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To: Pediatric Healthcare Providers

From: Zack Moore, MD, MPH, State Epidemiologist

Subject: Infant Botulism Linked to Infant Formula

Date: November 10, 2025

On November 8, CDC and FDA alerted states to an outbreak of infant botulism linked to ByHeart Whole Nutrition Infant Formula and issued a recall for two lots of formula. As of November 8, there were 13 cases in 10 states. One suspected case has been identified in North Carolina. Clinicians should be alert for infants presenting with symptoms consistent with infant botulism.

If infant botulism is suspected, call the <u>Infant Botulism Treatment and Protection</u>

Program immediately at 510-231-7600. Consultation is available 24/7. If clinical consultation supports infant botulism, treatment should begin as soon as possible. Your local health department or the state Communicable Disease Branch (919-733-3419) should also be notified.

Parents should be instructed to not use recalled formula and to wash items and surfaces that may have touched the recalled formula using hot soapy water or a dishwasher. If possible, families should record the lot number or take a picture of the product prior to disposal or return of the product. Symptoms of infant botulism can take as long as several weeks to develop, so parents should remain vigilant if they used the recalled lots of formula.

## **Clinical Background**

Infant botulism occurs when spores of *Clostridium botulinum* or related species of bacteria are swallowed. The spores temporarily colonize an infant's large intestine and produce botulinum neurotoxin.

Infants with botulism generally present with some or all of the following symptoms:

- Constipation
- Poor feeding, including difficulty swallowing

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- Ptosis, sluggish pupils
- Flattened facial expression
- Loss of head control
- Diminished suck and gag reflexes
- Weak and altered cry
- Respiratory difficulty and possibly respiratory arrest

## **Recalled Formula**

ByHeart Inc Whole Nutrition Infant Formula:

- Lot: 206VABP/251261P2 ("Use by 01 Dec 2026")
- Lot: 206VABP/251131P2 ("Use by 01 Dec 2026")

Images of recalled product from FDA website:





