and each line of underlying code has been crafted by brilliant minds. Every detail—the color of product icons, the placement of buttons within the

<sup>&</sup>lt;sup>147</sup> Samuel Gibbs, Apple's Tim Cook: "I Don't Want My Nephew on a Social Network", The Guardian (Jan. 19. 2018), https://www.theguardian.com/technology/2018/jan/19/tim-cook-i-dontwant-my-nephew-on-a-social-

network#:~:text=The%20head%20of%20Apple%2C%20Tim,it%20was%20announced%20on%2 OFriday; James Vincent, Former Facebook Exec Says Social Media is Ripping Apart Society, The Verge (Dec. 11, 2017), https://www.theverge.com/2017/12/11/16761016/former-facebook-execripping-apart-society.

<sup>&</sup>lt;sup>148</sup> Samuel Gibbs, Apple's Tim Cook: "I Don't Want My Nephew on a Social Network", The Guardian (Jan. 19. 2018), https://www.theguardian.com/technology/2018/jan/19/tim-cook-i-dontwant-my-nephew-on-a-social-

network#:~:text=The%20head%20of%20Apple%2C%20Tim,it%20was%20announced%20on%2 OFriday: James Vincent, Former Facebook Exec Says Social Media is Ripping Apart Society, The Verge (Dec. 11, 2017), https://www.theverge.com/2017/12/11/16761016/former-facebook-execripping-apart-society.

interface, the timing of notifications, etc.—is designed to increase the frequency and length of use sessions. Therefore, it is impractical to create a comprehensive list of addictive, harm-causing defects in the product until in-depth discovery occurs. Many product features, such as the inner workings of Meta's algorithms, are secret and unobservable to users. Discovery during this litigation will reveal additional detail about the defective, addictive, and harmful design of Meta's products.

### a. <u>Facebook's and Instagram's algorithms maximize engagement,</u> promoting use at levels and frequency that is harmful to kids.

170. Meta has invested its vast resources to intentionally design Facebook and Instagram to be addictive to adolescents, all the while concealing these facts from its users and the public.

171. In its original form, Meta's Facebook and Instagram algorithms ranked chronologically, meaning that a particular user's feed was organized according to when content was posted or sent by the people the user followed. In 2009, Meta did away with Facebook's chronological feed in favor of engagement-based ranking; in 2016, it did the same on Instagram. This "engagement-based" system meant that posts that received the most likes and comments were highlighted first for users. But facing declining engagement, Meta redesigned its algorithms once again in or around early 2018. This change prioritized "meaningful social interaction" ("MSI"), with the goal of showing users content with which they were more likely to engage. The MSI-oriented algorithms purportedly emphasize the interactions of users' connections; e.g., likes and comments, and give greater significance to the interactions of connections that appear to be closest to users. Meta's current algorithms consider a post's likes, shares, and comments, as well as a respective user's past interactions with posts with similar characteristics, and displays the post in the user's feed if it meets these and certain other benchmarks.

172. While Meta has publicly attempted to cast MSI as making time spent on its platforms more "meaningful," MSI was actually just another way for Meta to increase user engagement on Instagram and Facebook. While the feature increases the likelihood that an interaction will be "meaningful" by Meta's definition—more likes, comments, and interactions—it does not consider whether recommended content is "meaningful" to the user. This sets up users who may have reacted

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negatively to upsetting or dangerous posts to see more of the same. That, in turn, can lead to a "horrible feedback loop/downward spiral"—with negative reactions leading the algorithm to present more posts that generate more negative reactions.

- In algorithmically generating users' feeds, Meta draws upon the vast amount of data it collects about and from its users. Meta's algorithms combine the user's profile (e.g., the information posted by the user on the product) and the user's dossier (the data collected and synthesized by Meta, to which it assigns categorical designations) along with a dossier of similar users. Meta's algorithms identify and rank recommended posts to optimize for various outcomes, such as for time-spent by a user or for user engagement. More often than not, this has the effect that Meta's algorithms direct users to alarming and aversive material.
- Much of what Meta shows users is content that they did not sign up for. Meta often overrides users' explicit preferences because they conflict with Meta's predictions of what will get shared and engaged.
- 175. Through its algorithms, Meta intentionally supplants the content that users have elected to see with content that it believes will drive more use and engagement. Thus, the products that Meta touts as "[g]iv[ing] people the power to build community and bring[ing] the world closer together," are actually designed in a way that prioritizes not social connection but product use at all costs, even to the detriment of the health and safety of young people. <sup>149</sup> The result, for Meta, is an increase in its bottom line. The result for young users is products that are so addictive that they return again and again, even when the products push posts they're not interested in.
- 176. Meta knew that its engagement-based ranking algorithm (and its subsequent, iterative MSI ranking algorithm) was structured in a way that mean that content which produces intense reactions (i.e., strong engagement) triggers amplification by the apps. This propels users into the most reactive experiences, favoring posts that generate engagement because they are extreme in nature. Zuckerberg publicly recognized this in a 2018 post, in which he demonstrated the correlation between engagement and sensational content that is so extreme that it impinges upon

<sup>&</sup>lt;sup>149</sup> Meta, *Mission Statement*, Meta, <a href="https://about.meta.com/company-info/">https://about.meta.com/company-info/</a>.

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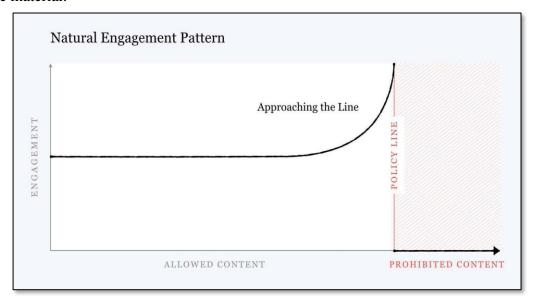
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27 28 Meta's own ethical limits, with the following chart: 150 While Zuckerberg went on to claim that Meta had designed its algorithms to avoid this natural propensity of engagement-based algorithms, his claim to the public is belied by extensive research indicating Meta's products do amplify extreme material.



Meta intentionally designed its MSI-focused algorithms to collect and analyze 177. several kinds of data: a user's profile, content the user reports, content the user posts, content viewed, content engaged with, navigation paths, watch time, hover time (the amount of time a user viewed a piece of content), whether a user mutes or unmutes a video, and whether a user makes a full video screen, among other data. Meta uses this data from adolescents to predict what posts will capture the user's attention. Meta also tracks and utilizes data from various other sources, such as a user's off-product activities and the activities on websites that contain Facebook or Instagram like or share buttons. 151

Meta's algorithmic ranking is utilized in a variety of product features that are designed by Meta to maximize user engagement.

<sup>&</sup>lt;sup>150</sup> Mark Zuckerberg, A Blueprint for Content Governance and Enforcement, Facebook, https://www.facebook.com/notes/751449002072082/.

<sup>&</sup>lt;sup>151</sup> Allen St. John, How Facebook Tracks You, Even When You're Not on Facebook, Consumer Reports (April 11, 2018), https://www.consumerreports.org/privacy/how-facebook-tracks-youeven-when-youre-not-on-facebook-a7977954071/.

179. For example, the Instagram product consists primarily of a never-ending and user-specific Feed, which Instagram's data-driven algorithms generate for each user. In the app's "Home" pane, this feed includes (but is not limited to) photos and videos posted by Instagram users that the user has elected to "follow," as well as recommended photos and videos. In the app's "Explore" pane, the feed consists almost exclusively of photos and videos from users the user has not elected to "follow." In both cases, Instagram's algorithms evaluate each user's data to predict what material will maximize their attention and time spent using the product, irrespective of what the user wants to see.

180. Other "recommendation" features that are similarly algorithmically powered include Facebook's Newsfeed, Instagram's Feed, Instagram Reels, Facebook Reels, Facebook Watch (and its "For You" page), Accounts to Follow, People You May Know (introductions to persons with common connections or backgrounds), Groups You Should Join, and Discover (recommendations for Meta groups to join).

- 181. These product features work in combination to create and maintain a user's "flow-state": a hyper-focused, hypnotic state, where bodily movements are reflexive and the user is totally immersed in smoothly rotating through aspects of the social media product.<sup>152</sup>
- 182. They also create a phenomenon referred to as "feeding the spiral," where someone feeling bad sees content that makes them fill bad and they engage with it. Then there Instagram is flooded with it, like an echo chamber screaming their most upsetting thoughts back at them. Meta recognizes that Instagram users at risk of suicide or self-injury are more likely to encounter more harmful self-injury and suicide-related content their feeds.
- 183. This phenomenon was cast into vivid relief when 14 year-old Molly Russell took her own life after viewing reams of content related to suicide, self-injury, and depression on Instagram and several other products.<sup>153</sup> During an official inquest investigating the role that social

<sup>&</sup>lt;sup>152</sup> See e.g., What Makes TikTok so Addictive?: An Analysis of the Mechanisms Underlying the World's Latest Social Media Craze, Brown Undergraduate J. of Pub. Health (2021), <a href="https://sites.brown.edu/publichealthjournal/2021/12/13/tiktok/">https://sites.brown.edu/publichealthjournal/2021/12/13/tiktok/</a> (describing how IVR and infinite scrolling may induce a flow state in users).

<sup>&</sup>lt;sup>153</sup> Dan Milmo, *Social Media Firms 'Monetising Misery'*, *Says Molly Russell's Father After Inquest*, The Guardian (Sept. 20, 2022), <a href="https://www.theguardian.com/uk-">https://www.theguardian.com/uk-</a>

to see. 154 The coroner rejected this claim, finding instead that Molly "died from an act of self-harm" whilst suffering from depression and the negative effects of on-line content" that she had not sought out, but that the products' algorithms had pushed on her. 155 "The platform operated in such a way using algorithms as to result, in some circumstances, of binge periods of images, video clips and text some of which were selected and provided without Molly requesting them. These binge periods ... are likely to have had a negative effect on Molly.... In some cases, the content was particularly graphic, tending to portray self-harm and suicide as an inevitable consequence of a condition that could not be recovered from. The sites normalised her condition focusing on a limited and irrational view without any counterbalance of normality."<sup>156</sup> The coroner further observed that "[t]here was no age verification when signing up to the on-line platform" and that Molly's parents "did not have access, to the material being viewed or any control over that material." <sup>157</sup> 184. Despite Molly's death, and notwithstanding Meta's research into dangerous

media products played in her death, a Meta executive said that such content was "safe" for children

spirals—at one point dubbed the "Rabbithole project"—the company did nothing to stop harm to its young users.

#### b. Facebook's and Instagram's user interfaces are designed to create addictive engagement.

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185. To further drive user engagement (and thereby drive data collection and advertising revenue), Facebook and Instagram also utilize a series of design features that are carefully

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news/2022/sep/30/molly-russell-died-while-suffering-negative-effects-of-online-content-rulescoroner.

<sup>&</sup>lt;sup>154</sup> Ryan Merrifeld, Molly Russell Inquest: Instagram Boss Says Suicidal Posts Shouldn't Be Banned From App, The Mirror (Sept. 26, 2022), https://www.mirror.co.uk/news/uk-news/mollvrussell-inquest-instagram-boss-28085269.

<sup>155</sup> Ryan Merrifeld, Molly Russell Inquest: Instagram Boss Says Suicidal Posts Shouldn't Be Banned From App, The Mirror (Sept. 26, 2022), https://www.mirror.co.uk/news/uk-news/mollvrussell-inquest-instagram-boss-28085269.

 $<sup>^{156}</sup>$  Andrew Walker, H.M. Coroner,  $Regulation\ 28\ Report\ to\ Prevent\ Future\ Deaths\ 2$  (Oct. 13, 2022), https://www.judiciary.uk/wp-content/uploads/2022/10/Molly-Russell-Prevention-offuture-deaths-report-2022-0315 Published.pdf.

<sup>&</sup>lt;sup>157</sup> Andrew Walker, H.M. Coroner, Regulation 28 Report to Prevent Future Deaths 2 (Oct. 13, 2022), https://www.judiciary.uk/wp-content/uploads/2022/10/Molly-Russell-Prevention-offuture-deaths-report-2022-0315 Published.pdf.

calibrated to exploit users' neurobiology. These features work in tandem with algorithmic ranking to promote addictive engagement.

186. *First*, Meta programs IVR into its products. Behavioral training via intermittent rewards keeps users endlessly scrolling in search of a dopamine release, oftentimes despite their desire to put their phone down and move onto other activities. Children, who are less likely to have adequate impulse control than adults, are more susceptible to being drawn into this engineered "flow state" and more likely to grow dependent on Facebook or Instagram.

187. *Second*, Facebook and Instagram utilize "Likes" to control the release of dopamine in children. This feature, which Meta created for Facebook and "introduced ... to the world" in 2010, allows users to indicate that they "Like" a post and visibly tallies the number of "Likes" any given post has earned.<sup>158</sup> Instagram launched in 2010 with the like feature built-in—a user can "Like" a post simply by tapping a heart-shaped button.

188. As with a slot machine, users never know when a like will come. This conditions them to stay on the app. But it also exacerbates issues of social comparison and feedback seeking, creating detrimental effects on adolescent physical and mental health.

189. Meta has expanded the likes feature in both Facebook and Instagram. In December 2016, Meta began allowing users to like comments, not just posts. In February 2022, Meta began allowing users to "Like" Instagram Stories. Expanding the like feature has intensified and multiplied the body of feedback that teen users receive (or don't receive) on their posts, preying on their desire to seek validation through comparison with others.

190. Despite its ability to alleviate the negative impact of likes on younger users, Meta chose only to implement half-measures. Meta created the option for users to hide like counts in May 2021, but it made this an optional setting left off by default. Moreover, the number of likes

<sup>158</sup> Ray C. He, *Introducing new Like and Share Buttons*, Meta (Nov. 6, 2013),

https://developers.facebook.com/blog/post/2013/11/06/introducing-new-like-and-share-buttons/. 

159 Jhinuk Sen, *Instagram is adding Likes to Stories so it doesn't clog up people's inboxes*,

Business Today (Feb. 15, 2022), <a href="https://www.businesstoday.in/technology/news/story/instagram-is-adding-likes-to-stories-so-it-doesnt-clog-up-peoples-inboxes-322661-2022-02-15">https://www.businesstoday.in/technology/news/story/instagram-is-adding-likes-to-stories-so-it-doesnt-clog-up-peoples-inboxes-322661-2022-02-15</a>.

<sup>&</sup>lt;sup>160</sup> Meta, *Giving People More Control on Instagram and Facebook* (May 26, 2021), https://about.fb.com/news/2021/05/giving-people-more-control/.

remain visible to the poster of the content. These changes stop short of resolving the issue of negative social comparison that these score-keeping features inflict.

- 191. *Third*, Meta has designed its video features in several ways geared to maximizing users' flow state and keeping them immersed in its products for longer periods of time. Video clips on Facebook Reels and Instagram Reels automatically play as a user scrolls and automatically restart once they conclude. Reels cannot be paused and tapping on the video will simply mute its audio. In addition, Meta imposes limits on the length of video content on Reels (currently 90 seconds, and at times as short as 15 seconds). These limits ensure that users do not become bored by long videos and end their sessions.
- 192. Meta designed the comment features of Reels to minimize any disruption to users' heightened flow state. The interface of Reels displays the "Like," "Comment," "Save," and "Share" buttons on the bottom right of the screen. This placement avoids the milliseconds of delay or discomfort that could disrupt the flow state of right-handed users if placed elsewhere on the screen. Furthermore, these buttons are overlaid on top of the continuously playing clips, to eliminate any temporal or visual interruption during which a user might evaluate whether to continue using the product. Likewise, when a user taps to view the comments on a Reel, the video's audio and the top quarter of the video continue to play behind the comments section. Again, this design feature keeps the user's attention on the feed.
- 193. In keeping with its study of IVR, Meta knows when to strategically interrupt a user's flow. Occasionally, while a video is playing, a comment from the video will appear on the bottom of the screen, even without the user tapping to view the comments section. These comments are selected, displayed, and timed intentionally, to retain a user's attention by engaging with the comments section.
- 194. Fourth, Meta carefully (and defectively) calibrates the notifications it sends outside of the Facebook and Instagram apps, to maximize success in drawing back users who are not presently using the products. By default, Facebook and Instagram notify users through text and email about activity that might be of interest, which prompts users to open and reengage with the products. However, Meta intentionally chooses to display only a limited amount of information in

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notifications, in order to trigger curiosity and manipulate the user to click or tap through to the product. 161

195. Meta's studied manipulation of user engagement through notifications is particularly detrimental to teenagers, who lack impulse control and crave social rewards, and who are therefore more susceptible to falling into compulsive patterns of product use. Those harms are compounded by the fact that Meta sends push notifications in the middle of the night, prompting children to re-engage with Instagram and Facebook the apps when they should be sleeping. Disturbed and insufficient sleep is associated with poor health outcomes. <sup>162</sup>

196. Fifth, the "Stories" feature of both Facebook and Instagram is defectively designed to create artificial urgency so that users return to the apps. "Stories" was added by Meta in response to the growing popularity of Snapchat with teenagers in 2016. "Stories" appear at the top of a user's home page upon opening the app and are available to view for only 24 hours, after which they disappear. This creates pressure to use the product daily, or else risk missing out on dopaminecausing stimuli or social interactions. This feature is particularly addicting to adolescent users, who feel increased social pressure to view all their contact's stories each day before the content disappears, thus increasing their compulsive usage and potential addiction to the product. 163 The ephemeral nature of disappearing content is a ploy intended to inspire urgent perusal, and it works. 164

Sixth, Instagram's and Facebook's algorithms are structured to recommend "keywords" or "hashtags" to its young users that lead them to navigate to dangerous content.

<sup>&</sup>lt;sup>161</sup> Clickbait, Merriam-Webster Dictionary, <a href="https://www.merriam-">https://www.merriam-</a> webster.com/dictionary/clickbait.

<sup>&</sup>lt;sup>162</sup> Nat'l Inst. of Mental Health, The Teen Brain: Still Under Construction 6 (2011), http://www.ncdsv.org/images/NIMH TeenBrainStillUnderConstruction 2011.pdf.

<sup>&</sup>lt;sup>163</sup> Sarah Lempa, Why Are Instagram Stories So Addicting?, Healthline (April 5, 2021), https://www.healthline.com/health/why-are-instagram-stories-so-addicting#The-story-behind-the-Stories.

<sup>&</sup>lt;sup>164</sup> Madiha Jamal, *Ephemeral Content* — *The Future of Social Media Marketing*, Better Marketing (March 2, 2021), <a href="https://bettermarketing.pub/ephemeral-content-the-future-of-social-">https://bettermarketing.pub/ephemeral-content-the-future-of-social-</a>

<sup>996</sup>d265916c2#:~:text=Ephemeral%20content%20relates%20to%20the,WhatsApp%20Stories%2 C%20and%20LinkedIn%20Stories.

- 198. All of the above defects, in addition to the Instagram-specific defects discussed in the section that follows, interact with and compound one another to make Meta's products addictive and harmful for kids.
- 199. Meta has long been aware of this dangerous and toxic brew, yet has Meta failed to invest in adequate tools to limit the harm their products inflicted on users.
- 200. Meta's failure to prevent compulsive use by children, and the harms resulting therefrom, are a simple function of its misplaced priorities: Profit over safety.
- 201. Meta's decision to hook teenage users by rewiring their brains has not aged well for some of its former employees. Chamath Palihapitiya, the former Vice President of User Growth at Facebook, admitted that he feels "tremendous guilt" about his contributions to social media, saying "[t]he short-term, dopamine-driven feedback loops that we have created are destroying how society works." 165

## c. <u>Instagram's defective product features cause negative appearance comparison and social comparison</u>

- 202. Instagram use by teens is associated with negative impacts on body image, social comparison, eating issues, confidence in friendships, and mental health, including anxiety, depression, and suicidal thoughts. Teen users feel worse about themselves while using Instagram. Some even link their negative feelings to the platform.
- 203. Social comparison is particularly bad on Instagram because, among other things, celebrity and influencer content is pervasive. By manufacturing and emphasizing influence and celebrity, and purposely inundating tween and teen users with those accounts, Meta further exploits and monetizes social comparison. That has come at a direct cost to the mental health of its teens users, who are more susceptible to body dissatisfaction and negative social comparisons.
- 204. Score-keeping features designed into Instagram amplify these problems. Teenage girls are particularly impacted when comparing like counts, follower counts, views, and comments on their posts to those of models, celebrities, and so-called influencers.

<sup>&</sup>lt;sup>165</sup> Amy B. Wang, Former Facebook VP says social media is destroying society with 'dopamine-driven feedback loops', Wash. Post (Dec. 12, 2017), <a href="https://www.washingtonpost.com/news/the-switch/wp/2017/12/12/former-facebook-vp-says-social-media-is-destroying-society-with-dopamine-driven-feedback-loops/">https://www.washingtonpost.com/news/the-switch/wp/2017/12/12/former-facebook-vp-says-social-media-is-destroying-society-with-dopamine-driven-feedback-loops/</a>.

https://www.forbes.com/sites/annahaines/2021/04/27/from-instagram-face-to-snapchat-

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themselves but of others online. 172 These false and unrealistic body image standards further lead teenagers to develop negative perceptions of their appearance. 77% of girls reported trying to change or hide at least one part of their body before posting a photo of themselves, and 50% believe they did not look good without editing.<sup>173</sup>

209. Third, the specific changes filters make to an individual's appearance can cause negative obsession or self-hatred surrounding aspects of their appearance. 174 The filters alter specific facial features such as eyes, lips, jaw, face shape, and slimness, which often require medical intervention to alter in real life. 175 The pervasiveness of Meta-designed filters through the algorithm permeates Instagram and causes adolescent users to negatively compare their real appearances against a false physical reality. 176 In one recent study, even users who reported a higher initial selfesteem level felt they looked 44% worse before their image was edited using a filter. 177 "[W]hen the . . . filter increased the gap between how participants wanted to look and how they felt they actually looked, it reduced their self-compassion and tolerance for their own physical flaws." 178 As

<sup>&</sup>lt;sup>172</sup> See Teen Girls Body Image and Social Comparison on Instagram – An Exploratory Study in the U.S., Wall. St. J. (Sept. 29, 2021), https://s.wsj.net/public/resources/documents/teen-girlsbody-image-and-social-comparison-on-instagram.pdf (explaining that users forget that Instagram only shows the highlights of people's lives and is not depicting reality).

<sup>&</sup>lt;sup>173</sup> Anna Haines, From 'Instagram Face' to 'Snapchat Dysmorphia'; How Beauty Filters Are Changing the Way We See Ourselves, Forbes (Apr. 27, 2021), https://www.forbes.com/sites/annahaines/2021/04/27/from-instagram-face-to-snapchatdysmorphia-how-beauty-filters-are-changing-the-way-we-see-ourselves/?sh=3c2d58704eff.

<sup>&</sup>lt;sup>174</sup> Tonva Russell, Social Media Filters Are Changing How Young People See Themselves, Teen Vogue (Jan. 25, 2022), https://www.teenvogue.com/story/social-media-filters-how-young-peoplesee-themselves/amp.

<sup>&</sup>lt;sup>175</sup> Tonya Russell, Social Media Filters Are Changing How Young People See Themselves, Teen Vogue (Jan. 25, 2022), https://www.teenvogue.com/story/social-media-filters-how-young-peoplesee-themselves/amp.

<sup>&</sup>lt;sup>176</sup> Tonva Russell, Social Media Filters Are Changing How Young People See Themselves, Teen Vogue (Jan. 25, 2022), https://www.teenvogue.com/story/social-media-filters-how-young-peoplesee-themselves/amp.

<sup>&</sup>lt;sup>177</sup> Ana Javornik, Ben Marder, Marta Pizzetti, & Luk Warlop, Research: How AR Filters Impact People's Self-Image, Harvard Business Review (December 22, 2021), https://hbr.org/2021/12/research-how-ar-filters-impact-peoples-self-image.

<sup>&</sup>lt;sup>178</sup> Ana Javornik, Ben Marder, Marta Pizzetti, & Luk Warlop, Research: How AR Filters Impact People's Self-Image, Harvard Business Review (December 22, 2021), https://hbr.org/2021/12/research-how-ar-filters-impact-peoples-self-image.

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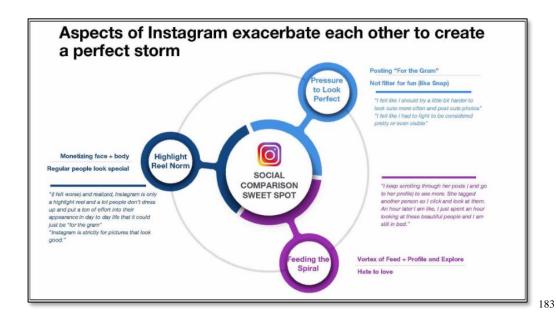
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image-and-social-comparison-on-instagram.pdf.

<sup>&</sup>lt;sup>179</sup> Genesis Rivas, The Mental Health Impacts of Beauty Filters on Social Media Shouldn't Be Ignored – Here's Why, InStyle (Sept. 14, 2022), https://www.instyle.com/beauty/social-media-<sup>180</sup> See Sian McLean, Susan Paxton, Eleanor Wertheim, & Jennifer Masters, *Photoshopping the* Selfie: Self Photo Editing and Photo Investment Are Associated with Body Dissatisfaction in Adolescent Girls, 48 Int'l J. of Eating Disorders 1132, 1133 (Aug. 27, 2015), https://pubmed.ncbi.nlm.nih.gov/26311205/ (presenting a 2015 study involving 101 adolescent girls, which found that more time spent editing and sharing selfies on social media raised their risk of experiencing body dissatisfaction and disordered eating habits.); Scott Griffiths, Stuart Murray, Isabel Krug, & Sian McLean, The Contribution of Social Media to Body Dissatisfaction, Eating Disorder Symptoms, and Anabolic Steroid Use Among Sexual Minority Men, 21 Cyberpsychology Behavior, and Soc. Networking 149, 149 (Mar. 1, 2018), https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5865626/. <sup>181</sup> Teen Girls Body Image and Social Comparison on Instagram – An Exploratory Study in the U.S., Wall. St. J. (Sept. 29, 2021), https://s.wsj.net/public/resources/documents/teen-girls-body-



213. Meta understands that the social comparison it knowingly enables through appearance filters create compulsive behavior among child users, especially when paired with other defects such as likes and algorithmic recommendations.

214. Despite its awareness that the deliberate design of Instagram was drastically damaging teen mental and physical health, Meta ignored the problem, failing to implement its own researchers' recommendations.

## d. Meta has failed to implement effective age-verification measures to keep children off of Facebook and Instagram.

- 215. Meta purports to ban children under the age of 13 from using its products but, at all relevant times, has lacked any reliable form of age verification to prevent such use.
- 216. Other online products employ substantially more effective and reliable age verification schemes before granting children access. These include but are not limited to connecting new users to parents' accounts, credit card verification, verification by presentation of identification card (or other government-issued document), or linking a verified undergraduate or professional email, among other methods. Meta chooses not to implement any of these systems, even though they are technologically feasible, used by many companies across the Internet, and could be employed at relatively low cost. Indeed, Meta itself uses an age verification technique for

<sup>&</sup>lt;sup>183</sup> *Id*.

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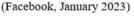
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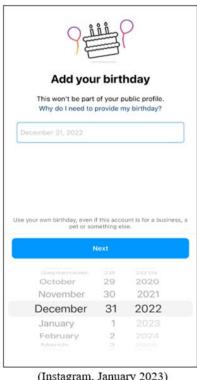
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its Facebook Dating product that it claims can verify ages without identifying users—but does not use the same technology at account startup for Facebook or Instagram. <sup>184</sup>

- 217. For most of its history, Meta knew that children under the age of 13 were using its apps. And it certainly could have figured this out based on posted photos of elementary school age users. Yet Meta continued to promote and target Facebook and Instagram to children. As long as a new user simply clicked a box confirming that they were at least 13 years old, Meta asked no questions, engaged in zero follow-up, and let the user access the products indefinitely.
- 218. This minimal age verification procedure is toothless. Meta does not as a default matter require users to verify their ages upon signing up to use Instagram or Facebook. Users are only asked to self-report their birthday:







(Instagram, January 2023)

219. If the user reports a birthday indicating they are less than 13 years old, they are informed that they cannot create an account. However, after acknowledging this message, users can immediately reattempt to create an account and input an eligible birthday. When a user enters an eligible birthday, there are no restrictions to creating an account, other than having it linked to a

<sup>&</sup>lt;sup>184</sup> Erica Finkle, Meta Director of Data Governance, Bringing Age Verification to Facebook Dating, Meta (Dec. 5, 2022), https://about.fb.com/news/2022/12/facebook-dating-ageverification/.

cell phone number or an email address. In other words, Meta routinely allows pre-teens to misrepresent their age as 13 or 40 or any other age—without so much as asking for proof. This is analogous to selling a teenager alcohol who has admitted to being under 21 but then promptly changed his story.

220. The upshot is that, in a matter of seconds, and without age verification, identity verification, or parental consent, children of all ages can create a Facebook or Instagram account, and immediately become subject to the products' various addictive and harmful features. 185

221. There can be no serious debate about whether Meta has more effective age verification tools at its disposal. Perversely, Meta does employ age verification on Instagram—but only when a user self-reports they are younger than 13. In that case, Meta provides a user with what amounts to an appeal right: "if you believe we made a mistake, please verify your age by submitting a valid photo ID that clearly shows your face and date of birth."

<sup>&</sup>lt;sup>185</sup> Similarly, the absence of effective age verification measures means that adult users can claim to be children—with obvious dangers to the actual children on Meta's products.

4:07	11 5G
Help Us Verify Your Age	
You must be at least 13 years old to have an Instagram account. We disabled your account because you are not old enough yet. If you believe we made a mistake, please verify your age by submitting a valid photo ID that clearly shows your face and date of birth.	
Full name	
Email address Please provide the email address co	nnected to your account.
Instagram username	
Date of birth	
Your ID  Choose File no file selected	
Please provide a photo of a valid ID Your photo ID must include your fac verify your age. After you send us a encrypted and stored securely. Your profile, to friends or to other people deleted 30 days after submission.	ee and date of birth so we can copy of your ID, it'll be r ID won't be visible on your
Any additional info	
Send	
ABOUT US HELP API JOBS T	TERMS PRIVACY
■ help.instagram.com	

- 222. That is, instead of asking users to prove they are really *over* 13, Meta asks them if they are really sure they are *under* 13. At best, this reflects a completely upside-down view of Meta's duty of care, using age verification to screen *in* minor users but not to screen them *out*. At worst, Meta's "are you sure you're really under 13" question invites pre-teens to falsify their identification to gain access to Instagram.
- 223. Similarly, Meta imposes unnecessary barriers to the removal of accounts created by children under 13. Since at least April 2018, Instagram and Facebook both accept reports of accounts created by children under 13. However, before an Instagram or Facebook account is

https://help.instagram.com/contact/723586364339719?fbclid=IwAR3E5rZo8zvp9Uw3giRoQRM

<sup>186</sup> Report an Underage User on Instagram, Instagram,

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227. But Meta *does* know that its age-verification protocols are inadequate to keep minors off Facebook and Instagram. According to a May 2011 ABC News report, "about 7.5 million [Facebook] users in the U.S. are under the age of 13, and about 5 million are under the age of 10." Meta knows through retrospective cohort analyses that "up to 10 to 15% of even 10-year-olds in a given cohort may be on Facebook or Instagram." 192

### e. <u>Facebook's and Instagram's parental controls are defective.</u>

- 228. Facebook and Instagram lack adequate parental controls, which hinders parents' ability to monitor and protect their children from harm.
- 229. Despite its obligations under COPPA, Meta does not require "verifiable parental consent" for minors to use Facebook or Instagram. Meta has chosen to avoid its obligations by *purporting* to ban children younger than 13, despite knowing that such children continue to access and use its products due to its inadequate age verification methods.
- 230. While COPPA requires parental consent only for users under the age of 13, a reasonable company that knows or should have known its products are harmful to adolescents would require parental consent for *any* minor to use them. But Meta's lack of parental consent requirement for any underage users robs parents of an important way to protect their children from the harms caused by Instagram and Facebook.
- 231. Those apps largely lack parental controls, despite their ready availability, affordability, and ease of implementation. For example, Meta has chosen not to: (a) require children's accounts on Facebook and Instagram to be linked to their parents', as it does with another one of its products, Messenger Kids;<sup>193</sup> (b) send reports of a child's activity to parents; (c) allow parents to implement maximum daily usage limitations or to prohibit use during certain hours

<sup>&</sup>lt;sup>191</sup> Ki Mae Heussner, *Underage Facebook Members: 7.5 Million Users Under Age 13*, ABC (May 9, 2011), <a href="https://abcnews.go.com/Technology/underage-facebook-members-75-million-users-age-13/story?id=13565619">https://abcnews.go.com/Technology/underage-facebook-members-75-million-users-age-13/story?id=13565619</a>.

<sup>&</sup>lt;sup>192</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021), available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower</a>.

<sup>&</sup>lt;sup>193</sup> Loren Chang, *Introducing Messenger Kids, a New App for Families to Connect*, Meta (Dec. 4, 2017), <a href="https://about.fb.com/news/2017/12/introducing-messenger-kids-a-new-app-for-families-to-connect/">https://about.fb.com/news/2017/12/introducing-messenger-kids-a-new-app-for-families-to-connect/</a>.

(school, sleep hours, etc.); (d) notify parents about interactions with accounts associated with adults; (e) notify parents when CSAM is found on a minor's account; or (f) require parental approval before a minor can follow new accounts.

- 232. Controls like these would enable parents to track the frequency, time of day, and duration of their child's use, identify and address problems arising from such use, and better exercise their rights and responsibilities as parents. It is reasonable for parents to expect that social media companies that actively promote their products to minors will undertake reasonable efforts to notify parents when their child's use becomes excessive, occurs during sleep time, or exposes the child to harmful content. Meta could feasibly design Instagram and Facebook to do so at negligible cost.
- 233. Meta creates a foreseeable risk to young users through its defective products and then attempts to shift the burden of protection from those products onto parents. As troublingly, Meta intentionally designs Facebook and Instagram so that children can easily evade their parents' supervision. Instagram and Facebook allow children to create a limitless number of anonymous accounts without parental approval or knowledge, and also allows kids to block their parent's profile. <sup>194</sup> On Instagram, children can post stories to "Close Friends Only" (i.e., to a select group of followers), excluding their parents. On Facebook, children can place their parents on a "restricted list" of people who are unable to view their stories.
- 234. Finally, Meta has failed to develop effective reporting tools to deal with abuse directed at children through Instagram and Facebook. Meta does not have a phone number that a parent or child can call to report such abuse in real time. Its online reporting mechanisms lack an immediate response mechanism, regardless of the seriousness of the harm at issue. Some users have found that Meta declined to respond to reports filed through its online reporting tool, citing technical issues.

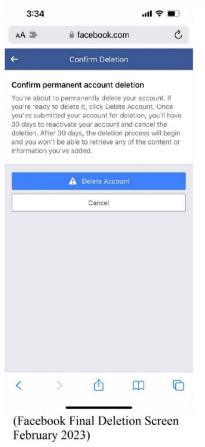
<sup>&</sup>lt;sup>194</sup> See Caity Weaver and Danya Issawi, 'Finsta,' Explained, N.Y. Times (Sept. 30, 2021), <a href="https://www.nytimes.com/2021/09/30/style/finsta-instagram-accounts-senate.html">https://www.nytimes.com/2021/09/30/style/finsta-instagram-accounts-senate.html</a> ("It is neither an official designation nor a type of account offered by Facebook. Rather, it is a term many users ascribe to secondary accounts they create for themselves on Instagram, where their identities — and, often, the content of their posts — are obscured to all but a small, carefully chosen group of followers.").

### f. <u>Facebook's and Instagram's defective features include impediments to discontinuing use.</u>

235. Meta has intentionally and defectively designed its products so that adolescent users face significant navigational obstacles and hurdles when trying to delete or deactivate their accounts, in contrast to the ease with which users can create those accounts.

236. Currently, to delete or deactivate an Instagram or Facebook account, a user must locate and tap on approximately seven different buttons (through seven different pages and popups) from the main feed. Some young users give up on their attempts to quit because it's too difficult to navigate through the interface to completion.

237. Even if a user successfully navigates these seven pages, Meta still won't immediately delete their account. Instead, Meta preserves the account for 30 more days. If at any time during those 30 days a user's addictive craving becomes overwhelming and they access the account again, the deletion process starts over. The user must go through all the above steps again, including the 30-day waiting period, if they again wish to delete their account.





Instagram Final Deletion Screen, January <u>2023)(</u>account name redacted)

238. As an additional barrier to deletion, Meta urges users of both products to deactivate, rather than delete, their accounts. For example, Instagram users who choose to delete their accounts are immediately shown a screen with their profile picture and asked: "Deactivate your account instead of deleting?" The option to deactivate is conspicuously highlighted. Similarly, Facebook displays a screen that automatically selects the option of deactivating rather than deleting a user account.

239. Meta's aggressive efforts to prevent users from discontinuing their use of Facebook and Instagram is particularly problematic because unsuccessful efforts to discontinue use are a hallmark of addiction, incorporated as the sixth criteria in the *Bergen Social Media Addiction Scale*, discussed above.

## 4. <u>Meta has concealed from users, the public, and Congress the harmful effects that Instagram's and Facebook's design have on children.</u>

240. Meta has engaged in a years-long pattern of concealing critical information about the safety of Instagram and Facebook from the public. While Meta touted the safety of its products, it failed to disclose information it knew concerning the significant risks associated with its products, even though it knew that the public lacked access to this information.

241. Meta's pattern of intentional concealment came to a head in August 2021, just weeks before Frances Haugen dropped her bombshell revelations on the public. On August 4, 2021, Senators Marsha Blackburn and Richard Blumenthal wrote to Mark Zuckerberg. The Senators' letter observed that "[a]n expanding volume of scientific research shows that social media platforms can have a profoundly harmful impact on young audiences" and noted "grave concerns about [Meta's] apparent effort to ensnare children into social media platforms at earlier and earlier ages." The letter concluded by asking Zuckerberg six "pretty straightforward questions about how the company works and safeguards children and teens on Instagram." 196

<sup>&</sup>lt;sup>195</sup> Letter from Richard Blumenthal, U.S. Senator, to Mark Zuckerberg, Chief Executive Officer of Facebook (Aug. 4, 2021), *available at* https://www.blumenthal.senate.gov/imo/media/doc/8.4.21%20-%20Facebook%20-

<sup>%20</sup>Mental%20Health%20and%20Kids%20Letter.pdf.

<sup>&</sup>lt;sup>196</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021), available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20fro">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20fro</a>

we don't, with a lot of the research we do because we think that is an important way of encouraging free and frank discussion within the company about hard issues." <sup>198</sup>

- 245. Meta unilaterally decided to prioritize "free and frank" internal discussion over honest and transparent responses to direct questions from sitting United States Senators. When it "dodged, ducked, sidetracked, [and] in effect misled" Senators Blumenthal and Blackburn, Meta deceived the public via its elected representatives. 199
- 246. Moreover, Satterfield's "free and frank discussion" excuse has been contradicted publicly by Meta employees.
- 247. In her testimony before the Senate, Frances Haugen cited evidence that Meta "is so scared of even basic transparency that it goes out of its way to block researchers who are asking awkward questions." Ms. Haugen further testified that Meta's culture emphasizes insularity and promotes the idea that "if information is shared with the public, it will just be misunderstood."
- 248. This is consistent with reports from Facebook content moderators that there is a "culture of fear and excessive secrecy" within Meta that "prevent[s] [them] from speaking out."<sup>202</sup>

<sup>&</sup>lt;sup>198</sup> Richard Blumenthal, Blumenthal Demands Facebook Appear at Next Week's Consumer Protection Subcomm. Hearing to Explain Coverup of its Platforms' Negative Impact on Teens and Children (Sept. 21, 2021), available at

 $<sup>\</sup>frac{https://www.blumenthal.senate.gov/newsroom/press/release/blumenthal-demands-facebook-appear-at-next-weeks-consumer-protection-subcommittee-hearing-to-explain-coverup-of-its-platforms-negative-impact-on-teens-and-children.}$ 

<sup>199</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower</a>; see also Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at

https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower (statement by Senator Brian Schatz to Frances Haugen that he had "a long list of misstatements, misdirections and outright lies from the company").

<sup>&</sup>lt;sup>200</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower</a>.

<sup>&</sup>lt;sup>201</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower</a>.

<sup>&</sup>lt;sup>202</sup> Zoe Schiffer, Facebook Content Moderators Call for Company to Put an End to Overly Restrictive NDAs, The Verge (Jul. 22, 2021), available at

249. Notably, Meta's pattern of concealment did not end after Frances Haugen came forward. On September 30, 2021, Antigone Davis, Facebook's Head of Safety, testified before the Senate. Ms. Davis represented that, when Instagram "do[es] ads to young people, there are only three things that an advertiser can target around: age, gender, location. We also prohibit certain ads to young people, including weight-loss ads." She further testified, "We don't allow the sexualization of minors on our platform." 204

250. Ms. Davis's statements were subsequently proven false by Senator Mike Lee. During an October 2021 hearing, Senator Lee explained that a group called the Technology Transparency Project ("TTP") alerted the U.S. Senate that it had gained Facebook's approval to target a series of harmful ads to up to 9.1 million users between the ages of 13 and 17. While TTP did not actually run the ads, approval from Meta to do so demonstrates that the company allows harmful targeted advertising toward minors. Senator Lee showed three examples of these Meta-approved ads, shown below: 206, 207

https://www.theverge.com/2021/7/22/22587757/facebook-content-moderators-ireland-end-restrictive-ndas.

<sup>&</sup>lt;sup>203</sup> Subcomm.: *Protecting Kids Online: Facebook, Instagram, and Mental Health Harms Hearing before Subcomm. On Consumer Protection Product Safety, and Data Security* (Sept. 30, 2021), *available at* <a href="https://www.commerce.senate.gov/2021/9/protecting-kids-online-facebook-instagram-and-mental-health-harms">https://www.commerce.senate.gov/2021/9/protecting-kids-online-facebook-instagram-and-mental-health-harms</a>.

<sup>&</sup>lt;sup>204</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower</a>.

<sup>&</sup>lt;sup>205</sup> See Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at

 $<sup>\</sup>frac{https://www.commerce.senate.gov/2021/10/protecting\%20kids\%20online:\%20testimony\%20from\%20a\%20facebook\%20whistleblower.}{}$ 

<sup>&</sup>lt;sup>206</sup> These screen captures were taken from a video of the October 5, 2021 Senate Hearing with witness Frances Haugen. See Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at

 $<sup>\</sup>frac{https://www.commerce.senate.gov/2021/10/protecting\%20kids\%20online:\%20testimony\%20from\%20a\%20facebook\%20whistleblower.}{}$ 

<sup>&</sup>lt;sup>207</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower</a>.





- 251. The first ad encourages children to "[t]hrow a skittles party like no other" and displays the suggestion against a background of colorful prescription pills. The second ad promotes an "Ana Tip" instructing the viewer to "visit pro-ana sites to feed your motivation and reach your goal" when feeling hungry. The third ad informs the viewer that they "look lonely" and encourages them to "[f]ind your partner now to make a love connection."
- 252. Senator Lee stated that based on the Meta Defendants' approval of these pro-drug, pro-anorexia, pro-sexualization ads targeted to children aged 13 to 17, "[o]ne could argue that it proves that Facebook is allowing and perhaps facilitating the targeting of harmful adult-themed ads to our nation's children."
- 253. In addition to the litany of misrepresentations and omissions identified above, Meta has repeatedly failed to tell the truth about the age of users on Instagram. In statements to Congress and elsewhere, Zuckerberg has represented that Meta does not allow users under the age of 13 to use the product. For example, in testimony before the U.S. House of Representatives Committee on Energy and Commerce, Zuckerberg stated: "There is clearly a large number of people under the

<sup>&</sup>lt;sup>208</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021) available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower</a>.

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254. However, as discussed further above, Meta has long known that its product is widely used by children under the age of 13. In fact, Meta knows through retrospective cohort analyses that "up to 10 to 15% of even 10 year-olds in a given cohort may be on Facebook or Instagram." <sup>210</sup>

255. Far from acknowledging the serious defects in its products and warning children and parents of the same, Meta has launched advertising campaigns designed to encourage more children



<sup>209</sup> Disinformation Nation: Social Media's Role in Promoting Extremism and Misinformation Hearing Before H. Energy and Commerce Subcomm. on Communications and Technology 59 (March 25, 2021), available at

https://www.congress.gov/117/meeting/house/111407/documents/HHRG-117-IF16-Transcript-20210325.pdf; see also Disinformation Nation: Social Media's Role in Promoting Extremism and Misinformation Hearing Before H. Energy and Commerce Subcomm. on Communications and Technology 175 (March 25, 2021), available at

https://www.congress.gov/117/meeting/house/111407/documents/HHRG-117-IF16-Transcript-20210325.pdf (Zuckerberg: "[O]ur policies on-on the main apps that we offer generally prohibit people under the age of 13 from using the services."); See also Transcript of Zuckerberg's appearance before House committee, Washington Post (April 11, 2018),

https://www.washingtonpost.com/news/the-switch/wp/2018/04/11/transcript-of-zuckerbergs-appearance-before-house-committee/?utm\_term=.e7b476fb8ac7&noredirect=on (When asked if it is correct that children can get a Facebook account starting at age 13, Zuckerberg confirmed that it was correct); see also NewSchools Venture Fund, NewSchools Summit 2011: John Doerr and Mark Zuckerberg on innovation and education (May 24, 2011),

https://www.youtube.com/watch?v=n03zAOadyMA (Zuckerberg: "[A]nd so basically, we don't allow people under the age of 13 on Facebook . . . today we don't allow people under the age of 13 to sign up").

<sup>210</sup> Protecting Kids Online: Testimony from a Facebook Whistleblower Hearing before Subcomm. On Consumer Protection, Product Safety, and Data Security (Oct. 5, 2021), available at <a href="https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower">https://www.commerce.senate.gov/2021/10/protecting%20kids%20online:%20testimony%20from%20a%20facebook%20whistleblower</a>.

to use its products—by touting the purported safety of those products. For example, in a recent television ad, Meta claimed that it "build[s] technology that gives you more control and helps keep you safe" including through its "industry leading AI" and other "tools that can protect—so you can connect." This advertisement featured children, as in the screenshot below.

Other advertising campaigns have similarly touted Meta's AI as being a feature that contributes to its products' safety—without disclosing the serious defects identified in this Complaint.

256. In another example of advertising that promotes use by children, a Meta 2021 online advertisement actively highlighted the content available for fifth grade children on its Facebook product, highlighting the experience of an art teacher who used Facebook to communicate with students during the pandemic—an experience the video noted was "a lot to unpack for little, tiny people."

# 5. Meta failed to adequately warn about the dangers and harms caused by Instagram and Facebook, or provide instructions regarding safe use.

257. Meta has failed to adequately warn adolescent users and parents about the physical and mental health risks posed by Instagram and Facebook. These risks include a plethora of mental health disorders like compulsive use, addiction, eating disorders, anxiety, depression, insomnia, exacerbated executive dysfunction, sexual exploitation from adult users, suicidal ideation, self-harm, and death.

258. Meta targets adolescent users via advertising and marketing materials distributed throughout digital and traditional media that fail to provide sufficient warnings to potential adolescent consumers of the physical and mental risks associated with using Facebook and Instagram.

259. Meta also fails to adequately warn adolescent users during the product registration process. At account setup, neither Instagram nor Facebook contain warning labels, banners, or conspicuous messaging to adequately inform adolescent users of the known product risks and potential physical and mental harms associated with usage. Instead, Meta allows adolescent users, including those under the age of 13, to easily create an account (or multiple accounts) and fully access these products.

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- 260. Meta's failure to warn adolescent users continues even as adolescents exhibit problematic signs of addiction to and compulsive use of Facebook or Instagram. For example, Meta does not warn users when their screen time reaches harmful levels or when adolescents are accessing the product habitually.
- Despite proactively providing adolescent users with countless filtering and editing 261. tools, Meta also does not appropriately warn adolescent users regarding which images have been altered or the mental health harms associated with the heavily filtered images that Meta presents and recommends.
- Not only does Meta fail to adequately warn users regarding the risks associated with 262. Instagram and Facebook, it also does not provide sufficient instructions on how adolescents can safely use the products.
- 263. Meta's failure to adequately warn and instruct as set forth herein has proximately caused significant harm to the mental and physical well-being of young users.

#### D. SNAP MARKETS AND DESIGNS SNAPCHAT TO ADDICT YOUNG USERS, SUBSTANTIALLY CONTRIBUTING TO THE MENTAL **HEALTH CRISIS**

Snap Inc. calls itself "a camera company." 211 Its "flagship product, Snapchat, is a 264. camera application that was created to help people communicate through short videos and images. [Snap] calls each of those short videos or images a Snap."<sup>212</sup> Snap's design of its Snapchat product capitalizes on children's increasing attachment to quick, instantaneous exchanges. As Snap's founder and CEO Evan Spiegel has explained, "today... pictures are being used for talking. So when you see your children taking a zillion photos of things that you would never take a picture of,

<sup>&</sup>lt;sup>211</sup> Snap Inc. Form S-1 Registration Statement (hereafter "Form S-1") at 1 (Feb. 2, 2017), https://www.sec.gov/Archives/edgar/data/1564408/000119312517029199/d270216ds1.htm; See also, Snap - Who We Are, Snap Inc.; ("We believe that reinventing the camera represents our greatest opportunity to improve the way people live and

communicate.").https://careers.snap.com/en-US ("We believe that reinventing the camera represents our greatest opportunity to improve the way people live and communicate.").

<sup>&</sup>lt;sup>212</sup> Snap Inc. Form S-1 Registration Statement (hereafter "Form S-1") at 1 (Feb. 2, 2017), https://www.sec.gov/Archives/edgar/data/1564408/000119312517029199/d270216ds1.htm.

hearing.

it's cos [sic] they're using photographs to talk. And that's why people are taking and sending so many pictures on Snapchat every day."<sup>213</sup>

265. Spiegel's statement is telling, as Snap has tailored every aspect of its Snapchat product to children rather than adults. Snap designed and implemented dangerous features in Snapchat that exploit children's need for social acceptance and rewards by pushing its users to maximize their use of and engagement with the app. Snap built Snapchat using manipulative techniques to compel young users to send an ever-increasing number of photographs and videos, and to reward users who maximize their engagement with elevated status. Snap also dangerously encourages adolescents to increase engagement on the app indiscriminately, pushing tools to share sensitive material with an ever-expanding group of friends and strangers.

266. Snapchat's design features cause its young users to suffer increased anxiety, depression, disordered eating, sleep deprivation, suicide, and other severe mental and physical injuries. Snap knows or should have known this. Snap intentionally designed Snapchat to prey on the neuropsychology and behavioral patterns of children to maximize their engagement and increase Snap's advertising revenue. Despite this knowledge, Snap continues to update its product and add features intentionally designed to entice, exploit, and addict kids, including Snap Streaks, trophies, social signifiers and reward systems, quickly disappearing messages, filters, lenses, and games.

267. Snap knew, or should have known, that its conduct has negatively affected youth. Snap's conduct has been the subject of inquiries by the United States Senate regarding Snapchat's use "to promote bullying, worsen eating disorders, and help teenagers buy dangerous drugs or engage in reckless behavior." Further, Senators from across the ideological spectrum have

<sup>&</sup>lt;sup>213</sup> Stuart Dredge, *What is Snapchat? CEO Evan Spiegel explains it all for parents*, The Guardian, June 15, 2015, <a href="https://www.theguardian.com/technology/2015/jun/17/what-is-snapchat-evan-spiegel-parents">https://www.theguardian.com/technology/2015/jun/17/what-is-snapchat-evan-spiegel-parents</a>.

<sup>&</sup>lt;sup>214</sup> Bobby Allyn, *4 Takeaways from the Senate child safety hearing with YouTube, Snapchat and TikTok*, National Public Radio (Oct. 26, 2021), https://www.npr.org/2021/10/26/1049267501/snapchat-tiktok-youtube-congress-child-safety-

268. Despite these calls for oversight from Congress, Snap has failed to curtail its use of features such as streaks, badges, and other awards that reward users' level of engagement with Snapchat. As described in detail below, Snapchat is a product that causes harm to children, the target audience for whom Snap designed and to whom it promoted its product.

### 1. <u>Background and overview of Snapchat.</u>

269. Snapchat was created by three college students in 2011 and first released for iPhones in September 2011. Snapchat quickly evolved from its origin as a disappearing-message chat application after Snap's leadership made design changes and rapidly developed new product features. As a result of its design and implementation of dangerous and addictive features specifically targeting youths (described below), Snapchat quickly became widely used among children.

270. Snap marketed Snapchat as "temporary social media" that would allow users to show a more authentic, unpolished, and spontaneous side of themselves. <sup>216</sup> Snapchat's central and defining feature, the "Snap," allows users to send and receive ephemeral, or "disappearing," audiovisual messages. That feature foreseeably and quickly drove users to exchange sexually explicit "Snaps," sometimes called "sexts" even though they are photos. Because of its brand identity among millennials as the original ephemeral-messaging app, Snapchat almost immediately became known as the "sexting" app—a fact that Snap was or should have been on notice of from public sources. <sup>217</sup>

<sup>&</sup>lt;sup>215</sup> See Abigal Clukey, Lawmaker Aims To Curb Social Media Addiction With New Bill, National Public Radio (Aug. 3, 2019), <a href="https://www.npr.org/2019/08/03/747086462/lawmaker-aims-to-curb-social-media-addiction-with-new-bill">https://www.npr.org/2019/08/03/747086462/lawmaker-aims-to-curb-social-media-addiction-with-new-bill</a>; Social Media Addiction Reduction Technology Act, S. 2314, 116th Cong. (2019); Kids Internet Design and Safety Act, S. 2918, 117th Cong. (2021). <sup>216</sup> Jenna Wortham, *A Growing App Lets You See It, Then You Don't*, New York Times (Feb. 9, 2013), <a href="https://www.nytimes.com/2013/02/09/technology/snapchat-a-growing-app-lets-you-see-it-then-you-dont.html">https://www.nytimes.com/2013/02/09/technology/snapchat-a-growing-app-lets-you-see-it-then-you-dont.html</a>? r=0.

<sup>&</sup>lt;sup>217</sup> Megan Dickey, *Let's Be Real: Snapchat Is Totally Used For Sexting*, Bus. Insider (Nov. 30, 2012), <a href="https://www.businessinsider.com/snapchat-growth-sexting-2012-11">https://www.businessinsider.com/snapchat-growth-sexting-2012-11</a>; Billy Gallagher, *No, Snapchat Isn't About Sexting, Says Co-Founder Evan Spiegel*, TechCrunch (May 12, 2012), <a href="https://techcrunch.com/2012/05/12/snapchat-not-sexting/b">https://techcrunch.com/2012/05/12/snapchat-not-sexting/b</a> (describing an interview in which a journalist asked the CEO of Snap about the product's potential use for sexting).

https://s25.q4cdn.com/442043304/files/transcript/snap-inc.-q4-2022-transcript.pdf.

<sup>223</sup> Snap Inc. Q4 2022 Investors Meeting Transcript at p. 7 (Jan. 31, 2023),

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275. Today, Snapchat is one of the world's most widely used apps. By its own estimates, Snapchat has 363 million daily users, including 100 million daily users in North America. <sup>226</sup> Snapchat also "reaches 90% of the 13-24 year old population" in over twenty countries, and reaches nearly half of all smartphone users in the United States. <sup>227</sup>

276. Snapchat's explosive growth is driven by its key user demographic, 13-17 year olds. In 2022, 59% of US teens used Snapchat and 15% said they used it "almost constantly." 228

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<sup>224</sup> Snap Inc. Form S-1 Registration Statement (*hereafter* "Form S-1") at 91 (Feb. 2, 2017), https://www.sec.gov/Archives/edgar/data/1564408/000119312517029199/d270216ds1.htm.

<sup>&</sup>lt;sup>225</sup> Snap Inc. Form S-1 Registration Statement (*hereafter* "Form S-1") at 91 (Feb. 2, 2017), https://www.sec.gov/Archives/edgar/data/1564408/000119312517029199/d270216ds1.htm.

<sup>&</sup>lt;sup>226</sup> October 2022 Investor Presentation at 5, Snap Inc. (Oct. 20, 2022),

https://investor.snap.com/events-and-presentations/presentations/default.aspx.

<sup>&</sup>lt;sup>227</sup> October 2022 Investor Presentation at 6-7, Snap Inc. (Oct. 20, 2022), https://investor.snap.com/events-and-presentations/presentations/default.aspx.

Pew Research Center, Teens, Social Media and Technology 2022 (Aug. 10, 2022), <a href="https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/">https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/</a>.

277. In 2014, Snap began running advertisements on Snapchat.<sup>229</sup> Snapchat's entire business model revolves around its advertising revenue. According to internal company records, advertisements were pervasive on Snapchat by 2015 and, by 2018, 99% of Snap's total revenue came from advertising. Advertising has accounted for 99% of Snap's revenue each year since 2018.<sup>230</sup> In 2022, Snap's revenue was approximately \$4.6 billion.<sup>231</sup>

278. Snap attracts advertisers by providing them access to the huge universe of Snapchat users and by collecting immense amounts of data on its users, including its pre-teen and teenage users, which it uses to target advertising to those users. Snap makes no secret of this practice, recently acknowledging that it relies "heavily on our ability to collect and disclose data, and metrics to our advertisers so we can attract new advertisers and retain existing advertisers. Any restriction or inability, whether by law, regulation, policy, or other reason, to collect and disclose data and metrics which our advertisers find useful would impede our ability to attract and retain advertisers."<sup>232</sup>

279. Snap's growth in advertising revenues was driven by changes Snap made to Snapchat that incentivized compulsive and addictive use at the expense of its users' health.

280. Snap understands that its user experience must be immersive and all-encompassing in order to maximize its advertising revenue. Indeed, Snap recently admitted to its investors that its revenue could be harmed by, among other things, "a decrease in the amount of time spent on Snapchat, a decrease in the amount of content that our users share, or decreases in usage of our Camera, Visual Messaging, Map, Stories, and Spotlight platforms."<sup>233</sup>

<sup>&</sup>lt;sup>229</sup> Angela Moscaritolo, *Snapchat Adds 'Geofilters' in LA, New York*, PC Mag. (July 15, 2014), https://www.pcmag.com/news/snapchat-adds-geofilters-in-la-new-york.

<sup>&</sup>lt;sup>230</sup> Snap Inc. Form 10-K at 18 (Dec. 31, 2022), <a href="https://d18rn0p25nwr6d.cloudfront.net/CIK-0001564408/c22ae9bd-7418-456e-82d4-48129de1df54.pdf">https://d18rn0p25nwr6d.cloudfront.net/CIK-0001564408/c22ae9bd-7418-456e-82d4-48129de1df54.pdf</a>.

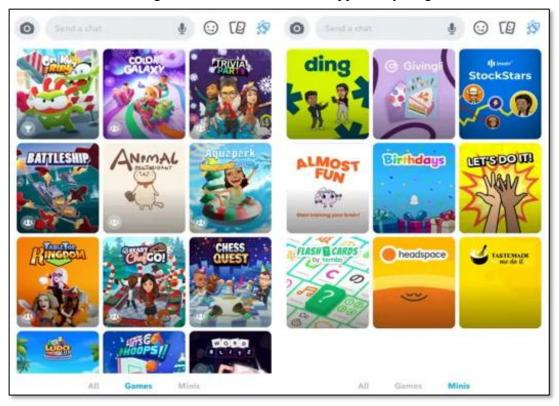
<sup>&</sup>lt;sup>231</sup> Snap Inc. Form 10-K at 18 (Dec. 31, 2022), <a href="https://d18rn0p25nwr6d.cloudfront.net/CIK-0001564408/c22ae9bd-7418-456e-82d4-48129de1df54.pdf">https://d18rn0p25nwr6d.cloudfront.net/CIK-0001564408/c22ae9bd-7418-456e-82d4-48129de1df54.pdf</a>.

<sup>&</sup>lt;sup>232</sup> Snap Inc. Form 10-K at 18 (Dec. 31, 2022), <a href="https://d18rn0p25nwr6d.cloudfront.net/CIK-0001564408/c22ae9bd-7418-456e-82d4-48129de1df54.pdf">https://d18rn0p25nwr6d.cloudfront.net/CIK-0001564408/c22ae9bd-7418-456e-82d4-48129de1df54.pdf</a>.

<sup>&</sup>lt;sup>233</sup> Snap Inc. Form 10-K at 19 (Dec. 31, 2022), <a href="https://d18rn0p25nwr6d.cloudfront.net/CIK-0001564408/c22ae9bd-7418-456e-82d4-48129de1df54.pdf">https://d18rn0p25nwr6d.cloudfront.net/CIK-0001564408/c22ae9bd-7418-456e-82d4-48129de1df54.pdf</a>.

#### b. <u>Snap promotes Snapchat to children.</u>

- 281. Snap specifically promotes Snapchat to children because they are a key demographic for Snap's advertising business.
- 282. In its first post on its website, Snapchat observed that "[t]o get a better sense of how people were using Snapchat and what we could do to make it better, we reached out to some of our users. We were thrilled to hear that most of them were high school students who were using Snapchat as a new way to pass notes in class—behind-the-back photos of teachers and funny faces were sent back and forth throughout the day."<sup>234</sup>
- 283. As shown in this capture of a Snapchat feature page created by Snap, Snap uses bright colors, cartoonish designs, and other features that appeal to younger audiences.



284. Similarly, in an October 2019 interview, Snap's CEO explained that "we've seen a lot of engagement with our 13-34 demographic, which for us is strategically a critical demographic, not only because that's a demographic that enjoys using new products but also because I think they

<sup>&</sup>lt;sup>234</sup> Team Snapchat, *Let's Chat*, Snapchat Blog at http://blog.snapchat.com (May 9, 2012), https://web.archive.org/web/20120518003029/http://blog.snapchat.com:80/.

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represent, really, the future . . . So that's obviously been a group that's been really fun to build for, and really it started because those are our friends."<sup>235</sup>

Snap touts to advertisers its ability to use Snapchat to reach children. In a December 2022 statement to advertisers, Snap claimed that "Snapchat delivers on the emotions that Gen Z seeks and it does so consistently across the platform in areas like Discover, Stories and the Camera."<sup>236</sup> To prove that, Snapchat "used a neuroscience measurement called Immersion to measure reactions to different brand messaging—specifically brand purpose messaging vs. nonbrand purpose messaging. Immersion captures attention and emotional resonance through variations in heart rate rhythm collected by smartwatches."237 Per Snapchat, "[a]ny brand or marketer can get on any app and start targeting Gen Z [emphasis added]. After all, Gen Z is digitally native. But to effectively connect and engage with this generation, that takes a different, more intentional type of platform- Snapchat."238

286. Advertisers have responded, pouring into Snapchat money clearly intended for advertising aimed at children. Brands like candy manufacturer Sour Patch Kids, children's toy store ToysRUs, and sugary beverage seller Kool-Aid have all run successful advertising campaigns through Snapchat, frequently using augmented reality tools developed in collaboration with Snapchat.

<sup>&</sup>lt;sup>235</sup> Evan Spiegel, Co-Founder and CEO of Snap, Inc., Goldman Sachs, at 4:43-6:23. (Oct. 2, 2019), https://www.youtube.com/watch?v=PQiKv-GCQ-w.

<sup>&</sup>lt;sup>236</sup> Snap for Business, What Does Gen Z Want From Brands? Dec. 15, 2022), https://forbusiness.snapchat.com/en-US/blog/what-does-gen-z-want.

<sup>&</sup>lt;sup>237</sup> Snap for Business, What Does Gen Z Want From Brands? Dec. 15, 2022), https://forbusiness.snapchat.com/en-US/blog/what-does-gen-z-want

<sup>&</sup>lt;sup>238</sup> Snap for Business, What Does Gen Z Want From Brands? Dec. 15, 2022), https://forbusiness.snapchat.com/en-US/blog/what-does-gen-z-want.

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existence, Snap did not even purport to limit user access to those 13 or old Snapchat's age verification systems are defective. For the required to input a date of birth when creating an account. 240

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In 2013, Snap belatedly introduced age limits (which, as exp not effectively enforce). At the same time, Snap launched a new feature call at and designed to attract younger children users, while hedging against the p photos, draw on them, save them locally on their devices, send them to other other apps. <sup>241</sup> Although this version prevented children from sharing "Snap to the new age limits. The Snapkidz feature allowed children under the age 288.

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nonetheless exposed children to Snapchat's features, which normalized and

with a false date of birth on Snapchat and using the product outside the SnapKidz's limited features.<sup>242</sup>

The SnapKidz feature was discontinued in or around 2016. Snap now purports to 289. prohibit users under the age of 13. But nothing prohibits the minor user from simply altering their birthdate during the same session where they were just denied an account for being an underage user. Snap could have implemented robust, effective age verification protocols. Instead, it has set up its business and product so that nothing is done to verify the age of its users or to enforce its age limitations. Snap could, but intentionally does not, verify the phone number, email address, or birthdate used to create accounts, and it allows users to create multiple accounts using the same email address or phone number.

Snap's executives have admitted that Snapchat's age verification "is effectively 290. useless in stopping underage users from signing up to the Snapchat app."243 Not surprisingly. underage use is widespread. As of 2021, 13% of children ages 8-12 use Snapchat.<sup>244</sup>

Once Snapchat is installed on a user's mobile phone, the product continues to 291. download and install updates, design changes, and new features from Snapchat directly to its users.

292. Similarly, the absence of effective age-verification measures means that users who are older can claim to be children—which is an obvious danger to the actual children on Snap's product.

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<sup>&</sup>lt;sup>242</sup> See Larry Magid, Snapchat Creates SnapKidz – A Sandbox for Kids Under 13, Forbes (June 23 23, 2013), https://www.forbes.com/sites/larrymagid/2013/06/23/snapchat-creates-snapkidz-asandbox-for-kids-under-13/?sh=7c682a555e5a; Anthony Cuthbertson, Snapchat admits its age 24 verification system does not work, Independent (Mar. 19, 2019),

https://www.independent.co.uk/tech/snapchat-age-verification-not-work-underage-ageida8829751.html.

<sup>&</sup>lt;sup>243</sup> Isobel Asher Hamilton, Snapchat admits its age verification safeguards are effectively useless, Bus. Insider (Mar. 19, 2019), https://www.businessinsider.com/snapchat-says-its-age-verificationsafeguards-are-effectively-useless-2019-3.

<sup>&</sup>lt;sup>244</sup> Victoria Rideout et al., Common Sense Census: Media use by tweens and teens, 2021 at 5, Common Sense Media, https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web 0.pdf.

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### <sup>245</sup> Nir Eyal, The Secret Psychology of Snapchat, Nir & Far (Apr. 14, 2015), https://www.nirandfar.com/psychology-of-snapchat/.

#### 3. Snapchat is designed to addict children through psychological manipulation.

293. Once Snap entices children to use its product, it uses a series of product features that are designed to addict children. As laid out below, those features can be broadly grouped into two categories that exploit techniques discussed earlier in this Complaint. The first are social metrics and other similar psychological manipulation techniques. The second are features designed to encourage endless passive consumption of content on the Snapchat product. These features, in tandem with each other and the other harmful features described throughout this section and Complaint, induce addiction, compulsive use, and other severe mental and physical harm to the child users of the Snapchat product.

#### Snap designed Snapchat to drive compulsive use through a set a. of social metrics and other manipulation techniques that induce compulsive use.

294. Snapchat includes a variety of social metrics—such as Snapscores, Snap Streaks, and Snap Awards—that reward users when they engage with Snapchat and punish them when they fail to engage with Snapchat. Internal research by Snap has found these psychological manipulation techniques are highly effective at instilling anxiety about not using Snapchat frequently enough and competitor research has confirmed these features are addictive. In tandem with Intermittent and Variable Rewards ("IVR"), like push notifications and design choices that make it difficult to stop using the Snapchat product, these induce compulsive use of the product by children.

295. These manipulation techniques are so effective in part because Snapchat's disappearing messages themselves create a compulsion to engage with the Snapchat product. Because Snaps typically disappear within ten seconds of being viewed, users feel compelled to reply immediately. Snap activates the psychological desire to reciprocate the social gesture of sending a Snap. 245 Snapchat also tells users each time they receive a Snap by pushing a notification to the recipient's device. These notifications are designed to prompt users to open Snapchat repetitively, increasing the overall time spent on the app.

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296. Snapscores were one of the earliest features of the Snapchat product. Almost as soon as Snapchat launched, Snap gave users the ability to draw and color on Snaps and add a short text caption before sending. An Android version of the app, video sharing, and user profiles with "Snapscores" soon followed.<sup>246</sup>

297. Originally called "Hiscore," Snapscore keeps a running profile score based on a user's Snapchat activity levels, such as the number of Snaps sent and received or Stories posted.<sup>247</sup> The sole purpose of Snapscore is to increase product use and drive revenue.<sup>248</sup>



298. Although Snap does not disclose precisely how Snapscores work, sending and receiving a Snap increases the score by one point. Interacting with other product features provides additional points. A user's Snapscore is visible on their profile, serves as a signifier of the user's "worth," and encourages users to further engage with Snapchat's features to increase their score. Snapscores are important to users, especially young users, because they operate as a form of social validation, similar to an Instagram "Like." Google has reported millions of searches for "How to

score is determined by a super-secret, special equation... ??").

<sup>&</sup>lt;sup>246</sup> Snap Inc. Form S-1 Registration Statement (hereafter "Form S-1") at 91 (Feb. 2, 2017), https://www.sec.gov/Archives/edgar/data/1564408/000119312517029199/d270216ds1.htm; Katie Notopoulos, *The Snapchat Feature That Will You're your Life*, BuzzFeed News (Dec. 5, 2012),  $\Box$ <sup>247</sup> Snapchat Support, What is a Snap Score?, ("Your Snapchat score is determined by a supersecret, special equation... ("Your Snapchat.com/en-US/a/my-score ("Your Snapchat

<sup>&</sup>lt;sup>248</sup> Brad Barbz, \*2020 NEW \* How To Increase Snapscore By Up To 1000 Per Minute On IOS And Android - Working 2020, YouTube (Dec. 4, 2019), https://www.youtube.com/watch?v=Mo tajuofLA.

improve Snap score." YouTube contains numerous videos with titles like "How to Increase Snapchat Score Fast."<sup>249</sup>

299. Snapscores reward users who post videos that are viewed extensively. This encourages many to use Snapchat in harmful and dangerous ways, to increase the virality of their videos and increase their Snapscore. As more users engage with and forward that video to others, its creator is awarded with an increased Snapscore. Snapchat's rewards incentivize this dangerous behavior, resulting too often in physical harm or humiliation in the obsessive pursuit of social significance.

#### (ii) Trophies, Charms, and Stickers

- 300. Snap has also designed Snapchat to include user rewards, including trophies and other social recognition signals, similar to "Likes" on other apps. These features are highly addictive and drive compulsive use.
- 301. "Trophies" are emojis awarded for achieving engagement milestones or performing certain activities, such as increasing one's Snapscore, sending creative Snaps, or posting a live story. A user's "Trophies" are displayed in a "trophy box" viewable by their friends. Snap designed this feature to encourage users to share their videos and posts with the public, promote greater use of Snapchat, and deepen young users' addiction to and compulsive use of the product.
- 302. In 2020, Snap phased out Trophies and replaced them with "Charms." Unlike Trophies, where users were rewarded for unlocking individual accomplishments like sending 1,000 selfies, Charms reward users for achieving certain milestones in their relationship with other users. Typically, the more users interact with one another, the more Charms they unlock in their relationship. Charms are private and viewable only by users' mutual contacts.
- 303. For example, if two users are at the top of each other's friends list, meaning they exchange frequent Snaps, they may unlock a "BFF (Best Friends Forever)" Charm. Conversely, the "It's Been Forever" and "It's Been a Minute" Charms may be awarded to friends who are infrequently in contact, to prompt their engagement with one another on Snapchat. Although there

<sup>&</sup>lt;sup>249</sup> FozTech, *How to Increase Snapchat Score Fast!* (100% Works in 2023), YouTube (Oct. 1, 2019), <a href="https://www.youtube.com/watch?v=m7s0hvQdTok">https://www.youtube.com/watch?v=m7s0hvQdTok</a> (How to Increase Snapchat Score Fast has 4.2 million views as of January 10, 2023).

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are a number of different Charms awarded for various reasons, all of them encourage user interaction, furthering engagement and buy-in to Snap's reward system. This in turn exacerbates social-comparison harms and undermines self-esteem.







Snap incorporates other product features that, like Charms and Trophies, serve no 304. functional purpose, but make Snapchat more appealing and lead to excessive use by children and teens. For example, Snap has developed images called "Stickers" for users to decorate the pictures or videos they post. Snap also offers app-specific emojis and animations that users can apply to their photos or videos.

305. Snap designed each of these features to function as rewards for increased engagement, exploit underage users' desire for social validation, and ultimately compel them to use Snapchat excessively. Because many of these rewards and scores are visible to others, these features tap into adolescents' deep-seated need for acceptance. By exploiting this need, Snap increases time spent engaging with its product and thereby its profits.

#### **Snap Streak** (iii)

306. The "Snap Streak" is unique to Snapchat and is an addictive feature "especially to teenagers."250 A Snap Streak is designed to measure a user's Snapchat activity with another user.

<sup>&</sup>lt;sup>250</sup> See Cathy Becker, Experts warn parents how Snapchat can hook in teens with streaks, ABC News (July 27, 2017), https://abcnews.go.com/Lifestyle/experts-warn-parents-snapchat-hookteens-streaks/story?id=48778296; Avery Hartmans, These are the sneaky ways apps like Instagram, Facebook, Tinder lure you in and get you 'addicted', Bus. Insider (Feb. 17 2018), https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-you-hooked-13; see generally Virginia Smart & Tyana Grundig, 'We're designing minds': Industry insider reveals secrets of addictive app trade, CBC (Nov. 3, 2017), https://www.cbc.ca/news/science/marketplace-phones-1.4384876; Julian

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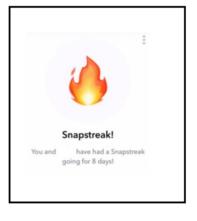
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<sup>251</sup> Lizette Chapman, *Inside the Mind of a Snapchat Streaker*, Bloomberg (Jan. 30, 2017), https://www.bloomberg.com/news/features/2017-01-30/inside-the-mind-of-a-snapchat-streaker.

https://www.vice.com/en/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction.

Two users achieve a Snap Streak when they exchange at least one Snap in three consecutive 24hour periods. When the Streak is achieved, users receive a fire emoji next to their profile avatar. Over time, users may be rewarded with additional emojis signifying their Streak. If users reach a Streak of 100 days, for example, each receives a 100 emoji.





307. Snap Streak emojis are similar to Charms in that they reward users for interaction and are viewable only by mutual friends.

It is a matter of common knowledge in the social media industry that the Snap Streak 308. product feature is designed to be addictive. Nonetheless, Snap continues to provide this feature to its adolescent users.

309. Worse still, to manufacture deeper addiction to its product, Snap sends notifications to users with an hourglass emoji when Streaks are about to expire—to create extra urgency, nudge users to keep their Streaks alive, and maintain a system where a user must "check constantly or risk missing out."251

Morgans, The Secret Ways Social Media is Built for Addiction, Vice (May 17, 2017),

310. This feature is particularly effective with teenage users since Streaks are "a vital part of using the app and their social lives as a whole." Some children become so obsessed with maintaining their Streaks that they give their friends access to their accounts when they may be away from their phone for a day or more. Aware of how important maintaining a Snap Streak is to its users, Snap has even launched a special form on its support website allowing users who lost their streak to petition to get it back.

311. Snap Streaks contribute to feelings of social pressure and anxiety when users lose or break a Streak. Researchers have found that losing a Streak can cause feelings of betrayal for some users, especially girls, who reported "negative" feelings when losing a Streak with one of their friends.<sup>255</sup>

312. Streaks are important to users. However, these design features do not enhance the communication function of the product. Instead, they exploit users' susceptibility to social pressure and to the compulsive accumulation of other rewards, including Snap Score points and Charms.

<sup>&</sup>lt;sup>252</sup> Avery Hartmans, *These are the sneaky ways apps like Instagram, Facebook, Tinder lure you in and get you 'addicted'*, Bus. Insider (Feb. 17, 2018), <a href="https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-vou-hooked-13">https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-vou-hooked-13</a>.

<sup>&</sup>lt;sup>253</sup> Caroline Knorr, *How to resist technology addiction*, CNN (Nov. 9, 2017), https://www.cnn.com/2017/11/09/health/science-of-tech-obsession-partner/index.html; Jon Brooks, *7 Specific Tactics Social Media Companies Use to Keep You Hooked*, KQED (June 9, 2017), https://www.kqed.org/futureofyou/397018/7-specific-ways-social-media-companies-have-you-hooked.

<sup>&</sup>lt;sup>254</sup> Snapchat Support, Contact Form, <a href="https://support.snapchat.com/en-US/i-need-help?start=5695496404336640">https://support.snapchat.com/en-US/i-need-help?start=5695496404336640</a>.

<sup>&</sup>lt;sup>255</sup> Hristoya et al., "Why did we lose our snapchat streak?" Social media gamification and metacommunication. Computers in Human Behavior Reports, 5, 100172 (2022).

313. In addition to Snapchat's in-app reward features, Snap also sends push notifications and emails to encourage addictive engagement and increase use. Notifications are triggered based on information Snap collects from, and about, its users. Snap "pushes" these communications to users excessively and at disruptive times of day. Snap has even designed the format of these notifications to pull users back onto its app by preying on their fear of missing out—never mind the consequences to their health and well-being.

### (v) Impediments to Discontinuing Use

- 314. Snap has intentionally and defectively designed its products so child users face significant navigational obstacles and hurdles when trying to delete or deactivate their Snapchat accounts, despite the ease with which a user can create one. For example, when a user elects to delete their account, they cannot do so on demand. The data and the account are preserved for 30 days. In addition, after initiating the deletion process, the user is presented with a black screen depicting a crying emoji and a message that reads, "Your account will be deactivated, which means friends won't be able to contact you on Snapchat. You'll also lose any Chats you've saved and Snaps and Chats you haven't opened."<sup>256</sup>
- 315. This cumbersome process prioritizes user retention and continued use over the well-being of Snapchat's users.

## b. Snap's defective features are designed to promote compulsive and excessive use.

### (i) "Stories" and the "Discover" Interface

316. In October 2013, Snap added "Stories," a feature that generates a compilation of its users' designated photos and videos that expire in 24 hours and can be viewed an unlimited number of times by friends or anyone on Snapchat if the user sets the visibility setting to Everyone.<sup>257</sup>

<sup>&</sup>lt;sup>256</sup> See Snapchat Support, How do I delete my Snapchat account?, https://support.snapchat.com/en-US/a/delete-my-account1

<sup>&</sup>lt;sup>257</sup> Darrell Etherington, *Snapchat Gets Its Own Timeline With Snapchat Stories*, 24-Hour Photo & Video Tales, TechCrunch (Oct. 3, 2013), <a href="https://techcrunch.com/2013/10/03/snapchat-gets-its-own-timeline-with-snapchat-stories-24-hour-photo-video-tales/">https://techcrunch.com/2013/10/03/snapchat-gets-its-own-timeline-with-snapchat-stories-24-hour-photo-video-tales/</a>.

317. Snap's Stories feature includes a running view count and list of viewers for each Story, both of which provide users with dopamine-triggering feedback that encourages users to make their Stories visible to everyone in order to increase the view count. The view count, view list, and ephemeral nature of Stories also reinforces the principle of reciprocity and compels users to monitor Stories, so they do not miss out.

318. In 2016, Snap updated the Stories feature to include recommendations based on an algorithm that considers "proximity, time, interestingness, or other such metrics." That same year, Snap introduced ads between Stories and updated Stories to include "Auto-Advance," a feature that starts a new Story automatically after the preceding one ends. <sup>260</sup> This creates an endless cycle of consumption that Snap knows, or should know, is detrimental to users' mental health. <sup>261</sup> Nevertheless, Snap designed and implemented this feature because it is proven to induce a flow state that increases product use, regardless of whether the use is healthy or enjoyable. Unsurprisingly, one study of over 2,000 UK residents found 68% of respondents who used Snapchat reported that "the platform prevented them from sleeping." <sup>262</sup>

319. Since then, Snap has built upon its Stories interface with "Discover," a feature that showcases a continuous feed of advertisements to Snapchat's captive audience. Using Discover, users may subscribe to an advertiser's "channel" and watch its Stories; as well as see what their friends are watching.

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<sup>&</sup>lt;sup>258</sup> Ellis Hamburger, Surprise: Snapchat's most popular feature isn't snaps anymore, The Verge (Jun. 20, 2014), https://www.theverge.com/2014/6/20/5827666/snapchat-stories-bigger-thansnaps-electric-daisy-carnival

<sup>&</sup>lt;sup>259</sup> Snapchat, Inc., Content Collection Navigation and Autoforwarding, US 20170289234, USPTO (Mar. 29, 2016), https://patents.justia.com/patent/20170289234.

<sup>&</sup>lt;sup>260</sup> James Vincent, Snapchat will start showing ads between your friends' stories, The Verge (Jun. 14, 2016), https://www.theverge.com/2016/6/14/11930386/snapchat-ads-api-stories; Snapchat, Inc., Content Collection Navigation and Autoforwarding, US 20170289234, USPTO (Mar. 29, 2016), https://patents.justia.com/patent/20170289234.

<sup>&</sup>lt;sup>261</sup> See. e.g., Gino Gugushvili et al., Facebook use intensity and depressive symptoms: a moderated mediation mode of problematic Facebook use, age, neuroticism, and extraversion at 3, BMC Psych. 10, 279 (2022), https://doi.org/10.1186/s40359-022-00990-7.

<sup>&</sup>lt;sup>262</sup> Frazer Deans, Curb Your Snapchat Addiction, https://www.wholesome.design/advent-2018/2curb-your-snapchat-addiction/.

320. Both Stories and Discover encourage user engagement with Snapchat and increase the amount of time users spend using the product by making the product more addictive at the expense of users' mental health and well-being.

#### (ii) "Spotlight'

- In November 2020, Snap launched "Spotlight," a feature that pushes to users "an 321. endless feed" that Snap curates from its 300 million daily Snapchat users. 263 Spotlight functions and appears nearly identical to TikTok, with similar addictive qualities and harms. Snapchat's Spotlight feature allows users to make videos that anyone can view, and Snap pays users whose Spotlight videos go viral, thus serving as yet another reward system that encourages user engagement. After Snap introduced Spotlight, user time spent on the product increased by over 200%.264
- 322. In February 2022, Snap CEO Evan Spiegel told investors that users are spending more time on Spotlight than almost any other aspect of Snapchat. A year prior, Snap announced "Spotlight Challenges," which provided users with cash prizes for creating Spotlight videos with specific lenses, sounds, or topics, further integrating the user into the Snap ecosystem. Snap claims it paid out more than \$250 million in cash prizes to Spotlight Challenge participants in 2021 alone.<sup>265</sup>

#### Snap designed Snapchat with features that harm children directly or 4. expose children to harm.

323. Snapchat further contains a number of features which foreseeably cause children harm above and beyond harms inherent in addiction and compulsive use.

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<sup>&</sup>lt;sup>263</sup> Salvador Rodriguez, *Snap is launching a competitor to TikTok and Instagram Reels*, CNBC (Nov. 23, 2020), https://www.cnbc.com/2020/11/23/snap-launching-a-competitor-to-tiktok-andinstagram-reels.html.

<sup>&</sup>lt;sup>264</sup> See Snap Q4 Earnings Beat Estimates, User Growth Aids Top Line, Zacks Equity Research (Feb. 5, 2021), https://finance.yahoo.com/news/snap-q4-earnings-beat-estimates-153003950.html.

<sup>&</sup>lt;sup>265</sup> Mia Sato, Snapchat will put ads within stories and share the money with creators (Feb. 14, 2022), https://www.theverge.com/2022/2/14/22927656/snapchat-snap-stars-stories-ads.

## a. <u>Disappearing "Snaps" and "My Eyes Only" encourage</u> destructive behavior among Snap's teen users.

<sup>266</sup> See Vaterlaus et al., "Snapchat is more personal": An exploratory study on Snapchat behaviors and young adult interpersonal relationships, Computers in Human Behavior, 62, 594-601 (2016).

<sup>267</sup> Kofoed et al., (2106) A snap of intimacy: Photo-sharing practices among young people on social media, First Monday 21(11), <a href="https://doi.org/10.5210/fm.v21i11.6905">https://doi.org/10.5210/fm.v21i11.6905</a>.

324. As discussed above, Snapchat's "Snap" feature allows users to send and receive ephemeral, or "disappearing," audiovisual messages. Prior to sending a Snap, a user can designate the period of time—typically no more than a few seconds—that the recipient will be allowed to view the Snap. According to Snapchat, once the allotted time expires, the Snap disappears forever.

325. Snapchat's limited display time reduces teenagers' communication apprehension and encourages users to send photos depicting deviant behavior. Sexting is a prime example, but cyberbullying, underage alcohol consumption, and illicit use of narcotics are also commonly the subject of Snaps. A 2016 survey of pre-teens and teens ages 12-17 found that "dick pics" were among some of the unwanted content that users—predominantly females—received while using the app. 267

326. Disappearing Snaps do not operate as advertised. Although designed to disappear after an allotted time, recipients possess the ability to save or record them at will. This is particularly harmful to adolescents, who rely on Snap's representations when taking and sending photos, and who only learn after the fact that recipients have the means to save photos or videos. In some cases, this can lead to sexual exploitation.

327. Snap could, but does not, warn users, including children and teenagers, that Snaps may not necessarily disappear.

328. In addition, and especially for pre-teen users, Snaps are defective because Snap's parental controls are ill-equipped to mitigate the risks posed by this feature. As set forth below, even with parental controls activated, parents are unable to view a Snap's content and therefore cannot adequately protect their children and/or deter their children from engaging in dangerous behavior in conjunction with sending Snaps.

329. "My Eyes Only" is yet another defective feature of Snapchat. This feature enables and encourages users to hide harmful content from their parents in a special tab that requires a passcode. Content cannot be recovered from "My Eyes Only"—allegedly even by Snap itself. Snap designed "My Eyes Only" knowing it would likely be used to store potentially illegal and injurious photos and images like sexts and CSAM. This dangerous product feature unreasonably increases the risk that Snapchat's adolescent users, many under age 13, will be targeted and sexually exploited and/or trafficked by child predators.

330. The content in "My Eyes Only" self-destructs if a user attempts to access the hidden folder with the wrong code. "My Eyes Only" has no practical purpose or use other than to hide potentially dangerous content from parents and/or legal owners of the devices used to access Snapchat. Moreover, while this information and evidence should be in Snap's possession and control, it has designed this feature in a way that causes the permanent loss of relevant, material, and incriminating evidence.

## b. <u>Snapchat's "Snap Map" feature endangers children.</u>

331. Snapchat also contains a feature called "Snap Map" that allows users to share their location with their followers (and the public) on an activity-level-based, color-coded heatmap. At all relevant times, this feature has been available to all users, including minors. Although users can disable "Snap Map," this is not a default setting.

332. Snap Map is an unreasonably dangerous feature for underage users because it provides strangers with their locations, exposing children and adolescents to potential harm. Researchers have also found that Snap Map causes feelings of sadness and anxiety for some users, as they jealously view their friends' locations. For young people especially, such social comparison often leads to distress and depression.

<sup>&</sup>lt;sup>268</sup> Salvador Rodriguez, <u>Snapchat Finally Acknowledges the Existence of Sexting With 'Memories'</u> The latest app update includes a tool called "My Eyes Only" that lets you privately store sensitive photos and videos, Inc., (Jul. 6, 2016), <a href="https://www.inc.com/salvador-rodriguez/snapchat-memories-sexting.html">https://www.inc.com/salvador-rodriguez/snapchat-memories-sexting.html</a>.

<sup>&</sup>lt;sup>269</sup> See Dunn et al., "Oh, Snap!": A Mixed-Methods Approach to Analyzing the Dark Side of Snapchat, The Journal of Social Media in Society, 9(2), 69-104 (2020).

333. Snap Map also functions as a social metric. A report by 5Rights, a United Kingdom-based children's online safety advocacy group highlighted the experience of John, a 14 year old boy, who explained that "[h]aving more connections on Snapchat makes his Snap Map look more crowded, which he can then show off to people in real life and therefore appear more 'popular.'"<sup>270</sup>

#### c. Snapchat's "Quick Add" feature endangers children.

- 334. Through a feature known as "Quick Add," Snap recommends new, sometimes random friends, similar to Facebook's "People You Might Know" feature. Suggestions are formulated using an algorithm that considers users' friends, interests, and location. Quick Add encourages users to expand their friend base to increase their Snapscore by interacting with an ever-expanding group of friends, which--in addition to expanding their time online--can result in exposure to dangerous strangers. Of particular concern, until 2022, Quick Add's suggestions included profiles for users Snap knew to be between the ages of 13-17, meaning that Quick Add could, and in fact did, recommend that a minor and adult user connect.
- 335. Criminal users interested in selling drugs to minors have utilized the Quick Add feature to find random friends interested in making a purchase.
- 336. Despite these dangers Snap designed Quick Add because it increases the odds that users will add friends, send more Snaps, and spend more time using Snapchat.
- 337. In 2022, Snap revised the Quick Add feature to limit the friend suggestions promoted to minor users. For those aged 13 to 17, Quick Add would only suggest friends who shared a certain number of common friends with the minor user. Snap did not disclose how many common friends must be shared by each user to satisfy this safety feature. Further, this modification to the Quick Add feature still does not prohibit the connection of minors with adults.

## d. <u>Snapchat's Lenses and Filters features promote negative appearance comparison.</u>

338. Snap also incorporates numerous custom-designed lenses and filters, which allow users to edit and overlay augmented-reality special effects and sounds on their Snaps. Many of

<sup>&</sup>lt;sup>270</sup> 5Rights Foundation, Pathways: How digital design puts children at risk (July 2021), https://5rightsfoundation.com/uploads/Pathways-how-digital-design-puts-children-at-risk.pdf.

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27 28 Snapchat's lenses and filters change users' appearance and face, creating unrealistic, idealized versions that cause profound body image issues in teenagers, especially girls.

Examples of these features include the Smoothing Filter, which blurs facial imperfections and evens out skin tone; Bold Makeup, which adds makeup over the user's face, blurs imperfections, and evens out skin tone; Sunkissed and Cute Freckles, which adds freckles over the nose and cheeks, blurs imperfections, evens out skin tone, and adjusts skin color; Face and Body Mellow Glow, which smooths the face and body and adjusts skin color; and Fluffy Eyelashes, which alters the shape of the user's face by lifting their eyes and adding more pronounced cheek bones. The common theme among all of these filters is that they remove the subjects' perceived blemishes to create the perfect "selfie."







340. A 2017 study found that these features made Snapchat one of the worst social media products for the mental health of children and adolescents, behind only Instagram.<sup>271</sup> In recent years, plastic surgeons have reported an increase in requests for alterations that correspond to Snapchat's filters. This has led researchers to coin the term "Snapchat Dysmorphia," in which the effect of Snapchat's filters triggers body dysmorphic disorder.<sup>272</sup> The rationale underlying this disorder is that beauty filters on Snapchat create a "sense of unattainable perfection" that leads to

<sup>&</sup>lt;sup>271</sup> Kara Fox, Instagram worst social media app for young people's mental health, CNN (May 19, 2017), https://www.cnn.com/2017/05/19/health/instagram-worst-social-network-app-youngpeople-mental-health/index.html.

<sup>&</sup>lt;sup>272</sup> Chen et al., Association Between Social Media and Photograph Editing Use, Self-esteem, and Cosmetic Surgery Acceptance, JAMA Facial Plastic Surgery, 2019; See also Nathan Smith & Allie Yang, What happens when lines blur between real and virtual beauty through filters, ABC News (May 1, 2021), https://abcnews.go.com/Technology/lines-blur-real-virtual-beautyfilters/story?id=77427989.

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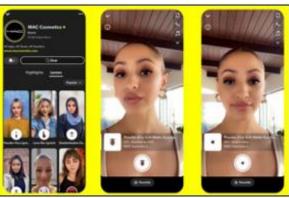
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27 28 self-alienation and damages a person's self-esteem.<sup>273</sup> One social psychologist summarized the effect as "the pressure to present a certain filtered image on social media," which can certainly play into [depression and anxiety] for younger people who are just developing their identities."<sup>274</sup>





- Snap also created and promoted "smart filters" that allowed users to stamp 341. date/time, temperature, battery life, altitude, and speed on their Snaps. <sup>275</sup> These filters utilize sensor data on users' devices to provide the desired filter stamp.
- 342. A particularly dangerous smart filter is the speed filter, which from 2013 to 2021 allowed users to record their real-life speed and overlay that speed onto Snaps. Snap knew, or should have known, that the speed filter served no purpose other than to motivate, incentivize, and/or encourage users to drive at dangerous speeds in violation of traffic and safety laws. Indeed, soon after launching its speed filter, the feature became a viral game for users—particularly teenage users—to capture photos and videos of themselves driving at 100 miles-per-hour or more. Tragically, the quest to capture a 100 mile-per-hour Snap caused a number of fatal vehicle accidents involving teens and young adults.<sup>276</sup>

<sup>&</sup>lt;sup>273</sup> Chen et al., Association Between Social Media and Photograph Editing Use, Self-esteem, and Cosmetic Surgery Acceptance, JAMA Facial Plastic Surgery, 2019; See also Nathan Smith & Allie Yang, What happens when lines blur between real and virtual beauty through filters, ABC News (May 1, 2021), https://abcnews.go.com/Technology/lines-blur-real-virtual-beautyfilters/story?id=77427989.

<sup>&</sup>lt;sup>274</sup> Nathan Smith & Allie Yang, What happens when lines blur between real and virtual beauty through filters, ABC News (May 1, 2021), https://abcnews.go.com/Technology/lines-blur-realvirtual-beauty-filters/story?id=77427989.

<sup>&</sup>lt;sup>275</sup> Karissa Bell, Snapchat adds an altitude filter to show how high you are, (Aug.19, 2016), https://mashable.com/article/snapchat-altitude-filter-how-to.

<sup>&</sup>lt;sup>276</sup> Did Snapchat play role in deaths of 3 young women?, ABC6 Action News (Feb. 16, 2016), https://6abc.com/action-news-investigation-snapchat-fatal-car-crash-philadelphia/1196846/; Manpreet Darroch, Snapchat and driving . . . you could be sending your last snap (Apr.25, 2016),

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http://www.youthforroadsafety.org/news-blog/news-blog-item/t/snapchat-and-driving-hellip-youcould-be-sending-your-last-snap; The Most Dangerous App on Your Phone, DistractedDriverAccidents.com, https://distracteddriveraccidents.com/the-most-dangerous-app-

on-your-phone/.

<sup>&</sup>lt;sup>277</sup> Bobby Allyn, Snapchat Ends 'Speed Filter' That Critics Say Encouraged Reckless Driving, NPR (June 17, 2021), https://www.npr.org/2021/06/17/1007385955/snapchat-ends-speed-filterthat-critics-say-encouraged-reckless-driving.

348. Despite being marketed to and designed for children, Snapchat includes a number of features that promote and dramatically exacerbate sexual exploitation, the spread of CSAM, sextortion, and other socially maladaptive behavior that harms children. Snap knows or should have known that its product features are unsafe for children and that it fails to implement reasonable, child-protective safeguards. For example, by failing to age-restrict its Discover feature, Snapchat's algorithm has recommended inappropriate sexual content to adolescent users. By promoting the connection between minors and adults, it is facilitating child exploitation and predation. By failing to implement parental controls that give parents true control over their children's activity, Snap allows harmful interactions with predators to continue unnoticed.

349. Like the other Defendants, as a direct consequence of the child exploitation that occurs on its platform, Snapchat is tainted by illegal material that promotes and facilitates the continued sexual exploitation of minors. Snap receives value in the form of increased user activity for the dissemination of CSAM on its product.

350. Furthermore, Snapchat's disappearing-content design, while appealing to minors, makes it more difficult for parents to monitor their children's social-media activity. This feature also contributes to a sense of impunity for many users, encouraging and fomenting exploitation and predatory behavior, which has been observed in multiple empirical studies.<sup>278</sup> According to these studies, Snapchat users believe their conduct is hidden and accordingly feel empowered to engage in criminal behavior through the product without fear of getting caught.

351. These feelings are promoted by design. Snap intends for the product's disappearing messaging to entice users to share highly personal photos and information that many users would otherwise feel uncomfortable sharing on "higher-stake" apps.<sup>279</sup> In short, this design choice encourages and allows minors to share harmful, illegal, and sexually explicit images while providing predators with a vehicle to recruit victims. Studies have also found that the "close ties"

<sup>&</sup>lt;sup>278</sup> Snapchat by the Numbers: Stats, Demographics & Fun Facts, Omnicore (Mar. 2, 2022), <a href="https://www.omnicoreagency.com/snapchat-statistics/">https://www.omnicoreagency.com/snapchat-statistics/</a>.

<sup>&</sup>lt;sup>279</sup> See Evelyn Lopez et al., The Gratifications of Ephemeral Marketing Content, the Use of Snapchat by the Millenial Generation and Their Impact on Purchase Motivation, Global Bus. Rev. (2021), <a href="https://journals.sagepub.com/doi/pdf/10.1177/09721509211005676">https://journals.sagepub.com/doi/pdf/10.1177/09721509211005676</a>.

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<sup>&</sup>lt;sup>280</sup> See, e.g., Rebecca Woods, What Are The Dangers Of Snapchat To Avoid?, PhoneSpector (June 16, 2021), https://phonespector.com/blog/what-are-the-dangers-of-snapchat-to-avoid/.

https://www.vox.com/2014/11/17/11632930/snapchat-to-let-you-send-money-to-friends-thanksto-square.

<sup>&</sup>lt;sup>282</sup> Christian Hargrave, Snapcash Goes Away After Excessive Feature Misuse. App Developer Magazine (July 25, 2018), https://appdevelopermagazine.com/snapcash-goes-away-afterexcessive-feature-misuse/.

<sup>&</sup>lt;sup>283</sup> Snapchat Support, How to Start a Video Chat on Snapchat, <a href="https://support.snapchat.com/en-">https://support.snapchat.com/en-</a> GB/a/videochat#:~:text=You%20can%20Video%20Chat%20with,into%20a%20full%2Dscreen%20Chat.

children and CSAM detection technologies.<sup>284</sup> The following year, ParentsTogether, a national parent group, delivered a petition from 100,000 parents to Snap demanding that the company do more to "protect children from sexual abuse and exploitation" on Snapchat.<sup>285</sup> The petition listed numerous examples of widespread online sexual grooming of children, including: a high school coach in New Mexico who used Snapchat to extort sexual videos from several girls as young as fourteen; a Cleveland man who posed as a therapist and blackmailed a thirteen-year-old girl into sending him sexual videos and photos; and a Virginia man who was arrested for running a sextortion ring on Snapchat, coercing children into sending sexually explicit material.<sup>286</sup>

- 358. In response, Snap announced that by Fall of 2020, it would deploy technology in addition to Microsoft's PhotoDNA to help stop the spread of CSAM through its product.
- 359. By failing to utilize these technologies until late 2020, Snap harmed adolescent users as its product contributed to child exploitation, sextortion, and the spread of CSAM.
- 360. In addition, while Snapchat allows users to report harmful images or videos, they cannot specifically report CSAM that is sent to a user via direct messaging, including from another user's camera roll.
  - 361. Snapchat's disappearing messages cannot be reported at all.
- 362. While Snap states that it is using "technology to identify *known* illegal images and videos of CSAM and report them to NCMEC," it does not address how Snapchat's design contributes to the ongoing proliferation of CSAM materials and the sexual exploitation of its adolescent users.
- 363. Utilizing the data and information it collects about Snapchat's users, Snap could detect, report, and take actions to prevent instances of sexual grooming, sextortion, and CSAM distribution.

<sup>&</sup>lt;sup>284</sup> Letter to Sundar Pichai and 36 other Tech Companies by Senate Committee (Nov. 18, 2019), https://www.blumenthal.senate.gov/imo/media/doc/11.18.19%20-%20Google%20-%20CSAM.pdf.

<sup>&</sup>lt;sup>285</sup> Snapchat: Prevent Pedophiles from Sharing Abuse Videos, <a href="https://parents-together.org/snapchat-petition">https://parents-together.org/snapchat-petition</a>.

<sup>&</sup>lt;sup>286</sup> Snapchat: Prevent Pedophiles from Sharing Abuse Videos, <a href="https://parents-together.org/snapchat-petition">https://parents-together.org/snapchat-petition</a>.

364. Despite receiving numerous reports regarding how its product's features contribute to child exploitation, Snap has elected to keep many of these features in place.<sup>287</sup> It has done so because removing them would significantly diminish Snapchat's popularity and negatively impact profits.

365. Notwithstanding these glaring flaws, Snap advertises and promotes its product as safe and fun. Snap's Vice President of Global Public Policy, Jennifer Stout, stated in written testimony to a Senate Subcommittee that Snap takes "into account the unique sensitivities and considerations of minors when we design products" when, in fact, Snap intentionally designed its product to promote compulsive and excessive use and help underage users conceal information from their parents. Stout claimed that Snap makes it harder for strangers to find minors when, in fact, Snapchat's "Quick Add" feature is responsible for introducing minors to complete strangers, and its "Snap Map" feature has enabled threats, exploitation, and location of minors by complete strangers. Likewise, Snap's Head of Global Platform Safety, Jacqueline Beauchere, represented to the public that "Snapchat is designed for communications between and among real friends; it doesn't facilitate connections with unfamiliar people like some social media platforms." But again, this is not true and/or historically was not the case.

366. In addition, Snap knows or should have known, that its products facilitate and encourage the production, possession, distribution, receipt, transportation, and dissemination of millions of materials that exploit children and violate child pornography laws. Snap further knows, or should have known, that its product facilitates the production, possession, distribution, receipt, transportation, and dissemination of materials that depict obscene visual representations of the sexual abuse of children.

<sup>&</sup>lt;sup>287</sup> See, e.g., Zak Doffman, Snapchat Has Become A 'Haven For Child Abuse' With its "Self-Destructing Messages', Forbes (May 26, 2019),

 $<sup>\</sup>frac{https://www.forbes.com/sites/zakdoffman/2019/05/26/snapchats-self-destructing-messages-have-created-a-haven-for-child-abuse/?sh=411b8e1d399a.$ 

<sup>&</sup>lt;sup>288</sup> Snap's Senate Congressional Testimony - Our Approach to Safety, Privacy and Wellbeing, <a href="https://values.snap.com/news/senate-congressional-testimony-our-approach-to-safety-privacy-and-wellbeing">https://values.snap.com/news/senate-congressional-testimony-our-approach-to-safety-privacy-and-wellbeing</a>.

<sup>&</sup>lt;sup>289</sup> Snap's Meet Our Head of Global Platform Safety, <a href="https://values.snap.com/news/meet-our-head-of-global-platform-safety">https://values.snap.com/news/meet-our-head-of-global-platform-safety</a>.

## 7. <u>Snap failed to adequately warn about the harms its product causes or provide instructions regarding safe use.</u>

- 367. Since Snap's inception, it has failed to warn adolescent users about its products' physical and mental health risks. These risks include, but are not limited to, addiction, compulsive and excessive use, sexual exploitation by adult users, dissociative behavior, social isolation, and an array of mental health disorders like body dysmorphia, anxiety, depression, and insomnia.
- 368. Snap targets adolescent users via advertising and marketing materials distributed via digital and traditional media, including expensive advertisements placed during high-profile sporting events. Snap fails to warn the targets of these ads—often minors—about the physical and mental risks associated with using Snapchat.
- 369. Snap further fails to warn adolescent users during the product registration process. At account setup, Snap's product contains no warning labels, banners, or conspicuous messaging to adequately inform adolescent users of the known risks and potential physical and mental harms associated with usage of its product. Instead, Snap allows adolescent users to easily create an account (or multiple accounts) and fully access the product.
- 370. Snap's lack of adequate warnings continues after an adolescent has the Snapchat product. Snap does not adequately inform adolescent users that their data will be tracked, used to help build a unique algorithmic profile, and potentially sold to Snap's advertising clients, who will in turn use the data to target and profile the user.
- 371. Alarmingly, Snap also does not warn adolescent users before facilitating adult connections and interactions that adult predators use its product. It also fails to instruct adolescent users on ways to avoid unknown adults on Snap.
- 372. Snap also fails to warn adolescent users who exhibit problematic signs of addiction or are habitually and compulsively accessing the app. Instead, Snap utilizes push notifications to encourage engagement with Snapchat.
- 373. In addition, despite proactively providing adolescent users with countless filtering and editing tools, Snap does not warn its adolescent users regarding the mental health harms associated with those heavily filtered images.

# E. BYTEDANCE MARKETS AND DESIGNS ITS TIKTOK TO ADDICT YOUNG USERS, SUBSTANTIALLY CONTRIBUTING TO THE MENTAL HEALTH CRISIS

374. Since its launch, TikTok has grown exponentially. In late 2021, its owner and creator ByteDance publicly stated that TikTok had 1 billion active global users, up from 55 million in early 2018 and 700 million in mid-2020.<sup>290</sup>

375. A large swath of TikTok's user base is comprised of American children. In July 2020, TikTok reported that more than one-third of its 49 million daily users in the United States were 14 or younger.<sup>291</sup> More recently, a 2022 Pew Research Center survey reported that 67% of American teenagers (age 13-17) use TikTok, with most American teenagers (58%) using the product daily. Among teenage TikTok users, a quarter say they use the site or app almost constantly.<sup>292</sup> In another recent report, more than 13% of young users declared they "wouldn't want to live without" TikTok.<sup>293</sup>

376. TikTok's capture of the American youth market is no accident, but instead the result of a carefully executed campaign. Early on, Alex Zhu, one of TikTok's creators, recognized that "[t]eenagers in the U.S. [were] a golden audience" for this emerging social media product.<sup>294</sup> To cash in on this gold, ByteDance implemented a series of product features designed to attract and addict young users. As Zhu explained in 2019, "[e]ven if you have tens of millions of users, you

<sup>&</sup>lt;sup>290</sup> Jessica Bursztynsky, *TikTok says 1 billion people use the app each month*, CNBC (Sept. 27, 2021), <a href="https://www.cnbc.com/2021/09/27/tiktok-reaches-1-billion-monthly-users.html">https://www.cnbc.com/2021/09/27/tiktok-reaches-1-billion-monthly-users.html</a>.

Raymond Zhong & Sheera Frenkel, *A Third of TikTok's U.S. Users May Be 14 or Under, Raising Safety* Questions, N.Y. Times (Aug. 14, 2020), https://www.nytimes.com/2020/08/14/technology/tiktok-underage-users-ftc.html.

<sup>&</sup>lt;sup>292</sup> Emily Vogels *et al.*, *Teens*, *Social Media and Technology* 2022, Pew Rsch. Ctr. (Aug. 10, 2022), <a href="https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/">https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/</a>.

<sup>&</sup>lt;sup>293</sup> Victoria Rideout *et al.*, *Common Sense Census: Media use by tweens and teens*, *2021* at 31, Common Sense Media (2022), <a href="www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web\_0.pdf">www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web\_0.pdf</a>.

<sup>&</sup>lt;sup>294</sup> Paul Mozur, *Chinese Tech Firms Forced to Choose Market: Home or Everywhere Else*, N.Y. Times (Aug. 9, 2016), <a href="https://www.nytimes.com/2016/08/10/technology/china-homegrown-internet-companies-rest-of-the-world.html">https://www.nytimes.com/2016/08/10/technology/china-homegrown-internet-companies-rest-of-the-world.html</a>.

have to keep them always engaged."<sup>295</sup> This engagement has come at the cost of young users'

#### Background and overview of TikTok.

In 2012, Beijing-based technologist Zhang Yiming paired up with an American venture capitalist, Matt Huang, to launch ByteDance and its first product Jinri Toutiao ("Today's Headlines"), which utilized A.I. to gather and present world news to users on a single feed.

Following the success of its first product, ByteDance created Douyin in 2016, a music-based app loosely modeled on the popular app Musical.ly. Musical.ly was a critical hit in the U.S. as American teens gravitated to the platform, which allowed users, including minor users, to create 15-second videos of themselves lip-syncing, dancing, or goofing around to popular songs and movie scenes, and then post them to a scrollable feed for other users to see.

In 2017, ByteDance launched TikTok, a version of Douyin for the non-Chinese market, and acquired Musical.ly, which by then boasted a user base of almost 60 million monthly active users, for \$1 billion. Nine months later, ByteDance merged its newly acquired app into its existing product, and a global version of TikTok was born.

Douyin is a version of TikTok that is exclusively for Chinese users. ByteDance's design of Douyin is profoundly different than TikTok. Douyin serves its Chinese users educational and patriotic content and limits their use to just 40 minutes per day. <sup>296</sup> TikTok, in sharp contrast, has no usage limits and is designed to encourage addictive and compulsive use. Far from promoting educational content, TikTok's algorithm instead actively sends its young American users down a harmful rabbit hole of artificially filtered "ideal" body images and dangerous viral challenges.

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<sup>295</sup> Biz Carson, How A Failed Education Startup Turned into Musical.ly, The Most Popular App 26 You've Probably Never Heard Of, Bus. Insider (May 28, 2016),

https://www.businessinsider.com/what-is-musically-2016-5 (emphasis added).

<sup>&</sup>lt;sup>296</sup> Sapna Maheshwari, Young TikTok Users Quickly Encounter Problematic Posts, Researchers Say, N.Y. Times (Dec. 14, 2022), https://www.nytimes.com/2022/12/14/business/tiktok-safetyteens-eating-disorders-self-harm.html.

#### 2. ByteDance intentionally encourages youth to use its product and then leverages that use to increase revenue. 381. ByteDance has designed and aggressively marketed TikTok, the harmful and addictive version of Douyin, to attract young Americans. Like the other Defendants' products, TikTok depends on advertising revenue, which has boomed. TikTok was projected to receive \$11 billion in advertising revenue in 2022, over half of which is expected to come from the United States.<sup>297</sup> 383. The initial iteration of TikTok allowed users to lip sync pop music by celebrities who appealed primarily to teens and tweens (e.g., Selena Gomez and Ariana Grande). It labeled folders with names attractive to youth (e.g., "Disney" and "school"); and included in those folders songs such as "Can You Feel the Love Tonight" from the movie "The Lion King," "You've Got a Friend in Me" from the movie "Toy Story," and other renditions covering school-related subjects or school-themed television shows and movies.<sup>298</sup> 384. ByteDance also specifically and intentionally excluded videos that would not appeal to young Americans, instructing TikTok moderators that videos of "senior people with too many wrinkles" should not be permitted on users "For You" pages because such content was "much less attractive [and] not worth[] . . . recommend[ing]."299 Even TikTok's sign-up process demonstrates that young users are what ByteDance values most. In 2016, the birthdate for those signing up for the app defaulted to the year 2000 (i.e., 16 years old).<sup>300</sup> <sup>297</sup> Jessica Bursztynsky, *TikTok says 1 billion people use the app each month*, CNBC (Sept. 27, 2021), https://www.cnbc.com/2021/09/27/tiktok-reaches-1-billion-monthly-users.html; Bhanvi Staija, TikTok's ad revenue to surpass Twitter and Snapchat combined in 2022, Reuters (Apr. 11, 2022), https://www.reuters.com/technology/tiktoks-ad-revenue-surpass-twitter-snapchatcombined-2022-report-2022-04-11/. <sup>298</sup> Complaint for Civil Penalties, Permanent Injunction, and Other Equitable Relief ("Musical.ly Complaint") at p. 8, ¶¶ 26–27, *United States v. Musical.ly*, 2:19-cv-01439-ODW-RAO (C.D. Cal. Feb. 27, 2019) Dkt. # 1. <sup>299</sup> Sam Biddle et al., Invisible Censorship: TikTok Told Moderators to Suppress Posts by "Ugly"

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Melia Robinson, *How to Use Musical.ly, The App With 150 million Users That Teens Are Obsessed With*, Bus. Insider (Dec. 7, 2016), <a href="https://www.businessinsider.com/how-to-use-musically-app-2016-12">https://www.businessinsider.com/how-to-use-musically-app-2016-12</a>.

https://theintercept.com/2020/03/16/tiktok-app-moderatorsusers-discrimination/.

People and the Poor to Attract New Users. Intercept (Mar. 15, 2020).

<sup>27</sup> 

### 3. <u>ByteDance intentionally designed product features to addict children and adolescents.</u>

386. TikTok's growth among young Americans has been further enabled by its defective age verification and parental control procedures, which allow children under 13 unfettered access to the app.

#### a. <u>TikTok's age-verification measures are defective.</u>

387. When a user first opens TikTok, they are prompted to "Login in to TikTok" or "Sign up" for an account using a phone number or email address. TikTok then asks, "When's your birthday?"





- 388. ByteDance does not verify the age that TikTok users report. Nor does it use any method to verify that users who acknowledge they are minors have the consent of their parents or legal guardians to use the product. In fact, at least as of 2020, TikTok still had not developed a company position on age verification.
- 389. ByteDance has designed TikTok so users can circumvent TikTok's age restrictions by using TikTok without creating an account. TikTok allows users, no matter what age, to "browse

https://ifstudies.org/blog/istiktok-dangerous-for-teens.

395. The absence of effective age verification measures also means that adult users claim to be children—with obvious dangers to the children on ByteDance's product.

#### b. <u>TikTok's parental controls are defective.</u>

- 396. Following the FTC settlement, ByteDance created a "Family Pairing" feature on TikTok. The supposed purpose of that feature was to allow parents to link their accounts to their children's accounts and enforce certain controls (such as screen time limits and restriction of "content that may not be appropriate for all audiences").<sup>308</sup>
- 397. "Family Pairing" also is supposed to allow parents to prevent their children from direct messaging other TikTok users. But ByteDance has designed TikTok's "Family Pairing" feature so that it is not mandatory for minor users. And to use it, a parent or guardian is forced to create their own TikTok account to pair it with their child's account. Further, the "Family Pairing" feature is available only on the TikTok app. It provides no protection when a child accesses TikTok through a web browser. Because this feature requires parents to know the name of their child's account to pair it, youth can easily evade the protections of the "Family Pairing" feature by creating anonymous accounts, again without parental approval or knowledge.
- 398. ByteDance further stymies parents' ability to supervise minors' use of TikTok by permitting minor users to block their parent's profile, post ephemeral videos called "Stories" that disappear after 24 hours, and post those stories to "Friends Only."
- 399. ByteDance could, but does not, adopt safety features that notify parents when minors are engaging excessively with the product and are using it during sleeping hours.
- 400. Until January 13, 2021, ByteDance interfered with parental supervision and endangered children by defaulting all accounts, including those registered to children as young as 13, to "public." That allowed strangers to contact minor users regardless of age or location. ByteDance also intentionally and actively promoted these types of connections by suggesting accounts to follow through the "Find Friends" or "People You May Know" features.

<sup>&</sup>lt;sup>308</sup> *TikTok Introduces Family Pairing*, TikTok Newsroom (April 15, 2020) <a href="https://newsroom.tiktok.com/en-us/tiktok-introduces-family-pairing">https://newsroom.tiktok.com/en-us/tiktok-introduces-family-pairing</a>.

2BD6612E3796; see also How TikTok recommends videos #ForYou / TikTok Newsroom,

https://newsroom.tiktok.com/en-us/how-tiktok-recommends-videos-for-you.

409. ByteDance has designed TikTok's algorithm so that certain factors, such as time spent watching a video, are more important to the algorithm than others. For example, TikTok explains that, "whether a user finishes watching a longer video from beginning to end, would receive greater weight than . . . whether the video's viewer and creator are both in the same country."320

410. TikTok's algorithms are designed to begin working the minute a user opens the app. The FYP shows the user a single, full-screen stream of videos, then records how the user reacts. "A second of viewing or hesitation indicates interest; a swipe suggests a desire for something else."321 With each data point collected, TikTok's algorithm winnows a mass of content to a single feed, continually refined to keep users engaging often and at length.

This algorithmic encouragement of continuous scrolling and interaction makes it hard for users to disengage from the app. A recent ByteDance-funded study, which imaged the brains of TikTok and other social media product users, found that those using TikTok engaged with the product about 10 times a minute, twice as often as with peer apps. 322

412. ByteDance leverages users' inability to disengage as a benefit to attract advertisers, rather than taking steps to address the addictive nature of its product. A recent TikTok marketing document observed that "the TikTok audience is fully leaned in." Marketing research commissioned by TikTok found that compared to other social media sites, TikTok users evidenced a higher frequency of rate per minute. TikTok boasted, "[o]ur algorithm and shorter video formats

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<sup>&</sup>lt;sup>320</sup> Investigation: How TikTok's Algorithm Figures Out Your Deepest Desires, Wall St. J. (Jul. 21, 2021), https://www.wsj.com/video/series/inside-tiktoks-highly-secretive-algorithm/investigationhow-tiktok-algorithm-figures-out-your-deepest-desires/6C0C2040-FF25-4827-8528-2BD6612E3796; see also How TikTok recommends videos #ForYou / TikTok Newsroom,

<sup>23</sup> https://newsroom.tiktok.com/en-us/how-tiktok-recommends-videos-for-vou. 24

<sup>&</sup>lt;sup>321</sup> Investigation: How TikTok's Algorithm Figures Out Your Deepest Desires, Wall St. J. (Jul. 21, 2021), https://www.wsj.com/video/series/inside-tiktoks-highly-secretive-algorithm/investigationhow-tiktok-algorithm-figures-out-your-deepest-desires/6C0C2040-FF25-4827-8528-2BD6612E3796; see also How TikTok recommends videos #ForYou / TikTok Newsroom, https://newsroom.tiktok.com/en-us/how-tiktok-recommends-videos-for-you.

<sup>322</sup> TikTok Ads Break Through Better Than Tv and Drive Greater Audience Engagement, TikTok, https://www.tiktok.com/business/library/TikTokDrivesGreaterAudienceEngagement.pdf.

<sup>&</sup>lt;sup>323</sup> TikTok Ads Break Through Better Than Tv and Drive Greater Audience Engagement, TikTok, https://www.tiktok.com/business/library/TikTokDrivesGreaterAudienceEngagement.pdf.

https://www.nytimes.com/2021/12/05/business/media/tiktok-algorithm.html.

<sup>&</sup>lt;sup>328</sup> Kaitlyn Tiffany, I'm Scared of the Person TikTok Thinks I Am, The Atlantic (June 21, 2021), https://www.theatlantic.com/technology/archive/2021/06/your-tiktok-feed-embarrassing/619257/.

escaping a rabbit hole requires a user to repeatedly and actively strategize ways to counter the algorithm, pitting individual users' David against TikTok's machine-learning Goliath.

- 418. The Wall Street Journal documented the pernicious operation of ByteDance's algorithms, as shown by a recent experiment. The experimenters used bots, each programmed with various interests such as sports, forestry, dance, astrology, and animals. They did not disclose these interests upon registration with TikTok. Instead, TikTok's algorithm quickly learned the assigned interests from the bots' behavior—that is, "by rewatching or pausing on videos" related to the bot's programmed interest. 329
- 419. One bot watched 224 videos in 26 minutes, lingering over videos with hashtags for "depression" or "sad." The algorithm quickly refined its output. Afterward, 93% of the videos TikTok showed that bot were about depression or sadness. One post implored the bot to: "Just go. Leave. Stop trying. Stop pretending. You know it and so do they. Do Everyone a favor and leave."
- 420. ByteDance's choices about how to design and structure its app—including choosing not to implement effective age gating and parental controls, in addition to choosing to design algorithms to maximize engagement through pushing extreme and outrageous content—go far beyond benignly organizing the content of others. Instead, they create an environment and experience suited to ByteDance's goal of maximizing ad revenues—an environment and experience that is unreasonably dangerous to the children and teens ByteDance targets.
- 421. In a follow-up experiment by the Wall Street Journal, bots were registered as users between 13 and 15 years-old. One of those bots, programmed to pause on videos referencing drugs, lingered briefly on "a video of a young woman walking through the woods with a caption" referring to "stoner girls." The next day, the algorithm showed the bot a video about a "marijuana-themed

<sup>27 | 329</sup> Inside TikTok's Algorithm: A WSJ Video Investigation, Wall St. J. (July 21, 2021), https://www.wsj.com/articles/tiktok-algorithm-video-investigation-11626877477.

<sup>&</sup>lt;sup>330</sup> *Inside TikTok's Algorithm: A WSJ Video Investigation*, Wall St. J. (July 21, 2021), https://www.wsj.com/articles/tiktok-algorithm-video-investigation-11626877477.

422. The algorithm immersed another bot—registered as a 13-year-old boy—into a rabbit hole of videos related to bondage and sex, including videos explaining, among other things, "how to tie knots for sex, recover from violent sex acts and discussing fantasies about rape." The bot simply searched for the term "onlyfans"—a site known for hosting adult entertainment—and watched a handful of videos in the results before returning to the FYP. The algorithm subsequently bombarded the bot with videos about sex and, as the bot lingered on those videos, the bot's feed became almost entirely dominated by sex-related videos. At one point, "more than 90 percent of [the] account's video feed was about bondage and sex."

423. The Wall Street Journal concluded "that through its powerful algorithms, TikTok can quickly drive minors—among the biggest users of the app—into endless spools of content about sex and drugs."<sup>335</sup> In another follow-up experiment, the Wall Street Journal found that once TikTok's algorithm determined that the bots would rewatch videos related to weight loss, it "speedily began serving more, until weight-loss and fitness content made up more than half their feeds—even if the bot never sought it out."<sup>336</sup>

<sup>22</sup> Rob Barry et al., *How TikTok Serves Up Sex and Drug Videos to Minors*, Wall St. J. (Sept. 8, 2021), <a href="https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944">https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944</a>.

Rob Barry et al., *How TikTok Serves Up Sex and Drug Videos to Minors*, Wall St. J. (Sept. 8, 2021), <a href="https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944">https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944</a>.

Rob Barry et al., *How TikTok Serves Up Sex and Drug Videos to Minors*, Wall St. J. (Sept. 8, 2021), https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944.

Rob Barry et al., *How TikTok Serves Up Sex and Drug Videos to Minors*, Wall St. J. (Sept. 8, 2021), https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944.

<sup>&</sup>lt;sup>335</sup> Rob Barry et al., *How TikTok Serves Up Sex and Drug Videos to Minors*, Wall St. J. (Sept. 8, 2021), <a href="https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944">https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944</a>.

<sup>&</sup>lt;sup>336</sup> Tawnell D. Hobbs, 'The Corpse Bride Diet': How TikTok Inundates Teens With Eating-Disorder Videos, Wall St. J. (Dec. 17, 2021), <a href="https://www.wsj.com/articles/how-tiktok-inundates-teens-with-eating-disorder-videos-11639754848">https://www.wsj.com/articles/how-tiktok-inundates-teens-with-eating-disorder-videos-11639754848</a>.

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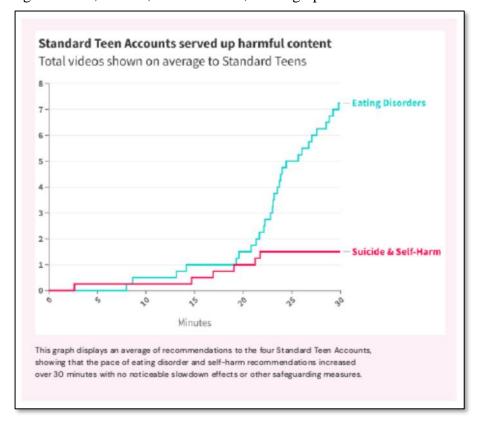
<sup>&</sup>lt;sup>341</sup> Tawnell D. Hobbs, 'The Corpse Bride Diet': How TikTok Inundates Teens With Eating-Disorder Videos, Wall St. J. (Dec. 17, 2021), <a href="https://www.wsj.com/articles/how-tiktok-inundates-teens-with-eating-disorder-videos-11639754848">https://www.wsj.com/articles/how-tiktok-inundates-teens-with-eating-disorder-videos-11639754848</a>.

<sup>342</sup> Deadly by Design, Center for Countering Digital Hate (Dec. 2022),

https://counterhate.com/wp-content/uploads/2022/12/CCDH-Deadly-by-Design\_120922.pdf.

on videos about body image and mental health and liked them. "Where researchers identified a recommended video matching one of the below categories, they viewed the video for 10 seconds and liked it. For all other videos, researchers would immediately scroll the For You feed to view the next video recommended by TikTok." TikTok's algorithm seized on this information and within minutes began recommending content about eating disorders and self-harm.

429. The CCDH report further illustrated TikTok's algorithms at work, noting that, for an account that liked content about body image and mental health, the algorithm recommended similar content every 39 seconds. As the 30 minutes went on, TikTok recommended more videos related to eating disorders, suicide, and self-harm, as the graph below shows.



430. TikTok's rabbit holes are particularly problematic for young people, who lack the necessary impulse control to stop watching. The more the user engages by viewing or hesitating on a particular piece of content, the more TikTok's algorithms learn about the user. ByteDance uses this feature to exploit the vulnerabilities of children and teenagers, and addict them to its product.

<sup>&</sup>lt;sup>343</sup> Tawnell D. Hobbs, *'The Corpse Bride Diet': How TikTok Inundates Teens With Eating-Disorder Videos*, Wall St. J. (Dec. 17, 2021), <a href="https://www.wsj.com/articles/how-tiktok-inundates-teens-with-eating-disorder-videos-11639754848">https://www.wsj.com/articles/how-tiktok-inundates-teens-with-eating-disorder-videos-11639754848</a>.

431. Indeed, ByteDance admits that its recommendation algorithm creates a "risk of presenting an increasingly homogeneous stream of videos."344 As the above-referenced studies and experiments demonstrate, that homogeneous stream often includes harmful content, including posts about depression, self-harm, drugs, and extreme diets.

- ByteDance uses a series of interrelated design features that exploit known mental processes to induce TikTok's users to use the product more frequently, for more extended periods, and with more intensity (i.e., providing more comments and likes). ByteDance knows or should have known that children, whose brains are still developing, are particularly susceptible to these addictive features.
- TikTok is defective in part because ByteDance designed the app so users cannot 433. disable the auto-play function on the FYP.345 As noted above, when a user opens the TikTok app or visits the TikTok website, the product immediately begins playing a video on the user's FYP. The user may request more videos with a simple upward swipe, and the product will deliver a seemingly endless content stream. If a user does not proceed from a video, it continues to play on an endless loop. The ability to scroll continuously induces a "flow-state" and distorts users' sense of time.
- 434. The TikTok app interface is designed with only a limited number of buttons and sections of the app for users to navigate, such that the design does not impede "flow."
- 435. The FYP also leverages principles of IVR to encourage compulsive usage, in the same fashion as Instagram Reels. A user swipes to receive the next video, and each swipe offers the prospect (but not the certainty) of dopamine-releasing stimuli.
- 436. The cumulative effect of these features is addictive, compulsive engagement. As researchers at the Brown University School of Public Health explained, "the infinite scroll and variable reward pattern of TikTok likely increase the addictive quality of the app as they may induce

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<sup>344</sup> How TikTok recommends videos #ForYou, TikTok (June 18, 2020),

<sup>27</sup> 28

https://newsroom.tiktok.com/en-us/howtiktok-recommends-videos-for-you. <sup>345</sup> 2 Best Ways You Can Turn off TikTok Autoplay, Globe Calls (Dec. 16, 2022), https://globecalls.com/2-best-ways-you-can-turn-off-tiktok-autoplay/.

a flow-like state for users that is characterized by a high degree of focus and productivity at the task at hand."<sup>346</sup>

- 437. Dr. Julie Albright, a Professor at the University of Southern California, similarly explained that TikTok is so popular because users will "just be in this pleasurable dopamine state, carried away. It's almost hypnotic, you'll keep watching and watching." Users "keep scrolling," according to Dr. Albright, "because sometimes you see something you like, and sometimes you don't. And that differentiation—very similar to a slot machine in Vegas—is key."<sup>347</sup>
- 438. Aza Raskin, the engineer who designed infinite scroll, described the feature as being "as if [social media companies are] taking behavioral cocaine and just sprinkling it all over your interface, and that's the thing that keeps you coming back and back and back." Because the infinite scroll does not "give your brain time to catch up with your impulses . . . you just keep scrolling."<sup>348</sup>
- 439. To reinforce this addictive experience, ByteDance intentionally omits the concept of time from their product, stripping information such as when a user uploaded a video from its endless stream of content. In the FYP, there is no way to discern how long ago the video was posted, or when the user who posted the video joined TikTok.
- 440. On at least some phones, TikTok is designed to cover the clock displayed at the top of user's iPhones, preventing them from keeping track of the time spent on TikTok.<sup>349</sup>
- 441. ByteDance has designed the app so that users can see, however, how many times a video was liked, commented on, or shared. So, the only thing users can quantify within the app is the approval or disapproval of others.

<sup>&</sup>lt;sup>346</sup> Sophia Petrillo, *What Makes TikTok So Addictive? An Analysis of the Mechanisms Underlying the World's Latest Social Media Craze*, Brown Undergraduate J. of Pub. Health (Dec. 13, 2021), <a href="https://sites.brown.edu/publichealthjournal/2021/12/13/tiktok/">https://sites.brown.edu/publichealthjournal/2021/12/13/tiktok/</a>.

<sup>&</sup>lt;sup>347</sup> John Koetsier, *Digital Crack Cocaine: The Science Behind TikTok's Success*, Forbes (Jan. 18, 2020), <a href="https://www.forbes.com/sites/johnkoetsier/2020/01/18/digital-crack-cocaine-the-science-behind-tiktoks-success/?sh=765d1b4178be">https://www.forbes.com/sites/johnkoetsier/2020/01/18/digital-crack-cocaine-the-science-behind-tiktoks-success/?sh=765d1b4178be</a>.

<sup>&</sup>lt;sup>348</sup> John Koetsier, *Digital Crack Cocaine: The Science Behind TikTok's Success*, Forbes (Jan. 18, 2020), <a href="https://www.forbes.com/sites/johnkoetsier/2020/01/18/digital-crack-cocaine-the-science-behind-tiktoks-success/?sh=765d1b4178be">https://www.forbes.com/sites/johnkoetsier/2020/01/18/digital-crack-cocaine-the-science-behind-tiktoks-success/?sh=765d1b4178be</a>.

<sup>&</sup>lt;sup>349</sup> Louise Matsakis, *On TikTok, There is No Time*, Wired (October 3, 2019), <a href="https://www.wired.com/story/tiktok-time/">https://www.wired.com/story/tiktok-time/</a>.

442. In June 2022, after receiving public criticism regarding its product's effects on people's mental health, ByteDance introduced various tools to purportedly encourage users to take a break from infinite scrolling, such as a "Take a Break" reminder and time-limit caps. ByteDance could but does not activate these tools by default. Even for minors, once they have exceeded 100 minutes of usage a day, TikTok only "reminds" them that these "Take a Break" tools exist upon opening the app, but does not automatically activate them by default.

- 443. In addition to the defective infinite scroll, ByteDance has designed TikTok so it has other design features that exploit social psychological impulses to induce children to use TikTok daily and for extended periods of time, adding to the product's addictive nature.
- 444. Several TikTok features actively encourage users to generate ephemeral photos and videos. This defect promotes compulsive use, because users risk missing the content posted by their friends and others if they do not check TikTok at least daily.
- 445. A TikTok user can, for example, post expiring "Stories," short videos that disappear after 24 hours. These videos do not otherwise appear in a user's feed. TikTok's live stream feature is similar.<sup>350</sup>
- 446. A relatively new feature, "TikTok Now," pushes daily notifications to users to share "authentic, real-time images or 10-second videos at the same time as your friends." ByteDance designed this feature so that once a user gets the notification, the user has three minutes to post an image or video. That user cannot view friends' "TikTok Now" posts without sharing one of their own, and posts submitted outside of the three-minute window are marked as "late." TikTok preserves a user's history in a calendar view, adding to the pressure to visit the app daily and when notified by TikTok to do so. ByteDance designed these defective features to increase responsiveness to notifications and keep young users locked into the product, as they do not want to miss out on this perceived social activity.

<sup>&</sup>lt;sup>350</sup> Hilary Anderson, *Social media apps are 'deliberately addictive to users*, BBC (July 4, 2018), <a href="https://www.bbc.com/news/technology-44640959">https://www.bbc.com/news/technology-44640959</a>.

<sup>&</sup>lt;sup>351</sup> *TikTok Now*, TikTok, <a href="https://www.tiktok.com/creators/creator-portal/product-feature-updates/tiktok-now">https://www.tiktok.com/creators/creator-portal/product-feature-updates/tiktok-now</a>.

447. Like "Snap Streaks," "TikTok Now" does not enhance the communication function of the product, but simply exploits young users' susceptibility to persuasive design, teenage social anxiety, and FOMO. ByteDance's insidious design of "TikTok Now" also employs point scoring and competition with others to drive frequent and continuous engagement by children, who otherwise risk checking in late and alienating other peers participating in the exchange.

448. Like the other Defendants' apps, ByteDance designed TikTok to leverage the principle of IVR by encouraging users to like, share, or reshare videos that others have created or posted. Receiving a "Like" or "Reshare" indicates that others approve of that user's content and satisfies their natural, developmentally predictable desire for acceptance. As discussed above, "Likes" activate the reward region of the brain and release dopamine to create a positive feedback loop. Users return to TikTok again and again, hoping for yet another pleasurable experience. 353

449. ByteDance also designed TikTok to use reciprocity to manipulate users into using the app. One example is the "Duet" feature, which allows users to post a video side-by-side with a video from another TikTok user. Users utilize "Duet" to react to the videos of TikTok content creators. ByteDance intends the response to engender a reciprocal response from the creator of the original video, inducing them to return to the app.

450. Another "core feature" of TikTok that ByteDance has pursued are "challenges," which are campaigns that compel users to create and post in TikTok certain types of videos, such as performing a dance routine or a dangerous prank. By fostering competition and the social rewards of posting a challenge video, ByteDance incentivizes users to engage with the product continuously.

451. Harmful and dangerous interactions are a foreseeable consequence of TikTok's engagement-maximization design. For example, numerous minor users have injured themselves or

<sup>&</sup>lt;sup>352</sup> Rasan Burhan & Jalal Moradzadeh, *Neurotransmitter Dopamine (DA) and its Role in the Development of Social Media Addiction*, 11(7) J. Neurology & Neurophysiology 507 (2020), <a href="https://www.iomcworld.org/openaccess/neurotransmitter-dopamine-da-and-its-role-in-the-development-of-social-media-addiction.pdf">https://www.iomcworld.org/openaccess/neurotransmitter-dopamine-da-and-its-role-in-the-development-of-social-media-addiction.pdf</a>.

<sup>&</sup>lt;sup>353</sup> Rasan Burhan & Jalal Moradzadeh, *Neurotransmitter Dopamine (DA) and its Role in the Development of Social Media Addiction*, 11(7) J. Neurology & Neurophysiology 507 (2020), <a href="https://www.iomcworld.org/openaccess/neurotransmitter-dopamine-da-and-its-role-in-the-development-of-social-media-addiction.pdf">https://www.iomcworld.org/openaccess/neurotransmitter-dopamine-da-and-its-role-in-the-development-of-social-media-addiction.pdf</a>.

others participating in viral pranks to obtain rewards and increase the number of likes, views, and followers.

- 452. One such viral prank, "the Benadryl challenge," features a user filming themselves taking large quantities of Benadryl to cause hallucinations or induce an altered mental state. Other similar viral challenges include the "NyQuil Challenge," in which young people are encouraged to eat chicken cooked in NyQuil; the "Milk Crate Challenge," where adolescents climb atop a stack of milk crates and jump off; the "Penny Challenge," where young users are encouraged to plug a charger halfway into an outlet while holding a penny against the exposed prongs; and the "Blackout Challenge" where youth are encouraged to make themselves faint by holding their breath and constricting their chest muscles or restricting airflow with a ligature around their neck.
- 453. TikTok challenges have led to serious health complications, seizures, and death, with at least 12 children in the United States dying from the TikTok Blackout Challenge alone.<sup>354</sup>
- 454. Nevertheless, ByteDance encourages businesses to create challenges as a form of marketing, explaining that challenges are "geared towards building awareness and engagement," and "research shows that they can deliver strong results" and increased return on ad spending "at every stage of the funnel." While ByteDance extolls the revenue potential from challenges, young users continue to face new and serious harms as the challenges' stakes grow even more extreme and dangerous.

### d. <u>ByteDance's defective features include impediments to discontinuing use.</u>

455. Even if a user escapes the addictiveness of TikTok's design and decides to delete their account, ByteDance makes doing so a lengthy and complex undertaking. The deletion process

<sup>24 &</sup>lt;sub>25</sub>

<sup>354</sup> Quinn Nguyen, *Don't let your kids try these 9 dangerous TikTok trends!*https://cyberpurify.com/knowledge/9-dangerous-tiktok-trends/; Olivia Carville, *TikTok's Viral Challenges Keep Luring Young Kids to Their Deaths, Bloomberg* (Nov. 30, 2022)
https://www.bloomberg.com/news/features/2022-11-30/is-tiktok-responsible-if-kids-die-doing-dangerous-viral-challenges.

<sup>&</sup>lt;sup>355</sup> Branded Hashtag Challenge: Harness the Power of Participation, TikTok for Business (Mar. 16, 2022), <a href="https://www.tiktok.com/business/en-US/blog/branded-hashtag-challenge-harness-the-power-of-participation">https://www.tiktok.com/business/en-US/blog/branded-hashtag-challenge-harness-the-power-of-participation</a>.

is defectively designed to encourage users to retain their accounts, even if their stated reason for deletion is that the product is endangering their safety or health.

- 456. When a user selects the "Deactivate or delete account" in the "Account" section of the TikTok app, the user is presented an option: "Delete or deactivate?" Deactivating an account will preserve the user's data, but hide it from the product; deleting, on the other hand, will permanently delete all data associated with the account.
- 457. However, ByteDance designed TikTok so that deletion is not immediate. The data and account are preserved for 30 days, during which time the user can reactivate their account.
- 458. If a user selects the "Delete account permanently" option, the user is asked "Why are you leaving TikTok?" The user must select from the following list: (1) I'm leaving temporarily; (2) I'm on TikTok too much; (3) Safety or privacy concerns; (4) Too many irrelevant ads; (5) Trouble getting started; (6) I have multiple accounts; or (7) Another reason.
- 459. If a user selects "I'm on TikTok too much," ByteDance makes a last-ditch effort to retain the user by reminding the user that a limit can be set on the user's watch time on the product. If a user selects "Safety or privacy concerns," the user is provided a list of resources to "secure" the account. If the user selects "Another reason," a written explanation must be provided. The only option that does not provide or require further information is "I have multiple accounts." ByteDance isn't worried about users deleting merely one account if they already have multiple others.
- 460. Once a user selects a reason for deletion, the next screen prompts the user to download their TikTok data.
- 461. Before the user continues the deletion, the product requires the user to check a box at the bottom of the screen that says, "[b]y continuing, you reviewed your data request and wish to continue deleting your account." This contrasts with the process of a user "agreeing" to the Terms of Service and Privacy Policy during the registration process, which does not require a separate confirmation.
- 462. Once the user confirms a desire to continue with the deletion process, the product takes the user to yet another screen, which yet again asks whether the user wants to "delete this account?" The text also explains that the account will be deactivated for 30 days, during which the

user may reactivate the account, and after 30 days, the account and data associated with it will be permanently deleted. It goes on to warn that if a user deletes the account, the user will no longer be able to do many things in the app.

- 463. Once a user again confirms that they want to delete their account, TikTok requires validation with a 6-digit code sent to the telephone number or email address associated with the account. Only after the user receives and enters the code may they finally "delete" their account (after waiting 30 days).
- 464. ByteDance's account deletion process is inadequate for children attempting to escape its addictive and harmful product. Requiring a child to go through multiple steps, and offering alternatives, as well as a list of things they are giving up, is designed to convince them to change their mind. Moreover, requiring the user to maintain a deactivated account for 30 days, rather than deleting it on demand, increases the chance that an addicted user will relapse and return to the app.
- 465. ByteDance's intentionally cumbersome and defective deletion process prioritizes the retention of young users, and ad revenue that they generate, over their well-being.

## e. <u>ByteDance's defective features inflict impossible image</u> standards and encourage negative appearance comparison.

- 466. ByteDance designed TikTok with image-altering filters that harm users. These filters allow children to artificially change their appearance, for example by lightening their skin and eyes, giving them glowing tan skin, or giving them larger lips or fluttering eyelashes.
- 467. Young people often then compare the filtered images to their real-life appearance, developing a negative self-image based on unrealistic, artificial images.<sup>356</sup> Many young girls use image-altering filters every day, harming their mental health. And those filters subconsciously

<sup>&</sup>lt;sup>356</sup> Anna Haines, From 'Instagram Face' To 'Snapchat Dysmorphia': How Beauty Filters Are Changing The Way We See Ourselves, Forbes (Apr. 27, 2021 at 1:19 PM EDT),

 $<sup>\</sup>frac{https://www.forbes.com/sites/annahaines/2021/04/27/from-instagram-face-to-snapchat-dysmorphia-how-beauty-filters-are-changing-the-way-we-see-ourselves/?sh=3c32eb144eff.$ 

make girls feel imperfect and ugly, "reduc[ing] their self-compassion and tolerance for their own physical flaws." <sup>357</sup>

468. So compelling is the desire to resemble more closely the filtered ideal that there are online tutorials explaining how to recreate certain filters using makeup.



469. Children's idealization of their filtered image is externally reinforced when the filtered images receive more likes, comments, and other interaction. Young people also compare these interaction "scores" to those of friends and celebrities who use filters, reinforcing the idea that beauty depends on matching a digital ideal.

470. But filters, retouch, and other editing tools available on TikTok often alter specific facial features, such as the shape of a person's eyes and lips, in ways that would require medical intervention to alter in real life. Children, particularly girls, are thus striving for a standard of beauty that is functionally impossible to achieve, with every TikTok filter creating a test that they are doomed to fail.

<sup>&</sup>lt;sup>357</sup> Anna Haines, *From 'Instagram Face' To 'Snapchat Dysmorphia': How Beauty Filters Are Changing The Way We See Ourselves*, Forbes (Apr. 27, 2021 at 1:19 PM EDT), <a href="https://www.forbes.com/sites/annahaines/2021/04/27/from-instagram-face-to-snapchat-dysmorphia-how-beauty-filters-are-changing-the-way-we-see-ourselves/?sh=3c32eb144eff.">https://www.forbes.com/sites/annahaines/2021/04/27/from-instagram-face-to-snapchat-dysmorphia-how-beauty-filters-are-changing-the-way-we-see-ourselves/?sh=3c32eb144eff.</a>

Sight, Forbes (Nov. 14, 2022) https://www.forbes.com/sites/alexandralevine/2022/11/11/tiktok-

private-csam-child-sexual-abuse-material/?sh=749d6cb63ad9.

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<sup>&</sup>lt;sup>361</sup> TikTok Terms of Service, <a href="https://www.tiktok.com/legal/page/us/terms-of-service/en">https://www.tiktok.com/legal/page/us/terms-of-service/en</a>.

- 477. ByteDance designed TikTok to offer two-factor authentication but does not require users to enable it. In fact, when a user creates a new account, the default setting disables the two-factor authentication.<sup>362</sup>
- 478. Furthermore, TikTok allows more than one device to be simultaneously logged into a single account, allowing multiple predators to use one "Post-in-Private" account simultaneously.
- 479. ByteDance's "Post-in-Private" accounts feature also facilitate the grooming of children and adolescents by adult predators. Adult predators can store CSAM videos in "Your Private Videos" and then show them to adolescent users as a grooming tool. Should adult predators convince adolescent users to create CSAM of themselves in the "Post-in-Private" accounts, the "Your Private Videos" feature makes it easy for the videos to be produced, uploaded, and stored.
- 480. Another defective feature of TikTok is its livestream product, "TikTok LIVE." Although ByteDance's policy restricts access for anyone under eighteen to "TikTok LIVE," TikTok's design, as discussed above, does not incorporate an age verification protocol, so it is easy for underage users to access this feature.<sup>363</sup>
- 481. Within "TikTok LIVE" is another feature called "LIVE Gifts" for "viewers to react and show their appreciation for [] LIVE content in real-time.<sup>364</sup> TikTok then awards "Diamonds" to LIVE creators based on the popularity of their content. "One way for creators to collect "Diamonds is to receive Gifts from viewers on [their] LIVE videos." Creators awarded "Diamonds" "may obtain a Reward Payment in money or in virtual items." <sup>365</sup>
- 482. ByteDance's design of the "LIVE Gifts" and "Diamonds" rewards greatly increases the risk of adult predators targeting adolescent users for sexual exploitation, sextortion, and CSAM. According to Leah Plunket, an assistant dean at Harvard Law School, "TikTok LIVE" is "the digital

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<sup>&</sup>lt;sup>362</sup> How your email and phone number are used on TikTok, TikTok, <a href="https://support.tiktok.com/en/account-and-privacy/personalized-ads-and-data/how-your-phone-number-is-used-on-tiktok">https://support.tiktok.com/en/account-and-privacy/personalized-ads-and-data/how-your-phone-number-is-used-on-tiktok</a>.

<sup>&</sup>lt;sup>363</sup> What is TikTok LIVE?, TikTok, <a href="https://support.tiktok.com/en/live-gifts-wallet/tiktok-live/what-is-tiktok-live">https://support.tiktok.com/en/live-gifts-wallet/tiktok-live/what-is-tiktok-live</a>.

<sup>&</sup>lt;sup>364</sup> LIVE Gifts on TikTok, TikTok, <a href="https://support.tiktok.com/en/live-gifts-wallet/tiktok-live/live-gifts-on-tiktok">https://support.tiktok.com/en/live-gifts-wallet/tiktok-live/live-gifts-on-tiktok</a>.

<sup>&</sup>lt;sup>365</sup> *LIVE Gifts on TikTok*, TikTok, <a href="https://support.tiktok.com/en/live-gifts-wallet/tiktok-live/live-gifts-on-tiktok">https://support.tiktok.com/en/live-gifts-wallet/tiktok-live/live-gifts-on-tiktok</a>.

https://protectchildren.ca/pdfs/C3P ReviewingCSAMMaterialReporting en.pdf.

<sup>370</sup> Gracelynn Wan, *These TikTok Accounts Are Hiding Child Sexual Abuse Material In Plain Sight*, Forbes (Nov. 14, 2022), <a href="https://www.forbes.com/sites/alexandralevine/2022/11/11/tiktok-private-csam-child-sexual-abuse-material/?sh=290dbfa63ad9">https://www.forbes.com/sites/alexandralevine/2022/11/11/tiktok-private-csam-child-sexual-abuse-material/?sh=290dbfa63ad9</a>

<sup>&</sup>lt;sup>371</sup> Protecting Against Exploitative Content, TikTok, <a href="https://newsroom.tiktok.com/en-us/protecting-against-exploitative-content">https://newsroom.tiktok.com/en-us/protecting-against-exploitative-content</a>.

fails to provide adequate warnings in advertising and marketing campaigns to potential adolescent consumers of the physical and mental harms associated with using TikTok.

- 494. ByteDance heavily advertises its product on YouTube and Snapchat, where it knows it can effectively reach younger users. In 2019, for example, 80 percent of TikTok's advertising spending was on Snapchat.<sup>372</sup>
- 495. One TikTok ad compiles viral videos featuring people of all ages and sets the video to the pandemic musical hit "Bored in the House," by a popular TikTok creator. The 15-second video, titled "It Starts On TikTok," notes, "if it's in culture, it starts on TikTok." The 15-second the importance of the U.S. teen market to TikTok, admitting that in China, "teenage culture doesn't exist" because "teens are super busy in school studying for tests, so they don't have the time and luxury to play social media apps." On the other hand, teen culture in the United States is "a golden audience." 374
- 496. Other advertisements ByteDance places on YouTube promote TikTok as a family-friendly product. For example, one commercial features parents impersonating their children, explaining that "parents roasting their kids is the best kind of family bonding." Another TikTok ad asks content creators what TikTok means to them. Responses include "family," "sharing special moments with my daughter," and a featured appearance by well-known TikTok creator Addison Rae, who says TikTok represents "family and fun."
- 497. ByteDance released another TikTok ad, part of the "It Starts on TikTok" ad campaign, and scheduled it to release on the linear TV, digital media, digital out-of-home, radio

<sup>23 | 372</sup> TikTok - Snapchat's Biggest Advertiser - What's the Strategy, Media Radar (Feb. 24, 2020), https://mediaradar.com/blog/tiktok-snapchat-advertising-strategy/.

<sup>373</sup> TikTok, *It Starts on TikTok: Bored in the House*, YouTube (Sept. 9, 2020), https://www.youtube.com/watch?v=DWZCgkmcIjE.

<sup>&</sup>lt;sup>374</sup> Paul Mozur, *Chinese Tech Firms Forced to Choose Market: Home or Everywhere Else*, N.Y. Times (Aug. 9, 2016), <a href="https://www.nytimes.com/2016/08/10/technology/china-homegrown-internet-companies-rest-of-the-world.html">https://www.nytimes.com/2016/08/10/technology/china-homegrown-internet-companies-rest-of-the-world.html</a>.

<sup>&</sup>lt;sup>375</sup> Family Impressions, Compilation, TikTok's Official YouTube Page, <a href="https://www.youtube.com/watch?v=6EYzm25gW-s">https://www.youtube.com/watch?v=6EYzm25gW-s</a>.

<sup>&</sup>lt;sup>376</sup> *TikTok Creators Share Their Thoughts About TikTok*, TikTok's Official YouTube Page <a href="https://www.youtube.com/watch?v=KAvEGBv7HVM">https://www.youtube.com/watch?v=KAvEGBv7HVM</a>.

and TikTok's own social channels.<sup>377</sup> The tagline for the campaign was "[l]oving all of you and the things you do. Celebrating you" and featured a series of viral clips of various cheerful scenes depicting people gathered with friends and family of ages.

- 498. ByteDance is also one of the biggest advertisers on Snapchat. In 2019, ByteDance accounted for 4.4% of Snapchat's advertising revenue.<sup>378</sup> ByteDance knows that advertising on Snapchat is an effective way to reach a young audience. Snap claims that its Snapchat product reaches 90% of people aged 13-24 years old, and 75% of 13-34 year olds in the United States.
- 499. Despite its funny, cheerful ads featuring smiling families and funny images, TikTok, as designed, presents serious risks to young users on the platform, through its distinctive and manipulative product features, including a lack of adequate age and identity verification tools, as well as inadequate parental controls.
- 500. ByteDance fails to adequately warn young users of these risks beginning with the first stages of the product registration process. At account setup, TikTok contains no warning labels, banners, or conspicuous messaging to adequately inform adolescent users of product risks, potential dangers, and physical and mental harm associated with usage of the product. Instead, ByteDance allows underage users to easily create an account (or multiple accounts) and fully access the product.
- 501. ByteDance's lack of appropriate warnings continues once a child has TikTok. ByteDance does not suitably inform child users that their data will be tracked, used to help build a unique algorithmic profile, and potentially sold to TikTok's advertising clients.
- 502. Alarmingly, ByteDance also does not adequately warn young users before facilitating adult connections and interactions that adult predators use its product.
- 503. ByteDance's failure to adequately warn young users about the risks of the product continues even if they display signs of addiction or habitual and compulsive use. Besides the

<sup>&</sup>lt;sup>377</sup> Todd Spangler, *TikTok Launches Biggest-Ever Ad Campaign as Its Fate Remains Cloudy*, Variety (Aug. 10, 2020), <a href="https://variety.com/2020/digital/news/tiktok-advertising-brand-campaign-sale-bytedance-1234738607/">https://variety.com/2020/digital/news/tiktok-advertising-brand-campaign-sale-bytedance-1234738607/</a>.

<sup>&</sup>lt;sup>378</sup> Robert Williams, *TikTok is the biggest advertiser on Snapchat, study says*, MarketingDive (March 16, 2020), <a href="https://www.marketingdive.com/news/tiktok-is-the-biggest-advertiser-on-snapchat-study-says/574164/">https://www.marketingdive.com/news/tiktok-is-the-biggest-advertiser-on-snapchat-study-says/574164/</a>.

goal of maximizing engagement to increase revenues, social media products "play into the addiction capabilities of every human." <sup>379</sup>

508. Google's YouTube product is no exception. It includes specific, carefully calibrated features that are known to exploit the mental processes of its users to keep them engaged for as long, as frequently, and as intensely as possible. Google knows that children and teenagers who flock in droves to its YouTube product are particularly susceptible to these features. The impact of YouTube's addictive power on American youth has been devastating.

#### 1. <u>Background and overview of YouTube.</u>

- 509. YouTube is a social media product that allows users to post and consume countless hours of video content about virtually any topic imaginable. YouTube is available without any age verification feature or adequate parental controls, and comes pre-installed in many Smart-TVs, mobile devices, various digital media players like Roku, and video game consoles like PlayStation, Wii, X-box and Nintendo.
- 510. YouTube allows users to search for specific video content. It also employs a powerful algorithm that exploits detailed user information to target each individual user with hours upon hours of videos recommended by YouTube.
- 511. A group of design experts and computer scientists created YouTube and launched the product for public use in December 2005.
- 512. Technology behemoth Google quickly recognized YouTube's huge profit potential. In 2006, just a year after YouTube's launch, Google acquired YouTube for more than \$1.65 billion in Google stock. At the time, Google's acquisition of YouTube was one of the largest-ever tech acquisitions.
- 513. YouTube primarily generates revenue by selling advertising. The more people who use YouTube and spend time on the site, the more ads YouTube can sell.<sup>380</sup> The ads are then

<sup>&</sup>lt;sup>379</sup> Issie Lapowsky, *Eric Schmidt: Social Media Companies 'Maximize Outrage' for Revenue*, Protocol (Jan. 6, 2022), <a href="https://www.protocol.com/bulletins/eric-schmidt-youtube-criticism">https://www.protocol.com/bulletins/eric-schmidt-youtube-criticism</a>.

<sup>&</sup>lt;sup>380</sup> Mark Bergen, *YouTube Executives Ignored Warnings, Letting Toxic Videos Run Rampant*, Bloomberg (Apr. 2, 2019), <a href="https://www.bloomberg.com/news/features/2019-04-02/youtube-executives-ignored-warnings-letting-toxic-videos-run-rampant">https://www.bloomberg.com/news/features/2019-04-02/youtube-executives-ignored-warnings-letting-toxic-videos-run-rampant</a>.

<sup>386</sup> YouTube for Press. YouTube, https://blog.voutube/press/.

### 2. <u>Google intentionally encourages youth to use YouTube and then</u> leverages that use to increase revenue.

520. Google knows that children and teenagers use YouTube in greater proportions than older demographics. YouTube now ranks as the world's most popular social media product for minors. According to one recent report, more than 95% of children ages 13-17 have used YouTube. Nearly 20% of U.S. teens use YouTube almost constantly. Among U.S. teenagers who regularly use social media, 32% "wouldn't want to live without" YouTube.

- 521. Rather than ensuring minors are not inappropriately or excessively using YouTube, Google has sought to dominate their attention.
- 522. YouTube's age controls are defective (or non-existent, since registration is not required). In addition, Google has developed and marketed a version of YouTube, YouTube Kids, explicitly targeted at children under 13. Google developed this product to encourage early—and therefore lasting—adoption of YouTube by children.
- 523. Google knows that a robust and committed base of young users is key to maximizing advertising revenue. Indeed, it has aggressively touted its hold on child users to advertisers.
- 524. In 2014, for example, Google pitched its YouTube product to Hasbro, a popular toy manufacturer, and specifically boasted of the product's immense popularity among children, noting that it was "unanimously voted as the favorite website of kids 2-12" and that "93% of tweens" use the product.<sup>390</sup>

<sup>&</sup>lt;sup>387</sup> Emily Vogels et al., *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <a href="https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022">https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022</a>.

<sup>&</sup>lt;sup>388</sup> Emily Vogels et al., *Teens, Social Media and Technology* 2022, Pew Rsch. Ctr. (Aug. 10, 2022), <a href="https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022">https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022</a>.

<sup>&</sup>lt;sup>389</sup> Victoria Rideout et al., *Common Sense Census: Media Use by Tweens and Teens*, 2021 at 31, Common Sense Media (2022),

https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web 0.pdf.

<sup>&</sup>lt;sup>390</sup> Complaint for Permanent Injunction, Civil Penalties, and Other Equitable Relief, *FTC v. Google LLC* et al., No. 1-19-cv-02642-BAH, at 6 (D.D.C. Sept. 4, 2019) Dkt. #1-1. https://www.ftc.gov/system/files/documents/cases/youtube complaint exhibits.pdf.

<sup>398</sup> Information Google Collects. https://policies.google.com/privacy?hl=en#infocollect.

https://support.google.com/youtube/answer/2454017?hl=en.

<sup>&</sup>lt;sup>400</sup> Alex Woodie, *Inside Sibyl*, *Google's Massively Parallel Machine Learning Platform*, Datanami (Jul. 17, 2014) https://www.datanami.com/2014/07/17/inside-sibyl-googles-massivelyparallel-machine-learning-platform/.



533. Through these and other efforts, YouTube has delivered massive amounts of advertising revenue to Google. In 2021 alone, YouTube generated about \$29 billion in revenue selling ads on its site.<sup>401</sup>

### 3. Google intentionally designed product features to addict children and adolescents.

534. Google devised and continues to employ interrelated product features to increase usage and maximize engagement by teenagers and children. Simply put, YouTube's product features are engineered to induce excessive use and to addict adolescents and children to the product.

<sup>&</sup>lt;sup>401</sup> Andrew Hutchinson, *YouTube Generated \$28.8 Billion in Ad Revenue in 2021*, Social Media Today (Feb. 2, 2021), <a href="https://www.socialmediatoday.com/news/youtube-generated-288-billion-in-ad-revenue-in-2021-fueling-the-creator/618208/">https://www.socialmediatoday.com/news/youtube-generated-288-billion-in-ad-revenue-in-2021-fueling-the-creator/618208/</a>; Jennifer Elias, *YouTube Is a Media Juggernaut That Could Soon Equal Netflix in Revenue*, CNBC (Apr. 27, 2021), <a href="https://www.cnbc.com/2021/04/27/youtube-could-soon-equal-netflix-in-revenue.html">https://www.cnbc.com/2021/04/27/youtube-could-soon-equal-netflix-in-revenue.html</a>.

### Google's age-verification measures and parental controls are 1 a. defective. 2 535. Google's strategy to entrench minor users begins with access. The company 3 purports to impose a minimum age requirement and claims to verify the age of its users. But those 4 features are defective, as they do little to prevent children and teenagers from using the product. 5 536. Anyone with access to the Internet, regardless of age, can use YouTube and access 6 every video available through the product without registering an account or verifying their age. 7 YouTube does not even ask for age information before allowing users to consume YouTube videos. 8 537. A user needs an account to post content or like (or comment) on videos. But to get 9 one, a user needs only enter a valid email address and a birthday. Google does nothing to verify the 10 birthday entered by users in the U.S.—and the product freely permits users to change their birthdays 11 in their account settings after creating an account. 12 538. YouTube's defective age verification feature means that Google fails to protect 13 children from other product features discussed below that Google knows to be harmful to kids. 14 539. For example, for users 13-17, Google claims to disable YouTube's autoplay feature. 15 However, that measure is virtually meaningless because children can use YouTube without logging 16 into any account or by logging in but misreporting their age. 17 540. Even if children use YouTube Kids, that product contains many of the same defects 18 YouTube does, including a harmful, manipulative algorithm, as alleged below. 19 Google cannot credibly claim that it is unaware of the fact and extent of youth usage 541. 20 of YouTube. Google's system can "identify children as being much younger than 13." According 21 to Tracking Exposed, YouTube can rapidly identify a user as a child. 403 22 23 24 25 26 <sup>402</sup> Tracking Exposed, Report: Non-Logged-In Children Using YouTube at 6 (Apr. 2022), 27 https://tracking.exposed/pdf/youtube-non-logged-kids-03July2022.pdf. <sup>403</sup> Tracking Exposed, Report: Non-Logged-In Children Using YouTube at 15, 18 (Apr. 2022), 28 https://tracking.exposed/pdf/youtube-non-logged-kids-03July2022.pdf.

542. Google engineers have publicly admitted YouTube's algorithm tracks user age. As Google engineers outlined in a 2016 paper on YouTube's recommendation system, "[d]emographic features are important for providing priors so that the recommendations behave reasonably for new users. The user's geographic region and device are embedded and concatenated. Simple binary and continuous features such as the user's gender, logged-in state and age are input directly into the network as real values normalized to [0; 1]."

404 Paul Covington et al., Deep Neural Networks for YouTube Recommendations, Google (2016),

https://storage.googleapis.com/pub-tools-public-publication-data/pdf/45530.pdf.

543. The Tracking Exposed Report indicated that there was "strong evidence" that Google's systems continue to refine and develop a more precise estimate for under 18 users, but the product does not "redirect them to YouTube Kids." 405

# b. YouTube is defectively designed to inundate users with features that use intermittent variable rewards and reciprocity.

- 544. Google uses a series of interrelated design features that exploit known mental processes to induce YouTube's users to use the product more frequently, for more extended periods, and with more intensity (i.e., providing more comments and likes). Google knows children and adolescents, whose brains are still developing, are particularly susceptible to these addictive features.
- 545. Google designed its product so that when children and teenagers use it, they are inundated with interface design features specifically designed to dominate their attention and encourage excessive use. Every aspect of how YouTube presents the format of a given page with a video is structured to ensure unimpeded viewing of the videos, alongside download, like, and share buttons, plus recommendations for more videos to watch. The organization of these features is carefully calibrated to adjust to the space constraints of a user's device, such that minimal effort is needed to watch a video unimpeded. YouTube even has an ambient mode that uses dynamic color sampling so that the YouTube product adapts to the video being watched and the user is not distracted by the video's borders.<sup>406</sup>
- 546. Like the other Defendants, Google has designed YouTube with features that exploit neuropsychology to maximize the time users (including children) spend using the product.
- 547. IVR features, such as notifications and likes, compel YouTube content creators and consumers, particularly children, to use the product habitually and excessively. For example, in order to create and upload content to YouTube, a user under 13 may submit a fictitious birthdate in order to gain access to posting privileges. Once the young user has a logged—in account, they are

<sup>&</sup>lt;sup>405</sup> Tracking Exposed, Report: Non-Logged-In Children Using YouTube at 6, 19 (Apr. 2022), https://tracking.exposed/pdf/youtube-non-logged-kids-03July2022.pdf.

<sup>&</sup>lt;sup>406</sup> YouTube rolling out black dark theme, 'Ambient Mode,' and other video player updates (Oct. 24, 2022). <a href="https://9to5google.com/2022/10/24/youtube-ambient-mode/">https://9to5google.com/2022/10/24/youtube-ambient-mode/</a>.

capable of receiving notifications and likes. For example, the logged in user can subscribe to various YouTube channels, which in turn will send them notifications from various channels they follow. Similarly, young content creators who upload videos to YouTube are able to track the likes received by the video. These features psychologically reward creators who upload videos to YouTube. As explained above, receiving a "Like" shows others' approval and activates the brain's reward region. 407 Thus, users' ability to like content encourages creators to use the product compulsively, seeking additional pleasurable experiences.

- Another YouTube defect is the design Google engineers deploy to induce "flow" state among users, which as described above is dangerous to children because it induces excessive use and poses a risk of addiction, compulsive use, and sleep deprivation.
- YouTube uses two design features that induce flow state. The first is its panel of recommended videos. YouTube recommends videos both on the home page and on each video page in the "Up Next" panel. 408 This panel pushes an endless stream of videos that YouTube's algorithm selects and "suggests" to keep users watching by teasing a pipeline of upcoming content.
- The second feature is autoplay, which complements the Up Next panel and seamlessly takes users through the list of upcoming videos without users having to affirmatively click on or search for other videos. This constant video stream—comprised of videos recommended by YouTube's algorithm—is the primary way Google increases the time users spend using its product. This endless video succession induces users to enter a flow state of consumption, which
- In an April 2021 letter to YouTube CEO Susan Wojcicki, the House Committee on

This places the onus on the child to stop their viewing activity, rather than providing a natural break or end point. Without that natural

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<sup>25</sup> 

<sup>&</sup>lt;sup>407</sup> See, e.g., Lauren E. Sherman et al., The Power of the Like in Adolescence: Effects of Peer Influence on Neural and Behavioral Responses to Social Media, 27(7) Psych. Sci. 1027–35 (July 2016), https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5387999/.

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<sup>&</sup>lt;sup>408</sup> Recommended Videos, YouTube, <a href="https://www.youtube.com/howyoutubeworks/product-">https://www.youtube.com/howyoutubeworks/product-</a> features/recommendations/.

552. This defect is particularly acute for Google's recently launched YouTube Shorts. YouTube Shorts enables users to create short videos up to sixty seconds in length, in a full-screen format popularized by TikTok and copied by Instagram Reels. As in Reels and TikTok, Shorts are presented in an algorithmically generated feed; users can watch new videos by swiping up on their smartphones. Instead of presenting videos chronologically, they are organized in a manner to drive the most watch time, as dictated by the algorithm. Indeed, Google hired TikTok's North American head, Kevin Ferguson, and other TikTok engineers to develop YouTube Shorts. And much like those other products, the ability to scroll continuously through YouTube Shorts content induces a "flow-state," distorting users' sense of time and facilitating extended use.

553. An important target audience for YouTube Shorts is children. For example, YouTube Shorts features content, such as child "influencers," that appeals to children. YouTube Shorts also contains similar defects to other Defendants' short form products, including the ability to scroll continuously through YouTube Shorts, inducing a "flow-state" that distorts users' sense of time and facilitates extended use, and dangerous exploitation of "social comparison" techniques by promoting misleadingly idealized portrayals from influencers and others who are rewarded for posting popular material.

554. Almost immediately upon launch, Google began marketing YouTube Shorts to children. For example, Google launched an advertisement featuring images of children and teenagers (like in the screenshot below) engaging with the YouTube Shorts product.

<sup>409</sup> Letter from Rep. Raja Krishnamoorthi, Chairman, Subcomm. on Economic and Consumer

https://oversightdemocrats.house.gov/sites/democrats.oversight.house.gov/files/2021-04-

Policy, to Susan Wojcicki, CEO, YouTube (Apr. 6, 2021),

<sup>06.</sup>RK%20to%20Wojcicki-YouTube%20re%20YouTube%20Kids%20Content.pdf,

410 Richard Nieva, *In the Age of TikTok, YouTube Shorts Is a Platform in Limbo*, Forbes (Dec. 20, 2022), <a href="https://www.forbes.com/sites/richardnieva/2022/12/20/youtube-shorts-monetization-multiformat/">https://www.forbes.com/sites/richardnieva/2022/12/20/youtube-shorts-monetization-multiformat/</a>.

555. Similarly, another advertisement for Shorts explains how creators on YouTube can keep revenue generated by their Shorts viewership, while an image of a video creator young enough to be in braces appears on screen.<sup>411</sup>



556. Shorts is one of YouTube's interrelated design features that exploit known mental processes to induce YouTube users to use the product more frequently, for more extended periods, and with more intensity (i.e., providing more comments and likes). Not surprisingly, given its

<sup>&</sup>lt;sup>411</sup> Made on YouTube: New ways to join YPP, Shorts Monetization & Creator Music. https://www.youtube.com/watch?v=h6TrvCV3NdU.

copycat origin, the defects in Shorts replicate the defects in TikTok and Instagram Reels, discussed above. Google knows or should have known that children, whose brains are still developing, are particularly susceptible to such addictive features.

YouTube has monetized users' susceptibility to IVR by allowing creators who obtain more than a thousand subscribers with four-thousand valid public watch hours to qualify for the YouTube Partner Program. Once a creator obtains this elite status, they are rewarded with "Super Chat" and "Super Stickers"—special images or distinct messages that other users can purchase and place on a creator's channel. 412 Paid messages, including the amount donated, are visible to all users. And the more a user pays for these promotions, the more prominent and longer the image is displayed. Both features are intended to allow a user to show support for, or connect with, their favorite YouTube creators. Similar to the "Likes" feature, this paid support activates the reward center of the content creator's brain and releases dopamine while the creator is generating revenue for YouTube.

#### Google's algorithms are designed to maximize "watch time." c.

- 558. Google engineers algorithms to recommend videos to YouTube users.
- YouTube began building its' algorithms in 2008. 413 Its goal was to maximize how 559. long users spent watching YouTube videos. 414
- 560. These algorithms select videos that populate the YouTube homepage, rank results in user searches, and push videos for viewers to watch through the "Up Next" feature.
- 561. YouTube designed its algorithms to manipulate users and induce them to use YouTube excessively.

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<sup>25</sup> <sup>412</sup> YouTube Partner Program: How to Make Money on YouTube, https://www.youtube.com/intl/en\_us/creators/how-things-work/video-monetization/.

<sup>&</sup>lt;sup>413</sup> Cristos Goodrow, On YouTube's Recommendation System, YouTube (Sept. 15, 2021). https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/.

<sup>&</sup>lt;sup>414</sup> Ben Popken, As Algorithms Take Over, YouTube's Recommendations Highlight a Human Problem, NBC (Apr. 19, 2018), https://www.nbcnews.com/tech/social-media/algorithms-takeover-youtube-s-recommendations-highlight- human-problem-n867596.

https://support.google.com/youtube/answer/6342839?hl=en&co=GENIE.Platform%3DAndroid.

mohan/.

- 570. The algorithm also keeps users watching for longer periods. For instance, Mohan explained that mobile device users watch for more than 60 minutes on average per session "because of what our recommendations engines are putting in front of [them]."
- 571. The algorithm is particularly effective at addicting teenagers to the product. In 2022, Pew Research Center found that "[a]bout three-quarters of teens visit YouTube daily, including 19% who report using the site or app almost constantly."<sup>430</sup>
- 572. A software engineer explained that the algorithm is "an addiction engine." He raised concerns with YouTube staff, who said they had no intention to change the algorithms. After all, the engineer explained, the algorithm works as intended: "it makes a lot of money."
- 573. Since users watch more than one billion hours of YouTube videos daily and approximately 70% of the time is spent on videos pushed to users by YouTube's "recommendation engine," Google's algorithms are responsible for hundreds of millions of hours users spend watching videos on YouTube each day. 433
- 574. The videos pushed out to users by Google's "recommendation engine" are more likely to be addictive and more likely to lead to harm. For example, "fear-inducing videos cause the brain to receive a small amount of dopamine," which acts as a reward and creates a desire to do something over and over. <sup>434</sup> That dopaminergic response makes it more likely that a user will watch the harmful video, which the algorithm interprets as signaling interest and preference. Former

Joan E. Solsman, YouTube's AI Is the Puppet Master over Most of What You Watch, CNET

<sup>(</sup>Jan. 20, 2018), <a href="https://www.cnet.com/tech/services-and-software/youtube-ces-2018-neal-mohan/">https://www.cnet.com/tech/services-and-software/youtube-ces-2018-neal-mohan/</a>
430 Emily Vogels et al., <a href="https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022">https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022</a>

<sup>&</sup>lt;sup>431</sup> Mark Bergen, *YouTube Executives Ignored Warnings, Letting Toxic Videos Run Rampant*, Bloomberg (Apr. 2, 2019), <a href="https://www.bloomberg.com/news/features/2019-04-02/youtube-executives-ignored-warnings-letting-toxic-videos-run-rampant">https://www.bloomberg.com/news/features/2019-04-02/youtube-executives-ignored-warnings-letting-toxic-videos-run-rampant</a>.

<sup>&</sup>lt;sup>432</sup> Mark Bergen, *YouTube Executives Ignored Warnings, Letting Toxic Videos Run Rampant*, Bloomberg (Apr. 2, 2019), <a href="https://www.bloomberg.com/news/features/2019-04-02/youtube-executives-ignored-warnings-letting-toxic-videos-run-rampant">https://www.bloomberg.com/news/features/2019-04-02/youtube-executives-ignored-warnings-letting-toxic-videos-run-rampant</a>.

<sup>&</sup>lt;sup>433</sup> See Joan E. Solsman, YouTube's AI Is the Puppet Master over Most of What You Watch, CNET (Jan. 10, 2018), <a href="https://www.cnet.com/tech/services-and-software/youtube-ces-2018-neal-mohan/">https://www.cnet.com/tech/services-and-software/youtube-ces-2018-neal-mohan/</a>.

<sup>&</sup>lt;sup>434</sup> Josephine Bila, *YouTube's Dark Side Could be Affecting Your Child's Mental Health*, CNBC (Feb. 13, 2018), <a href="https://www.cnbc.com/2018/02/13/youtube-is-causing-stress-and-sexualization-in-young-children.html">https://www.cnbc.com/2018/02/13/youtube-is-causing-stress-and-sexualization-in-young-children.html</a>.

<sup>439</sup> Guillaume Chaslot, *The Toxic Potential of YouTube's Feedback Loop*, Wired (Jul. 13, 2019),

<sup>440</sup> Guillaume Chaslot, *The Toxic Potential of YouTube's Feedback Loop*, Wired (Jul. 13, 2019),

https://www.wired.com/story/the-toxic-potential-of-youtubes-feedback-loop/.

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https://www.wired.com/story/the-toxic-potential-of-youtubes-feedback-loop/.

bleaching-youtube-kids-still-poses-risks-children.

579. Amy Kloer, a campaign director with the child safety group Parents Together, spent an hour on her preschool-age child's YouTube Kids account and found videos "encouraging kids how to make their shirts sexier, a video in which a little boy pranks a girl over her weight, and a video in which an animated dog pulls objects out of an unconscious animated hippo's butt."

Another parent recounted how YouTube Kids autoplay feature led her 6-year-old daughter to "an animated video that encouraged suicide."

580. These are not isolated examples. According to Pew Research Center, 46% of parents of children 11 or younger report that children encountered videos that were inappropriate for their age. 447 And kids do not "choose" to encounter those inappropriate videos—YouTube's algorithm—

<sup>445</sup> Rebecca Heilweil, *YouTube's Kids App Has a Rabbit Hole Problem*, Vox (May 12, 2021), https://www.vox.com/recode/22412232/youtube-kids-autoplay

<sup>&</sup>lt;sup>446</sup> Rebecca Heilweil, *YouTube's Kids App Has a Rabbit Hole Problem*, Vox (May 12, 2021), https://www.vox.com/recode/22412232/youtube-kids-autoplay

<sup>&</sup>lt;sup>447</sup> Brooke Auxier et al., *Parenting Children in The Age of Screens*, Pew Rsch. Ctr. (July 28, 2020), <a href="https://www.pewresearch.org/internet/2020/07/28/parental-views-about-youtube/">https://www.pewresearch.org/internet/2020/07/28/parental-views-about-youtube/</a>.

harmful conduct. In 2021, the Mozilla Foundation studied 37,000 YouTube users, finding that 71% of all reported negative user experiences came from videos recommended to users by Google's algorithm. 449 And users were 40% more likely to report a negative experience from a video recommended by YouTube's algorithm than from one they searched for. 450 Importantly, videos that elicited those negative experiences "acquired 70% more views per day than other videos watched by [study] volunteers."451

582. Those defects combine to compel children and teenagers to overuse a product that feeds them harmful content, which in turn can adversely affect mental health. One 10-year-old girl in the Mozilla Foundation study who sought "dance videos, ended up encountering videos promoting extreme dieting." Her mother explained that "[s]he is now restricting her eating and drinking." Another middle-schooler compulsively consumed YouTube videos every day after she came home from school. Eventually, she became depressed and "got the idea to overdose"

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<sup>450</sup> YouTube Regrets: A Crowdsourced Investigations into YouTube's Recommendation Algorithm, Mozilla Foundation at 3 (July 2021),

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https://assets.mofoprod.net/network/documents/Mozilla YouTube Regrets Report.pdf.

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<sup>451</sup> YouTube Regrets: A Crowdsourced Investigations into YouTube's Recommendation Algorithm, Mozilla Foundation at 3 (July 2021),

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 $\underline{https://assets.mofoprod.net/network/documents/Mozilla\ YouTube\ Regrets\ Report.pdf}.$ 

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<sup>452</sup> YouTube Regrets: A Crowdsourced Investigations into YouTube's Recommendation Algorithm, Mozilla Foundation at 13 (July 2021),

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https://assets.mofoprod.net/network/documents/Mozilla YouTube Regrets Report.pdf.

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<sup>453</sup> YouTube Regrets: A Crowdsourced Investigations into YouTube's Recommendation Algorithm, Mozilla Foundation at 13 (July 2021),

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https://assets.mofoprod.net/network/documents/Mozilla YouTube Regrets Report.pdf.

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<sup>454</sup> Lesley McClurg, *After Compulsively Watching YouTube*, *Teenage Girl Lands in Rehab for 'Digital Addiction'*, PBS (May 16, 2017), <a href="https://www.pbs.org/newshour/health/compulsively-watching-youtube-teenage-girl-lands-rehab-digital-addiction">https://www.pbs.org/newshour/health/compulsively-watching-youtube-teenage-girl-lands-rehab-digital-addiction</a>.

<sup>&</sup>lt;sup>448</sup> Joan E. Solsman, *YouTube's AI Is the Puppet Master over Most of What You Watch*, CNET (Jan. 20, 2018), <a href="https://www.cnet.com/tech/services-and-software/youtube-ces-2018-neal-mohan/">https://www.cnet.com/tech/services-and-software/youtube-ces-2018-neal-mohan/</a>.

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<sup>&</sup>lt;sup>449</sup> YouTube Regrets: A Crowdsourced Investigations into YouTube's Recommendation Algorithm, Mozilla Foundation 13 (July 2021), https://assets.mofoprod.net/network/documents/Mozilla YouTube Regrets Report.pdf.

<sup>460</sup> Josephine Bila, YouTube's Dark Side Could be Affecting Your Child's Mental Health, CNBC

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fear."461 Ultimately, she says, "YouTube is an ongoing conversation in my therapy practice, which

One study determined that using Google's product was "consistently associated with negative sleep outcomes." As Specifically, for every 15 minutes teens spent using YouTube, they were 24% less likely to get seven hours of sleep. According to Dr. Alon Avidan, director of the UCLA Sleep Disorders Center, YouTube is particularly sleep disruptive because its recommendation algorithm and autoplay features make it "so easy to finish one video" and watch the next. 464 Similarly, a signal that the YouTube algorithm relies on is the 'time of day' a user is watching—a signal that, when used to maximize length of duration with the YouTube product,

Sleep deprivation is, in turn, associated with poor health outcomes. For example, "insufficient sleep negatively affects cognitive performance, mood, immune function,

Compulsively consuming harmful content on YouTube can also harm brain development. According to Donna Volpitta, Ed.D, "[c]hildren who repeatedly experience stressful and/or fearful emotions may under develop parts of their brain's prefrontal cortex and frontal lobe,

<sup>&</sup>lt;sup>461</sup> Josephine Bila, YouTube's Dark Side Could be Affecting Your Child's Mental Health, CNBC (Feb. 13, 2018), https://www.cnbc.com/2018/02/13/youtube-is-causing-stress-and-sexualization-

<sup>&</sup>lt;sup>462</sup> Josephine Bila, YouTube's Dark Side Could be Affecting Your Child's Mental Health, CNBC (Feb. 13, 2018), https://www.cnbc.com/2018/02/13/youtube-is-causing-stress-and-sexualization-

<sup>&</sup>lt;sup>463</sup> Meg Pillion et al., What's 'app'-ning to adolescent sleep? Links between device, app use, and sleep outcomes, 100 Sleep Med. 174–82 (Dec. 2022), https://www.sciencedirect.com/science/article/abs/pii/S1389945722010991?via%3Dihub.

<sup>&</sup>lt;sup>464</sup> Cara Murez, One App Is Especially Bad for Teens' Sleep, U.S. News & World Rep. (Sept. 13, 2022), https://www.usnews.com/news/health-news/articles/2022-09-13/one-app-is-especially-

<sup>&</sup>lt;sup>465</sup> YouTube, *How YouTube Works*, https://www.youtube.com/howyoutubeworks/productfeatures/recommendations/#signals-used-to-recommend-content.

<sup>&</sup>lt;sup>466</sup> Jessica C. Levenson et al., The Association Between Social Media Use and Sleep Disturbance Among Young Adults, 85 Preventive Med. 36–41 (Apr. 2016), https://www.sciencedirect.com/science/article/abs/pii/S0091743516000025.

the parts of the brain responsible for executive functions, like making conscious choices and planning ahead."467

588. Google's algorithm also promotes the creation of and pushes children towards extremely dangerous prank or "challenge" videos, which often garner thousands of "Likes," adding to the pressure children feel to participate. For example, the YouTube algorithm repeatedly pushed 10-year-old MDL plaintiff K.L.J. to videos of a viral prank called the "I Killed Myself Prank," in which children pretend to have committed suicide to record their loved ones' reactions. When K.L.J. eventually participated in the prank and tried to pretend to hang himself, he accidentally did hang himself, suffering brain damage as a result. The neurological and psychological techniques by which Google, like other Defendants, fosters excessive, addictive use of YouTube in turn foster watching "challenge" videos.

589. Even though Google knew or should have known of these risks to its youth users, Google's product lacks any warnings that foreseeable product use could cause these harms.

590. And despite all the evidence that YouTube's design and algorithms harm millions of children, Google continues to manipulate users and compel them to use the product excessively, to enhance Google's bottom line. As a result, young people are confronted with more and more extreme videos, often resulting in significant harm.

# d. YouTube's defective features include impediments to discontinuing use.

591. As with other Defendants, Google has intentionally and defectively designed its products so that adolescent users face significant navigational obstacles and hurdles when trying to delete or deactivate their accounts, in contrast to the ease with which users can create those accounts.

<sup>&</sup>lt;sup>467</sup> Josephine Bila, *YouTube's Dark Side Could be Affecting Your Child's Mental Health*, CNBC (Feb. 13, 2018), <a href="https://www.cnbc.com/2018/02/13/youtube-is-causing-stress-and-sexualization-in-young-children.html">https://www.cnbc.com/2018/02/13/youtube-is-causing-stress-and-sexualization-in-young-children.html</a>.

<sup>&</sup>lt;sup>468</sup> See, e.g., ViralBrothers, Revenge 9 – Cheating Prank Turns into Suicide Prank, YouTube (June 11, 2014), <a href="https://www.youtube.com/watch?v=Bf7xIjz\_ww0">https://www.youtube.com/watch?v=Bf7xIjz\_ww0</a>.

592. *First*, because YouTube is accessible without a user needing to log in, YouTube users cannot prevent themselves from being able to access YouTube by deleting their YouTube account.

593. Second, YouTube accounts are linked to a user's broader Google account. These accounts are structured such that, for a user to delete a YouTube account, the user must also delete the user's entire Google account. This means that if a YouTube user uses Google's other products those accounts will be lost as well. This structure holds hostage user data—if a child needs to keep their email account through Google (for instance, if that is a requirement of their school), they cannot delete their YouTube account, even if they want to. If a user stores family photos in Google Photos, but wants to delete their YouTube account, they must choose between storage for their photos or deleting their YouTube account. Similarly, if a user has purchased books or movies through Google's digital market Google Play, the user's copy of those books or movies will be deleted if the user deletes their Google account to rid themselves of YouTube. Google explicitly threatens users with this consequence on the page where users can delete their account, listing every associated account Google will delete and providing examples of the kinds of content that will be deleted if a user does not back down from their desire to delete their YouTube account.

594. *Third*, Google intentionally designed its product so that to delete a user's Google account, a user must locate and tap on six different buttons (through six different pages and popups) from YouTube's main feed to delete an account successfully. This requires navigating away from YouTube and into the webpages of other Google products. As with Meta, users are still able to recover their accounts after deletion—though unlike Meta, Google does not tell users when their accounts will become unrecoverable, simply threatening that they will soon after deletion.

### 4. Google facilitates the spread of CSAM and child exploitation.

- 595. Various design features of YouTube promote and dramatically exacerbate sexual exploitation, the spread of CSAM, sextortion, and other socially maladaptive behavior that harms children.
- 596. Google is required to comply with COPPA and obtain verifiable parental consent before collecting personal information from children. It fails to do so. In 2019, the FTC and New

https://support.google.com/youtube/answer/2801999?hl=en.

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<sup>&</sup>lt;sup>477</sup> K.G Orphanides, On YouTube, a network of pedophiles is hiding in plain sight WIRED UK (2019), https://www.wired.co.uk/article/youtube-pedophile-videos-advertising.

<sup>&</sup>lt;sup>478</sup> K.G Orphanides, On YouTube, a network of pedophiles is hiding in plain sight WIRED UK (2019), https://www.wired.co.uk/article/youtube-pedophile-videos-advertising.

<sup>&</sup>lt;sup>479</sup> K.G Orphanides, On YouTube, a network of pedophiles is hiding in plain sight WIRED UK (2019), https://www.wired.co.uk/article/youtube-pedophile-videos-advertising.

https://transparencyreport.google.com/child-sexual-abuse-material/reporting.

<sup>483</sup> Google's efforts to combat online child sexual abuse material,

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material online Google (2018), https://blog.google/around-the-globe/google-europe/using-ai-

help-organizations-detect-and-report-child-sexual-abuse-material-online/.

https://protectchildren.ca/pdfs/C3P ReviewingCSAMMaterialReporting en.pdf.

Functions on Popular Platforms, at 18

# 5. Google failed to adequately warn about the harm its products cause or provide instructions regarding safe use.

- 629. Since YouTube's inception, Google has failed to adequately warn adolescent users about the physical and mental health risks its product poses. These risks include, but are not limited to, product abuse, addiction, and compulsive use; sexual exploitation from adult users; dissociative behavior; damage to body image; social isolation; impaired brain development; and a plethora of mental health disorders like body dysmorphia, eating disorders, anxiety, depression, insomnia, ADD/ADHD exacerbation, suicidal ideation, self-harm, and death.
- 630. Google targets adolescent users via advertising and marketing materials distributed throughout digital and traditional media products. Its advertising and marketing campaigns fail to provide adequate warnings to potential adolescent consumers of the physical and mental risks associated with using YouTube.
- 631. Google further fails to adequately warn adolescents during the product registration process. At account setup, Google's product contains no warning labels, banners, or conspicuous messaging to adequately inform adolescent users of the known risks and potential physical and mental harms associated with usage of its product. Instead, Google allows adolescents to easily create an account (or multiple accounts), and to access YouTube with or without an account.
- 632. Google's lack of adequate warnings continues once an adolescent uses YouTube. Google does not adequately inform adolescent users that their data will be tracked, used to help build a unique algorithmic profile, and potentially sold to Google's advertising clients.
- 633. Google's failure to warn adolescent users continues even as adolescents exhibit problematic signs of addictive, compulsive use of YouTube. Google does not adequately warn users when their screen time reaches harmful levels or when adolescents are accessing the product on a habitual and uncontrolled basis.
- 634. Not only does Google fail to adequately warn users regarding the risks associated with YouTube, it also does not provide adequate instructions on how adolescents can safely use its product. A reasonable and responsible company would instruct adolescents on best practices and safety protocols when using a product known to pose health risks.

- 635. Google also fails to adequately warn users that:
  - a. sexual predators use YouTube to produce and distribute CSAM;
  - adult predators targeting young children for sexual exploitation, sextortion,
     and CSAM are prevalent on YouTube;
  - c. usage of YouTube can increase the risk of children being targeted and sexually exploited by adult predators; and,
  - d. usage of YouTube can increase risky and uninhibited behavior in children, making them easier targets to adult predators for sexual exploitation, sextortion, and CSAM.

### G. IMPACT OF THE DEFENDANT-CREATED MENTAL HEALTH CRISIS ON PLAINTIFF

- 636. Plaintiff operates Charlotte-Mecklenburg Board, a school district that serves approximately 144,000 students in Kindergarten through Twelfth Grade across 179 schools and centers. Its mission is to Provide a transformative educational experience anchored by excellence in equity developing 21st century competencies and enabling each student's unique brilliance to flourish in order to build empowered communities and a more inclusive and just world. Charlotte-Mecklenburg Board of Education is located in Mecklenburg County, with a population of approximately 1,116,000 residents.
- 637. Defendants' conduct has created a public health crisis in Plaintiff's schools, and Plaintiff has spent significant and unexpected levels of time and resources on addressing the pervasiveness of social media addiction and its sequelae.
- 638. There has been a surge in the proportion of youth in Plaintiff's community who say they cannot stop or control their anxiety, who feel so sad and hopeless that they stop doing the activities that they used to love, who are considering suicide, who made plans to commit suicide, and who have attempted to commit suicide. In 2019, 18.9 percent of high school-aged children in

North Carolina reported seriously considered attempting suicide. 492 In 2021, that number grew to 22.3 percent. 493

- 639. The increases in anxiety, depression, and suicidal behavior among Plaintiff's students have contributed to students' increased behavioral problems in Plaintiff's schools. In recent years, an increasing number of students in Plaintiff's schools have been reported or disciplined for disruptive conduct.
- Much of the disruptive conduct in Plaintiff's schools occurs on or is related to 640. Defendants' platforms. A common pattern of disruptive conduct at Plaintiff's schools is that students will film or photograph other students without their permission and post videos or photos on Defendants' platforms. As a result, students cannot concentrate on schoolwork because of distraction from addiction to the platforms, and from anxiety from being bullied and harassed online. As a result, administrators and teachers cannot focus on educating. Rather, they spend more and more time investigating and resolving disciplinary issues tied to Defendants' platforms, and fielding complaints from students and parents alike.
- 641. The increase in students who report suffering from anxiety and depression and the increase in behavioral issues—and the connection to Defendants' platforms—have not gone unnoticed. Charlotte-Mecklenburg Board counselors estimate that a significant percent of student counseling is related to social media. The common themes of these counseling sessions are that students feel unable to manage their time and unable to control their impulse to use social media, and they express fear and anxiety about what other students post about them on social media.
- In addition to increased disciplinary incidents and counseling related to students' 642. compulsive use of Defendants' social media products, Plaintiff also faces attendance challenges.

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<sup>&</sup>lt;sup>492</sup> 2019 North Carolina Youth Risk Behavior Survey (YRBS), available at https://www.dpi.nc.gov/districts-schools/classroom-resources/academic-standards/programs-andinitiatives/nc-healthy-schools/nc-healthy-schools-data#NCYRBS-3538

- 652. Under North Carolina law, a public nuisance is anything that threatens life, promotes disease, affects the health of the community or shows the public morals or religious feelings of a community. A public nuisance injuriously affects rights of all people of community and is something inherently injurious to the public health, safety or morals.
- 653. Defendants have created a mental health crisis in Plaintiff's schools, unreasonably interfering with the public health and safety in Plaintiff's community and interfering with the operations and learning environment of Charlotte-Mecklenburg Board.
- 654. Plaintiff and its students have a right to be free from conduct that endangers their health, safety, and welfare. Yet Defendants have engaged in conduct which unreasonably and substantially interferes with the public health and safety in Plaintiff's community by designing, marketing, and operating their respective social media platforms for use by students in Charlotte-Mecklenburg Board, in a manner that substantially interferes with the functions and operations of Plaintiff's schools and with the public health, safety, and welfare of Plaintiff's community.
- 655. Each Defendant has created or assisted in the creation of a condition that is injurious to the health, safety, and welfare of Plaintiff's community.
- 656. The health and safety of the students and employees of Charlotte-Mecklenburg Board, including those who use, have used, or will use Defendants' platforms, as well as those affected by others' use of their platforms, are matters of substantial public interest and of legitimate concern to Plaintiff.
- 657. Defendants' conduct has affected and continues to affect a substantial number of people within Charlotte-Mecklenburg Board and is likely to continue causing significant harm.
- 658. Defendants' conduct has directly caused a severe disruption of the public health, order, and safety. Defendants' conduct is ongoing and continues to produce permanent and long lasting damage.
- 659. This harm to youth mental health and the corresponding impacts on the public health, safety, and welfare of Plaintiff's community outweighs any social utility of Defendants' wrongful conduct.

- 660. The rights, interests, and inconvenience to Plaintiff's community far outweighs the rights, interests, and inconvenience to Defendants, who have profited tremendously from their wrongful conduct.
- 661. But for Defendants' actions, Plaintiff's students would not use social media platforms as frequently or continuously as they do today or be deluged with exploitive and harmful content to the same degree, and the public health crisis that currently exists as a result of Defendants' conduct would have been averted.
- 662. Logic, common sense, justice, policy, and precedent indicate Defendants' unfair and deceptive conduct has caused the damage and harm complained of herein. Defendants knew or reasonably should have known that their design, promotion, and operation of their platforms would cause students to use their platforms excessively, that their marketing methods were designed to appeal to youth, and that their active efforts to increase youth use of their platforms were causing harm to youth and to schools, including youth in Plaintiff's schools.
- 663. Thus, the public nuisance caused by Defendants was reasonably foreseeable, including the financial and economic losses incurred by Plaintiff.
- 664. Additionally, Defendants' conduct was a substantial factor in bringing about the public nuisance. By designing, marketing, promoting, and operating their platforms in a manner intended to maximize the time youth spend on their respective platforms—despite knowledge of the harms to children and teens from their wrongful conduct—Defendants directly facilitated the widespread, excessive, and habitual use of their platforms and the public nuisance effecting Plaintiff's schools. By seeking to capitalize on their success by refining their platforms to increase the time youth spend on their platforms, Defendants directly contributed to the public health crisis and the public nuisance affecting Plaintiff's schools.
- 665. Defendants' conduct is especially injurious to Plaintiff because, as a direct and proximate cause of Defendants' conduct creating or assisting in the creation of a public nuisance, Plaintiff and its students and employees have sustained and will continue to sustain substantial injuries.

to, costs arising from: expending, diverting and increasing personnel to provide mental health services; expending, diverting and increasing resources to address mental health issues; expending, diverting and increasing staff time to confiscate cell phones and other devices; expending, diverting and increasing staff time to communicate and engage with parents; expending, diverting and increasing staff time associated with student discipline; expending, diverting and increasing staff time associated with routing students to school psychologists and counselors; expending, diverting and increasing staff time to train staff to identify students exhibiting symptoms affecting their mental health; expending, diverting and increasing resources for modifications to mental health curriculum; expending, diverting and increasing resources to repair property damages as a result of the exploitive and harmful content Defendants directed to students; and expending, diverting and increasing resources to investigate and respond to threats made against schools and students over social media.

- 668. As a result of Defendant's conduct, Plaintiff has incurred and continues to incur damages and is entitled to compensation therefor. Plaintiff requests all the relief to which it is entitled in its own right and relating to the special damage or injury it has suffered, and not in any representative or *parens patriae* capacity on behalf of students, including actual and compensatory damages in an amount to be determined at trial and an order providing for the abatement of the public nuisance that Defendants have created or assisted in the creation of, and enjoining Defendants from future conduct contributing to the public nuisance described above.
- 669. Defendants are jointly and severally liable because they have acted in concert with each other and because Plaintiff is not at fault.
- 670. Defendants' conduct, as described above, was intended to serve their own interests despite having reason to know and consciously disregarding a substantial risk that their conduct might significantly injure the rights of others, including Plaintiff, and/or Defendants consciously pursued a course of conduct knowing that it created a substantial risk of significant harm to others, including Plaintiff. Defendants regularly risk the health of users of their platforms with full knowledge of the dangers of their platforms. Defendants consciously decided not to redesign, warn, or inform the unsuspecting public, including Plaintiff's students or Plaintiff. Defendants' reckless

and outrageous indifference to a highly unreasonable risk of harm and conscious indifference to the health, safety, and welfare of others warrants an award of punitive damages.

# COUNT 2: Negligence

- 671. Plaintiff incorporates by reference all preceding paragraphs.
- 672. Defendants owed Plaintiff a duty to not expose Plaintiff to an unreasonable risk of harm, and to act with reasonable care as a reasonably careful person and/or company would act under the circumstances.
- 673. At all times relevant to this litigation, Defendants owed a duty to its users and Plaintiff to exercise reasonable care in the design, research, development, testing, marketing, supply, promotion, advertisement, operation, and distribution of their social media products, including the duty to take all reasonable steps necessary to design, research, market, advertise, promote, operate, and/or distribute their platforms in a way that is not unreasonably dangerous to users, including children.
- 674. At all times relevant to this litigation, Defendants owed a duty to users and Plaintiff, to exercise reasonable care in the design, research, development, testing, marketing, supply, promotion, advertisement, operation, and distribution of their social media platforms, including the duty to provide accurate, true, and correct information about the risks of using Defendants' platforms; and appropriate, complete, and accurate warnings about the potential adverse effects of extended social media use, in particular, social media content Defendants directed via their algorithms to users.
- 675. At all times relevant to this litigation, Defendants knew or, in the exercise of reasonable care, should have known of the hazards and dangers of their respective social media platforms and specifically, the health hazards their platforms posed to youth in particular, especially extended or problematic use of such platforms.
- 676. Accordingly, at all times relevant to this litigation, Defendants knew or, in the exercise of reasonable care, should have known that use of Defendants' social media platforms by

youth could cause Plaintiff's injuries and thus created a dangerous and unreasonable risk of injury to Plaintiff.

- 677. Defendants also knew or, in the exercise of reasonable care, should have known that users of Defendants' social media platforms were unaware of the risks and the magnitude of the risks associated with the use of Defendants' platforms including but not limited to the risks of extended or problematic social media use and the likelihood that algorithm-based recommendations would expose child and adolescent users to content that is violent, sexual, or encourages self-harm, among other types of harmful content.
- 678. As such, Defendants, by action and inaction, representation and omission, breached their duty of reasonable care, failed to exercise ordinary care, and failed to act as a reasonably careful person and/or company would act under the circumstances in the design, research, development, testing, marketing, supply, promotion, advertisement, operation, and distribution of their social media platforms, in that Defendants designed, researched, developed, tested, marketed, supplied, promoted, advertised, operated, and distributed social media platforms that Defendants knew or had reason to know would negatively impact the mental health of users, particularly youth, and failed to prevent or adequately warn of these risks and injuries.
- 679. Despite their ability and means to investigate, study, and test their social media platforms and to provide adequate warnings, Defendants have failed to do so. Defendants have wrongfully concealed information and have made false and/or misleading statements concerning the safety and use of Defendants' social media platforms. Defendants breached their duty of care by:
  - designing, researching, developing, marketing, supplying, promoting, advertising, operating, and distributing their social media platforms without thorough and testing;
  - b. failing to sufficiently study and conduct necessary tests to determine whether or not their social media platforms were safe for youth users;
  - c. failing to use reasonable and prudent care in the research, design, development, testing, marketing, supply, promotion, advertisement,

- m. advertising, marketing; and recommending Defendants' platforms while concealing and failing to disclose or warn of the dangers known by Defendants to be associated with, or caused by, youth use of Defendants' platforms;
- n. continuing to design, research, develop, market, supply, promote, advertise, operate, and distribute Defendants' platforms with knowledge that Defendants' platforms are unreasonably unsafe, addictive, and dangerous to youth mental health;
- o. failing to modify Defendants' algorithms, which are used to recommend content to users, in a manner that would no longer prioritize maximizing the amount of time users spend on Defendants' platforms over the safety of its youth users;
- p. failing to adequately modify Defendants' algorithm-based recommendations to filter out content that expose child and adolescent users to content that is violent, sexual, or encourages self-harm, among other types of harmful content; and
- q. committing other failures, acts, and omissions set forth herein.
- 680. Defendants knew or should have known that it was foreseeable that Plaintiff, as the primary and sometimes only mental health service provider for many its students, would suffer injuries as a result of Defendants' failure to exercise reasonable care in designing, researching, developing, testing, marketing, supplying, promoting, advertising, operating, and distributing Defendants' platforms, particularly when Defendants' platforms were designed, developed, operated and marketed to maximize the time youth spend on Defendants' platforms Plaintiff did not know and could not have known the nature and extent of the injuries that could result from the intended use of Defendants' social media platforms by Plaintiff's students.
- 681. Defendants' negligence helped to and did produce, and was the proximate cause of, the injuries, harm, and losses that Plaintiff suffered and will continue to suffer, as detailed above.

1	Of Counsel:
2	BAIRD MANDALAS BROCKSTEDT & FEDERICO, LLC
3	Philip C. Federico, <i>Appearance To Be Filed</i> Brent P. Ceryes, <i>Appearance To Be Filed</i>
4	Matthew P. Legg, Appearance To Be Filed
5	2850 Quarry Lake Drive, Suite 220 Baltimore, Maryland 21209
6	Telephone: (410) 421-7777 mlegg@bmbfclaw.com
7	miegg e omoreiaw.com
8	LIEFF CABRASER HEIMANN & BERNSTEIN, LLP
9	Lexi J. Hazam, <i>Appearance To Be Filed</i> Patrick I. Andrews, <i>Appearance To Be Filed</i>
10	275 Battery Street, 29 <sup>th</sup> Floor
11	San Francisco, California 94111-3339 Telephone: (415) 956-1000
12	lhazam@lchb.com pandrews@lchb.com
13	
14	LIEFF CABRASER HEIMANN & BERNSTEIN, LLP
15	Jason L. Lichtman, <i>Appearance To Be Filed</i> Kelly K. McNabb, <i>Appearance To Be Filed</i>
16	250 Hudson Street, 8 <sup>th</sup> Floor New York, New York 10013
17	Telephone: (212) 355-9500
18	jlichtman@lchb.com kmcnabb@lchb.com
19	
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